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Joan Roberts

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The Ojai Valley's newspaper since 1891

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Photo by Rob Clement

Automotive Service Excellence master school bus mechanic Don Downard of the OUSD transportation department stands with a 1997 Crown school bus, which has well over 200,000 miles on it.

Bennett targeted by robo-dialer

DA launches investigation into anonymous automatic message criticizing county supervisor

Daryl Kelley

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It's early 2007, but the political season of 2008 may have already begun.

An anonymous phone message circulated recently accused Ventura County Supervisor Steve Bennett, who represents the Ojai Valley, of harassing county employees and causing costly lawsuits.

That prompted District Attorney Greg Totten to begin an investigation into who sent the

recorded message, which he said probably violates state law.

"This could be the beginning of the opposition's campaign — 15 months ahead of time," said Bennett, a two-term supervisor whose 1st District seat is on the primary ballot next year.

Bennett called the message a hit piece.

"It's a cowardly, baseless attack," said the supervisor. "I'm more than happy to stand up and square up and have a public debate on any issue, but this kind of cowardly anonymous stuff

detracts from the public discourse."

A former Nordhoff High School government teacher and co-author of the county's agricultural land protection S.O.A.R. measures, Bennett would not speculate on who sponsored the phone messages.

The Democrat said he might be a target of an opponent for his nonpartisan supervisor's seat, because some Republicans consider him a potential candidate for higher office.

But the chairman of the

Ventura County Republican Party, Mike Osborn, said in an interview that neither he nor his party were behind the phone messages. And he called Bennett last Thursday — the day the messages were sent — to tell him so.

"We would never do something we wouldn't put our names on," said Osborn. "Steve's a friend of mine, and every time I've seen him he has always been a gentleman."

While Osborn said he hopes to

Please see Bennett, Page A-7

Inspectors on the bus at OUSD

Violation-free streak at six years after CHP inspectors cited 79 problems in 2000

Sondra Murphy

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Team effort has paid off for Ojai Unified School District's transportation department. During its annual CHP inspection in February, OUSD received satisfactory ratings across the board.

A site is inspected in multiple areas for mechanical function and record keeping and then ranked in each category as either conditional, unsatisfactory or satisfactory. Drivers inspect their buses daily and submit reports to the mechanics, said department director, Eric Ordway. Ordway has held the position as transportation director for six years and the department has passed all inspections since he has been in charge.

Fourteen district buses were taken out of service in 2000 after a CHP inspection yielded 79 violations, 16 for serious problems such as brakes, steering and suspension. The remaining 63 violations concerned general equipment.

Please see Buses, Page A-6



Photo by Scott Wintermute/Brooks Institute of Photography

Hit for Miss

Diana Jurado, 14, reacts as she is named Miss Teen Oak View at the Oak View Community Center Saturday. Michelle Elshere, 21, was crowned Miss Oak View, while Chyanna Thrush, 13, was named Miss Pre Teen Oak View.

Booking of Dreams

Sunday reception at Ojai Valley Inn celebrates life of Ojai artist

Sondra Murphy

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In a dream realized, local artist Kelly Getz is having a solo art show at the Ojai Valley Inn & Spa. In conjunction with the Dream Foundation and a grant from Odyssey Healthcare Foundation, a reception will take place on March 11 from 2 to 5 p.m. in the Artist's Cottage. It will initially offer 33 art pieces for sale. The show will run for about one month.

Thirty-eight-year-old Getz has been diagnosed with cervical cancer. She has recently lapsed

into a coma and is not expected to regain consciousness. As friends and family gather around Getz, the art show has become a celebration of her life and art.

Lisbet Frey is a dream coordinator for Dream Foundation and has known Getz for 15 years. "She is a complex and beautiful person," Frey told OVN. "I have the privilege and the honor of helping make Kelly's dream for an art show at the inn come true."

Veronica Cole, public relations manager for the inn, said that Frey contacted her several weeks ago in an effort to facilitate Getz's

dream. The inn's managing director, Thad Hyland, was enthusiastic about the idea, and the Artist's Cottage was reserved for the show.

Cole said Dream Foundation and the inn have since been soliciting vendors to make the reception special. "So far, the response has been terrific," added Cole. Besides culinary treats, the reception will have live music to enjoy.

Getz attended Philadelphia University of Art and earned her bachelor's in art with a

Please see Getz, Page A-7

Talk is cheap for local students in need of counseling, therapy

Nao Braverman

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When students hit their teenage years they enter into a difficult crossroads, embarking on the often tumultuous journey to adulthood. Meanwhile if something unexpected happens, a separation, or a divorce at home, or the death of someone close, they often feel a combination of emotions that they don't know how to process.

With two recent car accidents resulting in the death of one Nordhoff High school student



"Students at risk of harming themselves ... encompasses a lot of things."
— Patricia Teague

and a recent graduate, these programs have been put in the spotlight.

With Limited Access Medi-Cal, these students can be referred to a therapist. The program provides free psychotherapy for

Nordhoff and Matilija teens who are "at risk of harming themselves. That encompasses a lot of things including the risk of dropping out of school to an inability to do school work," said Patricia Teague, a licensed marriage and family therapist who offers her services to Nordhoff teens through the Limited Access Medi-Cal Program.

Students qualify for free therapy through the program based on the student's income.

Please see Counselors, Page A-6

Ojai Valley neighbors

Laignee Barron

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Ojai resident and Canadian native Nomi Morris has seen history happen across the globe during her career as a journalist.

One of Morris' first major breaks came when the Toronto Star needed someone to cover the destruction of the Berlin Wall. Since German is one of the six languages Morris speaks, it made her a perfect candidate for the job. At 21 years old Morris made her way to live in a foreign country with only a duffel bag, her computer and a good deal of excitement.

"The opening of the Berlin Wall felt like the biggest world event since World War II. I wanted to witness history," she said. "I love languages and different cultures and travel. Being a foreign correspondent was getting paid for something I loved to do."

Morris returned to Berlin to spend a year there, further covering the exciting events around the city. The year passed, however, and another, until after five years of working as a Berlin correspondent for publications

like Time, Morris returned home to Toronto.

When Morris was still a student at McGill University in Montreal, she spent a year studying abroad in Jerusalem as part of her degree in political science and Middle East studies. "It was my dream when I left the Middle East to go back there and become a foreign correspondent for a large paper," she explained. Her opportunity came with the Knight Ridder newspaper chain.

In 1998 Morris moved to Jerusalem as a single mom with her 4 year-old son, Misha. She traveled to Iraq, Iran, Pakistan, and Jordan, and during her final year in the region she covered the Palestinian uprising.

Morris commented that she never felt afraid being a single woman in the Middle East, but she reflected that it gave her a few advantages. "Then, when I was there, if I was a man they might have dared to do something like kidnapping, that they wouldn't do because I'm a woman. Of course that's not so true anymore," she said.

During her last year as a



Nomi Morris

correspondent for the Palestinian uprising, things got a bit more dangerous. Morris' son remembered watching her put on a bulletproof vest and helmet before going to work. "As a mother, I made a point of staying out of dangerous situations," she said. "During the uprising, if I needed to get the Arab opinion, I would drive way out to Bethlehem instead of three minutes down a windy dirt road with snipers."

During the last six months of her stay in the Middle East, Morris met her future husband, Jim. He brought Morris to the family ranch in Upper Ojai and she fell in love the beautiful valley. "I was literally plucked out of the Gaza alleys to finding myself in one of the most peaceful places," she said. "It was going from the hell of Gaza to the paradise of Upper Ojai."

News Briefs

'ANYTHING GOES' ON FOR MORE SHOWS:The music department at Nordhoff High School will present Cole Porter's musical, "Anything Goes," at the Matilija Junior High School Auditorium, 703 El Paseo Road, today through Saturday at 7:30 p.m. Tickets are \$15 for adults, \$10 for students and seniors. Call 640-44343, Ext. 1898, or go online at nhsmusic.com for tickets.

NORTH SOURCE FOR ZALK CONCERTS: Music 150 will present "O Canada! Songs of Our Northern Neighbors" (Joni, Neil, Leonard, Gordon and a whole lot more), performed by The Household Gods and Friends, at the Zalk Theater at Happy Valley School, 8585 Ojai-Santa Paula Road, on Friday and Saturday at 8 p.m. Tickets are \$18 for adults and \$10 for students. Reservations are recommended. Order tickets at theater150.org. All proceeds will benefit Theater 150.

FREE FAMILY PROGRAM OFFERED ON SATURDAYS: "Bringing Up Baby," a free family program will be offered on the next four Saturdays for parents to bring their infant or toddler to weekly gatherings of a support group in a nurturing space. Hosted by the Ojai Valley Birth and Resource Center and sponsored by the Ojai Valley Neighborhood for Learning, the group size will be limited to six families. For enrollment information, call infant specialist Liz Memel at 646-0441.

'NOVA INTERACT CLUB SERVING UP BREAKFAST: On Saturday from 7:30 to 11 a.m. at Chaparral Auditorium, the VillanovaRotary Interact Club will be serving a breakfast of pancakes, bacon, sausage, fruit and coffee or tea for \$6.50. Proceeds

Inside



Sports

Ojai Valley Girls Softball Association among diamond openers.
Page B1



Arts

Nordhoff's spring musical, "Anything Goes," gets wave review.
Page A8

will go to support the worldwide Polio Eradication Program and La Gloria orphanage in Mexico. Tickets are on sale at Attitude Adjustment and at the door. Call 646-1464.

BONE MARROW SOUGHT FOR YOUTH PASTOR: The National Marrow Donor Program will be in Ojai Sunday from 1 to 4 p.m., soliciting registration at the Church of Living Christ at 190 E. El Roblar Drive. The drive is on behalf of Aaron Boydston, youth minister at the Ojai Wesleyan Church, who is fighting leukemia. The first step in saving his life may be in finding a marrow or adult stem cell match. People ages 18 to 60 may participate by providing a cheek cell sample. For information, call Holly Collier at (714) 800-1613, or Anne Boydston at 646-0740.

Obituaries

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Submitted photo

The Nordhoff High School Academic Decathlon team finished fifth in interview and sixth essay in Ventura County and garnered 12 medals.

NHS does well in county decathlon

The Nordhoff High School's Academic Decathlon team competed at Pacifica High School on Feb. 3 with other high schools from around the county. The competition theme this school year was "China and Its Influence in the World." The students have been reading and studying together since August when school started. The first day of competition was on Jan. 13 and included an essay, interview and a speech. The second day the students competed in nine categories: Art, Music, Economics, Social Science, Language Arts, Mathematics, and Climatology. Each category is related to China. The students spent the entire Saturday taking tests in all subject areas. The competition concludes with the oral super quiz — where teams of students compete against each other to answer questions in front of a live audience in the high school gym.

The team representing Nordhoff this school year included: Perry Johnson, Blair Johnston, Lily Buckingham, Adam Devine, Jessica Fugle, Brian Carpenter, Josh Benitez, Jordan Garst, Nicole Collier, and Jennifer Beaver. The team advisors are Jana Devine and Denise Thomas. The team was very successful at this year's competition bringing home 12 medals and coming in sixth in the entire county in the essay competition and fifth in the interview competition. The medals were won in the areas of Art, Music, Economics, Math, Essay and Interview. The team worked hard, giving up free time to study each category and become an expert about China. The team is grateful of all the support of the community, Rotary West, the Nordhoff Parent Association and their parents for helping to make this year's team a success.

Sam D. Hester

Sam D. Hester, 81, of Ojai, died Saturday, March 3, 2007, following a brief illness. He was born July 22, 1925, in Wilson, Okla.

In the fall of 1941, he moved with his family to Santa Paula. In 1943, he enlisted in the Army Air Corps, serving until March 1946. Immediately upon discharge he drove to North Platte, Neb., to marry his sweetheart, Marcia McCabe. They returned to Ventura County,



where Mr. Hester worked in agriculture throughout his lifetime. His final 19 career years were spent as foreman of a citrus and avocado ranch in Bardsdale for the Santa Teresita Ranch Company.

Upon retirement in 1989, Mr. and Mrs. Hester moved to Ojai.

He is survived by his wife, Marcia, and daughter Julie Hester, of Ojai; grandson Jeff Nimesgren, of Portland, Ore.; brother and sister-in-law Floyd and Mabel Hester, of Boise, Idaho; sisters Hazel Dahood, of Yellville, Ark., and Mildred Hurt, of Ojai; sister and brother-in-law Joyce and Gene Storts, of Forsythe, Mo.; and numerous nieces and nephews.

He was preceded in death by his parents, Abe and Mattie

Hester, and older sister Dorothy Dodson.

A memorial service in celebration of his life will be held

Wednesday, March 7, at 10 a.m. in the Clubhouse of the Ojai Villa Mobile Estates at 70 W. Baldwin Road, Ojai.

Dorothy "Tinker" Considine 1916-2007



Dorothy "Tinker" Considine, former Sisters of Charity nun and lifelong teacher, died at home on February 13, 2007.

Someone said when you meet Tinker you never forget her. There was always a smile, a laugh, a joke, and through it all shined the brilliance of an amazing mind. There are many stories about her academic achievements, but she was also a compassionate, warm, and endearing friend to her students and associates.

She loved the outdoors and enjoyed hunting, fishing, and her gun collection, which was her pride and joy. She could quote poetry, the Bible, and spoke Spanish fluently. A true "Renaissance" woman.

She was born in Fort Slocum, New York in 1916. Her father was an Army officer and traveled with his family extensively. In her early years, Tinker lived in many states before going to the Philippines and Guatemala. In 1933, she became Guatemala's national swimming champion.

After returning to the U.S.A., she attended Washington University, University of Texas, Kansas State University, and St. Mary's College, where she was a member of Kappa Kappa Gamma.

In 1940, she joined the Sisters of Charity in Leavenworth, Kansas. She became a teacher in the order's elementary schools in Kansas and Montana. In 1948, she began teaching science, chemistry, biology, and math in St. Mary's High Schools.

After some years in the order, she found religious life too confining. She requested and received an honorable discharge from her religious obligations in 1956 and applied for a teaching position in the government Indian schools. While waiting for the red tape and bureaucracy to unravel with a job offer, she attended classes at the University of California at Berkeley. Through the university employment offices she was recruited for a teaching position in the Oxnard School District. The day after signing the contract she received an appointment to teach at the White River Indian School in Arizona. She was unable to accept the offer.

In 1964, she received a National Science Foundation scholarship to attend Oregon State University, where she received a master's of science degree in science. She had also acquired enough units in physical science, history education, Spanish, philosophy, mathematics, biological science and English to qualify for two more bachelor degrees.

Later, Tinker continued her post-graduate work at St. Mary's University of Wyoming, U.C. Berkeley, and U.C.L.A. In 1977, she received her LLB law degree.

In retirement, she volunteered as an assistant in the Ojai Catholic School. She also volunteered at Help of Ojai in the Senior Security Patrol, and was a member of the Ojai Valley Gun Club.

Tinker was preceded in death by her mother, father, and two sisters. She is survived by two half-brothers, John and Michael Considine, nephews and nieces, and her longtime friend and caregiver, Rosemary James.

A Memorial Mass conducted by Father Patrick Keane will be held at St. Thomas Aquinas Church on March 10 at 11:00 AM. A reception will follow in Aquinas Center.

Donations in memory of Dorothy Considine may be made to the Scholarship Fund of Saint Mary's College, 4100 South 4th Street, Leavenworth, Kansas 66048, or to a charity of your choice. Arrangements were by Clausen Funeral Home, Ojai.

VC dean's list includes 49 Ojai Valley students

Alisa Sparkia Moore
OVN contributor

Ten students from Oak View and 39 from Ojai have made the Ventura College dean's list for the Fall 2006 semester.

Those students so honored are:

- Oak View: Robin Anderson, Dorayda Barajas, Amie Cresto, Jessica Johnsen, Abby King, Katherine Kosmala, Jason Rapp, Amanda Rowland, Jeffrey Stanley, and Lauren Yanez.
- Ojai: Jonathan Barrett, Christy Becker, Tahnite Benitez, Kevin Bigler, Scott Bigler, Joshua

- Bonsworth, Robert Buckingham, Emily Burger, Rebecca Conlan-Morrison, Francis Cortez Bello, Tamara Davis, Naomi Eshoo, Hannah Fitzgerald, Jennifer Habliston, Marcella Hammons, Matthew Hoover, Justin Kennedy, Amina Lawson, Sierra Lepine, Anna Lewis, Alex Lopez, Victoria Massey, Nina Menconi, Chelsea Moore, Athena Murphy, Kevin Narog, Dustin Quillan, Melissa Reed, Heather Rilling, Andrea Salas, Ryan Sloan, Gina Smith, Christine St. Croix, Megan Stallings, Theodore Stern, Karina Thiel, Gordon Tindall, Sarah Tribble, and Kristin Waderich.

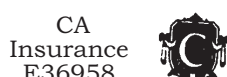
NEW ARRIVALS

- Samuel Ryan Daley was born Jan. 22, 2007, to Michael and Elana Daley, of Ojai.
- Natalie Day Davis was born Jan. 30, 2007, to Christopher and

- Allison Davis, of Ojai.
- Lily Marie Giuliani was born Feb. 4, 2007, to Evaristo and Rachele Giuliani, of Ojai.

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Ojai Valley Weather Report March 7, 2007

Seven Day Forecast

Wednesday
Mostly Sunny
High: 72 Low: 41

Thursday
Sunny
High: 71 Low: 43

Friday
Sunny
High: 73 Low: 40

Saturday
Mostly Sunny
High: 75 Low: 43

Sunday
Mostly Sunny
High: 77 Low: 43

Monday
Mostly Sunny
High: 75 Low: 42

Tuesday
Partly Cloudy
High: 75 Low: 44

Local UV Index

0-2: Low, 3-5: Moderate, 6-7: High, 8-10: Very High, 11+: Extreme Exposure

In-Depth Local Forecast

Today we will see mostly sunny skies with a high temperature of 72°, humidity of 40% and an overnight low of 41°. The record high temperature for today is 87° set in 1953. The record low is 30° set in 1956. Thursday, skies will be sunny with a high temperature of 71°.

Last Week's Regional Almanac

Date	Hi	Lo	Normals	Precip
Monday	61	45	69/41	0.51"
Tuesday	57	44	69/41	0.00"
Wednesday	58	39	69/41	0.00"
Thursday	65	44	69/41	0.00"
Friday	70	49	69/41	0.00"
Saturday	74	45	69/41	0.00"
Sunday	78	44	69/41	0.00"

Rainfall since July 5.82" Average temp55.2
Normal rainfall 15.00" Average normal . . .55.0
Departure-.9.18" Departure+.0.2

Local Sun/Moon Chart This Week

Day	Sunrise	Sunset	Moonrise	Moonset
Wednesday	6:18 a.m.	5:58 p.m.	9:42 p.m.	7:53 a.m.
Thursday	6:17 a.m.	5:59 p.m.	10:40 p.m.	8:20 a.m.
Friday	6:16 a.m.	6:00 p.m.	11:41 p.m.	8:51 a.m.
Saturday	6:14 a.m.	6:01 p.m.	No Rise	9:28 a.m.
Sunday	7:13 a.m.	6:02 p.m.	12:41 a.m.	11:12 a.m.
Monday	7:12 a.m.	7:02 p.m.	2:40 a.m.	12:05 p.m.
Tuesday	7:10 a.m.	7:03 p.m.	3:35 a.m.	1:06 p.m.

Today's Regional Map

Frazier Park 60/36
Ojai 72/41
Santa Barbara 69/48
Santa Paula 73/46
Ventura 63/49
Los Angeles 73/52
Long Beach 70/51

National Weather Summary

The Northeast will see partly cloudy to cloudy skies and scattered rain and snow, with the highest temperature of 56° in Mount Vernon, Ill. The Southeast will experience partly cloudy skies, with the highest temperature of 79° in Fort Myers, Fla. In the Northwest, there will be partly cloudy to cloudy skies and scattered rain, with the highest temperature of 64° in Medford, Ore. The Southwest will see partly cloudy skies, with the highest temperature of 86° in Yuma, Ariz.

Weather Trivia

What U.S. city holds the record for the lowest high temperature?
Answer: Eureka, Calif., with a record high of only 87 degrees.
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Basilon to stage Bilezikjian concert

Laignee Barron
laignee@ojaivalleynews.com

The renowned songwriter, composer, singer and musician John Bilezikjian will perform this weekend at Basilon Studios in Casitas Springs.

Bilezikjian has played the oud, an 11-stringed, lute-like Middle Eastern instrument for more than 40 years. He performs nationwide with the L.A. Philharmonic, the L.A. Mandolin Orchestra and the Boston Pops. Among others, Bilezikjian has been featured on Plácido Domingo's newest album and one of Leonard Cohen's live recordings. Bilezikjian also toured around the world with Leonard Cohen and has recorded and produced 25 of his own CDs.

According to the Orange County Register, "Bilezikjian's" amazing. He speaks and performs in at least 11 different languages — Turkish, Armenian, Russian, Spanish, Arabic, Persian, French, German, Greek and both Laurence Olivier English and Willie Nelson English."

Bilezikjian's music has also become well-known from TV, commercial and movie soundtracks, such as, "Anastasia,"

"Mission Impossible," "Schindler's List" and, more recently, "The Accidental Spy."

On Saturday Bilezikjian will perform at Basilon with owner Charlie Villalvazo playing drum back-ups. Local belly dancers Paulina, Jessica, Marguerite, Judeen, Lesa and Yasemin will also perform.

Tickets are \$20 at the door and \$15 in advance if ordered by e-mailing basilondrums@yahoo.com. Unfortunately, only limited seating is available, so ordering in advance is recommended.

"We only have 40 tickets we can sell," Villalvazo said. "For more than 50 people the county requires us to have a special permit and because we hardly have enough space for that many people we decided to do without the permit. It'll be a treat for those who make it though."

After the performance the music will continue with a party and jam session. "The after-party cost is included in the ticket and everyone's welcome to bring their own instrument, or they can use some of ours," Villalvazo said.

For more information call 649-5661 or visit basilonent.net.

OVWC brunch brings out Polynesian flavor

The Oak View Women's Club will hold its annual champagne brunch auction on Saturday at 10 a.m. at the Elks Club, 801 S. A St. in Oxnard, to raise funds for its myriad of projects.

Overnight stays at some of the county's luxury hotels, dinners at four-star restaurants and a variety of entertainment packages will be up for auction. The "Polynesian Paradise" theme will be carried out in elaborate decorations and appointments, and members will be appearing in Polynesian dress. Tickets may be obtained by calling Susie Rivers, club president, at 649-1625 or Judy Lary at 649-2216.

The Oak View Women's Club is a valleywide community service organization affiliated with the

California Federation of Women's Clubs and the General Federation of Women's Clubs. Rivers recently presented a check for \$1,000 to the Oak View Park and Resource Center. Money has been donated for library and playground equipment at the center. The club also supports the Walk for Life, Interface, Cystic Fibrosis Foundation, the Abused Women's Center, the Oak View Pageant, and the Oak Dell Park Easter egg hunt on a continuing basis. A number of scholarships are awarded by OVWC each year to deserving local high school students, and student competitions for poetry and short story writing are also offered at elementary, middle school and high school levels.

Nfl offering bilingual reading program Wednesdays at PARC

From 4:30 to 5:30 p.m. every Wednesday in March at the Oak View Park and Resource Center, the the Ojai Valley Neighborhood for Learning and Ojai Valley Youth Foundation teens will be hosting "From Tots to Teens," a free reading program geared toward preschoolers and their families. Stories will be read in Spanish and English from the "40

Development Assets" book list, participate in fun activities and kids will take home free reading materials. All children who attend on the first meeting today will receive a free book and a free book bag. The Oak View Park and Resource Center is located at 555 Mahoney Ave. in Oak View. For more information, call 640-4300, Ext. 1062.



Submitted photo

Oak View Women's Club President Susie Rivers is having fun "showing off" one of the items that will be offered at the club's annual champagne brunch auction on Saturday at 10 a.m. at the Elks Club, 801 S. A St. in Oxnard. Tatum Varela, age 9, is impressed.

HELP WANTED: Part-time energetic, volunteers needed for Oak View Civic Council membership and board positions. Requirements: Work with other valley groups, assist area residents and businesses and bring fresh ideas for Oak View activities, fund-raising events, or public relations. Perks: Make new friends and get to know your neighbors. Pay: All the spaghetti you can eat (U-serve). Meets: The first Thursday of each month at the Oak View Community Center, 18 Valley Road. No cost to join. Can-do attitude a plus! For more information, call OVCC President Kim Armstrong at 640-0727.

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Nathan Kaehler

HERBS & SUPPLEMENTS

Mulberries versatile fruit

"With time and patience the mulberry leaf becomes a silk gown."

— Chinese Proverb

Last week I enjoyed the slightly sweet and earthy fragrance of a mulberry leaf tea (with some other herbs) after being repeatedly exposed to the flu. I didn't get the flu and was reminded that staying well requires rest and patience to balance work. Later I was sitting in the back yard at sunset thinking about which herb might be the subject for this column. After half an hour I realized three young potted mulberry trees were right in front of me — treasures from an acupuncturist who has a mulberry tree collection. In late summer, my idea of a great dessert these days is to eat black mulberries straight from the tree in the back yard — the picking cannot be done quickly or the fruit bursts and juices over hands and clothing. Childhood memories of the large mulberry in my godfather's farmyard make that dessert all the sweeter, and remind me of how persevering and gentle a man he was.

The mulberry tree, native to the eastern United States as a red-fruited species (*Morus rubra*), is not as esteemed here as in eastern Asia

where the white variety (*Morus alba*) originated, or the Middle East and southwestern Asia, where the black variety (*Morus nigra*) has its roots. There are about a dozen other species accepted as botanically distinct, though their taxonomy is complex and controversial due to worldwide naturalization and hybridization. The white variety is the one whose leaves are famed as the preferred food for silkworms, and the white fruits are the ones often available dried in groceries these days.

The black and red varieties are more common in back yards and parks in the United States and have a zestier sweet tartness when eaten fresh. All three varieties are, for example, widely cultivated and distributed in forests in Azerbaijan, where they are enjoyed in many ways including as honey-like syrup concentrates called doshab and bakmaz.

The white mulberry tree provides four major herbs for the pharmacopeia of traditional Chinese medicine. The cortex (bark) of the root is widely used in formulas to treat cough or wheezing due to heat in the lungs. It also has the ability to aid in lowering some types of high blood pressure. The leaf is also

taken for cough, especially very early stage or dry cough, and can also help relieve red, swollen or painful eyes. The twig excels at treating pain due to heat in the shoulders or arms (think twigs to treat the body's "twigs"). And the dried fruits can nourish the blood or Yin (the body's cool, moist, downward-moving energy) when there is thirst, fatigue, hot flashes, insomnia, blurry vision, dizziness, sore low back or knees or dry stools. All of these are very safe herbs, with one caution being that they should not be used when any of the conditions mentioned are due to cold. All parts of the mulberry are cooling.

For a cough, a tea can be made by crushing a handful of the fresh or dried leaves into a couple of cups of water and simmering for 15 minutes. The dried berries are available in many groceries and, even better the fresh berries can be eaten in late summer from local trees or may be found in local

markets at that time. You might even be able to score a pie and get the fruit that way if some sugar is not a problem. They make a great cobbler.

Mulberry's Latin name, *Morus*, may have derived from the Latin word *mora* meaning delay, perhaps referring to its tendency to be the last cultivated tree to bud, usually avoiding cold weather and giving it the reputation of being wise among trees. At a time in history when with each acquisition of a new computer it seems we desire a faster one, patience can seem like a strangely ancient virtue. Next time you see a mulberry (there are many in the Ojai Valley) notice its delay, and remember that great patience is behind the fulfillment of most dreams.

This article is provided as a public service by Nathan Kaehler, M.A., L.Ac., Ojai Herb and Acupuncture Clinic, ojaiherbs.com. It is provided as general information rather than professional advice.



Photo by Rob Clement

Molly Johnson displays the freestyle spirit of the '60s that graced the floors of the Villanova gymnasium Saturday, as parents and students alike dressed in tie-dyes and bandannas for the "Feelin' Groovy" annual benefit for the Villanova Parents' Guild.



Risa D'Angeles

ASTROLOGY

Aries hopes, dreams and wishes

Risa's complete astrological forecast can be seen online at ojaivalleynews.com. Click "Risa" on the news ticker.

ARIES: What are those new ideas and hopes, dreams and wishes concerning your future. We would like to hear them. Simultaneously notice that you are thinking differently and perhaps many of your viewpoints have changed. How are you doing with present friends and intimates? Do they see a change in you and are they challenged by it?

TAURUS: It's important to be cautious and careful with those around you, especially around work. It's possible you can become quite rebellious and perhaps angry with everyone. Also impatient, overworked and ambitious. Impatience and anger are red flags that something's not right. New types of work may suddenly pop into your mind. Boldness and courage will be needed for the changes coming. Gardening allows you to ponder on things.

GEMINI: You may be seeking greater knowledge so you can discover what your place in the cosmos is and then begin to know what your purpose is along the way. You have an ethical and philosophical value system but perhaps it's not defined quite yet. Through insight and intuition, the faint outlines of your value system will begin to appear. In the meantime, you absolutely must be traveling. Now and later, too.

CANCER: The past months were difficult. Now you find you're less self-involved and more able to experiment with new ideas, be inventive, insightful, and more easily tend to psychological situations that before

felt like crises. For Cancers seeking passionate relationships you must not be jealous or envious lest you lose what you love. All Cancers must look after talents and resources with loving care.

LEO: It's possible that rebelliousness and independence once again will affect your relationships. Long ago this occurred and the one who loved you was deeply harmed by your actions stemming from anger, rebelliousness and seeking freedom. If you allow this cycle to occur once again you'll lose what is most important and suffering will overtake you. Be kind, be caring, be wise, be appealing, be creative and love more. This latter is a choice even the hierarchy makes.

VIRGO: Every aspect of your daily life is up for change and you have the energy, willingness and ability to make those changes. From morning till night, all areas of life from breakfast to afternoon and evening meals, from gardening to housecleaning, from work routines and agendas to pet care, from how you dress to future goals and making decisions — all you will review for updating and restructuring. The details make you happy. Life will be different in several months.

LIBRA: Your old dreams are slowly dissolving. That's OK. A new structure of everything is attempting to emerge. In the meantime, there's so much work to do in your daily life that you can't even begin to observe in depth the changes your life is making for you. But a new level of creativity must emerge which you feel. So look out and be aware, for at strange moments your intuition will tell you things never considered before. All good. Some intensity is involved.

SCORPIO: It's best to be aware that hiding feelings, getting back at someone, focusing solely on one person, thing or event and not tending to mother could get you in hot water. Scorching may be a better word for the outcome. What is needed instead of anger and frustration is an attempt to understand many other points of view. Some Scorpios will experience the nine tests all over again. And some will up and move. All of this can be exciting if thought of as a journey of observation and new life choices.

SAGITTARIUS: You might find yourself talking, talking, talking and hopefully writing, writing, writing and having bursts of philosophical insights

that lead quickly to new and unusual goals, and you need to be careful because so much fire is moving through you that you may have a kundalini experience that's too much to bear. Instead of this scenario, begin running, swimming and working out. Aggressiveness with friends and siblings and the environments you find yourself in isn't allowed. Be like Mr. Rogers.

CAPRICORN: There may come a time when you consider what, where, and how much daily, weekly and monthly the money you're spending. This is a good exercise allowing you to make choices and create solutions for what you may think of as financial difficulties. There's also an issue here of values. I want to say here and now that, no matter what you do or how you do it, you are the most valuable being on Earth. Get a big blue ledger book.

AQUARIUS: Many of your qualities are accentuated now like your creativity and inventiveness, being capable, innovative, original, and ingenious in all situations. Others observe you for clues as to how they too can be so bright, skilled and artistic. Be kind to those not having your illustrious and favorable qualities. By watching you carefully they become inspired to be greater than they are. Uplift them with your goodness.

PISCES: Dreams may more and more inhabit your sleep. They contain mysteries to be unraveled. They also release you from daily difficulties. Spray lavender (pure) water on your bedclothes and pajamas. This helps you sleep better. A synthesis is occurring in your mind, bringing together multiple ideas, thoughts and endeavors. You will offer this to others and they will benefit. Stay quiet and in hiding for now. Begin to grow wheat grass, sprouts and mushrooms.

Risa D'Angeles is founder and director of the Esoteric & Astrological Studies and Research Institute, a contemporary wisdom school in Santa Cruz, Calif., which also publishes Night Light News, a monthly esoteric/astrological journal available by subscription at nightlightnews.com.

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- March 7, Graciousness: When you are out driving today, slow down and let the other car pull in front of you. Stop and let pedestrians cross the street. Hold the door open for someone else to enter first.
- March 8, Kindness: Participate in random and senseless acts of kindness. Perform three acts of kindness today.
- March 9, Dialogue: A healthy society is one in which those who disagree can do so with honor

and respect for other people's opinions. "Speak your truth quietly and clearly; and listen to others" — Desiderata. Today, speak up but do not enter into the spirit of argument.

• March 10, Unity: Today, look for three ways to see beyond outer differences in opinions, appearances or goals. Find the meeting point of underlying unity that exists in diversity.

• March 11, Openness: "He who builds himself a fence, fences out more than he fences in" (Turkish proverb). Today, be open to understanding ideas and people that you have previously opposed.

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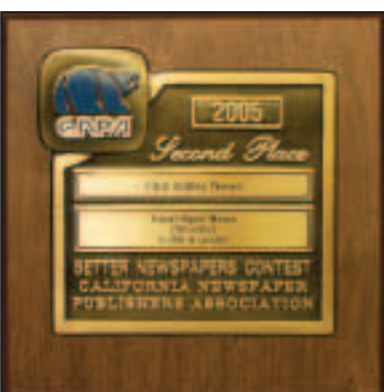
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Space Race

Martin Gewirtz
Guest editorial

Readers of the Ojai Valley News will remember guest editorials by me at the anniversary time of Beatrice Wood's birth and passing. We are in the midst of that period now — she was born on March 3 and she passed away on March 12, 1998, nine days after she reached age 105.

As an artist, her legacy continues; her well-known art dealer, Garth Clark, held a 25th anniversary show of Beato's work this past September in New York; she was also a part of last fall's Dada exhibition at the Whitney Museum, and, closer to home, the Ventura County Museum of History & Art will present a special exhibition on Wood beginning March 18. Any week, visitors are welcome to see Wood's studio and permanent collection in Upper Ojai.

This year, I want to focus on Beatrice's love for the theater and her passion for the arts in general. In her early days, after studying with the Comedie Francaise, she took roles in Europe and subsequently acted in New York. She even landed a gig in Toronto where she married the show's producer (with whom she had no amorous relationship) simply because her mother disapproved of her being his roommate! Eventually, Beatrice left the acting world. But, as thousands of photographs attest, she remained the consummate performer throughout her life, even though she moved on from acting as her "career."

Beatrice loved Ojai; initially moving here to be near Krishnamurti's famed talks. She loved teaching youth and she encouraged and supported cultural and theatrical endeavors in our charming town. It was during my tenure as the director of the Beatrice Wood Studio from 2000-2005, that I first took a scene study class from Dwier Brown at Theater 150. (And, thank you, Dwier Brown and Kim Maxwell for founding this jewel of a theater.) It revived a long dormant passion for acting, which had been my main focus in New York in the 1970s and '80s. That first class led to several years of study with Dwier and several performances under the Theater 150 Conservatory banner.

I witnessed magical transformations of some extraordinary folks in Ojai — from all walks of life — as they opened their hearts and took steps on a stage to perform in front of the public. Theater 150's Conservatory offers a wealth of opportunity — for youngsters and adults alike — to affect others with rich performances and stretch their imaginations with enlightening words from extraordinary playwrights. Theater 150 has become an oasis for the excellent talent we have in our town, including professional actors who, instead of choosing to live in Los Angeles to enhance their careers, came to Ojai to raise families and live outside of "the box."

Speaking of boxes, the theater's current space is charming and intimate but it can no longer accommodate its overflowing audiences. Nor can the theater survive by selling out its tiny 50-seat capacity. Rent has tripled and the demand for more seats and classroom space — and income to support all of its activities — has become overwhelming. I have had the opportunity to perform onstage at the theater and have had my first 10-minute play read there. I know only too well how it is bursting at the seams. To cut to the chase, Theater 150 needs more space. (Could be a new catchphrase — like "if it doesn't fit, you must acquit.") With Chris Nottoli and Deb Norton as new artistic directors, and with Laura Criswell as managing director — there seems to be tremendous energy now and, with the support of the community, the goal of gradual, long-term expansion, which would secure larger performance venues, and much-needed conservatory space is within reach.

Having worked in the art world for the last seven years, I have developed a keen sense of the importance of the visual arts in our culture. Ojai was once even touted as the "Santa Fe" of the West Coast for its wealth of artists and art galleries. And I have a hunch that if Ojai embraces itself as a successful arts hub with conservatory training for its youth (let's face it — these classes, not the government, keep our youth out of trouble and increase their awareness of the living, breathing arts as the saving grace of our country), Ojai can become a true arts destination. We need all the arts, both performing and visual, more than ever in this topsy-turvy world of ours; we need everybody in our community to step up to the plate to provide financial stability so Theater 150 can grow as a performing arts magnet, to have a domino effect on the town's collective personality, to boost the economy, and to enrich the lives of our 9,000-plus residents.

This is a dream for which Beatrice (had she not been cremated) would be jumping out of her grave. Her unending pleas for nonviolence, both in words and in her art; the compassion for others which she shared and taught in her generation; and, lastly, her fervent belief that the arts would save our planet, clearly demonstrate that the best gift she could receive — wherever she is now — is to see Ojai embrace a theater that so positively affects all of our lives here and could eventually serve as a model for our country.

The buzz is real. The honey not only needs the worker bees — of which there are many — it needs money to get to the next level. That's not a catchphrase. That's what will fulfill a mandatory undertaking. Let's just do it. Beatrice would consider the town's support of Theater 150 to be a wonderful birthday present.

thumbs up, down



• A reader sends a thumbs-up to Cathy and Barry Snyder for coming to the rescue of a stroke victim on Pratt Trail. Your help was wonderful!

• A reader sends two thumbs-up to the young woman who was driving in the 300 block of Aliso Street on Feb. 19 and stopped, got out and picked up a toddler who was walking out of his driveway into the street. She returned the child to his house.

• A reader sends a giant thumbs-up to the Villanova boys' basketball team and coach Matt Murphy for giving us a terrific season. You guys didn't just play with outstanding skill, you played with so much heart. Congratulations on making Villanova history by reaching the CIF quarterfinals! We love you!

• A reader sends a thumbs-up to Timothy, the young man who donated all the change in his pocket to the NHS Music Department "Cash for Carnegie" fund-raising event in the Vons parking lot on Feb. 24. Thanks for your support!



• A reader sends a thumbs-down to whoever made the sculpture near Bonnie Lu's, and to whoever authorized it to be placed there. You think graffiti is ugly, then go look at that ugly sculpture (looks like AIDS incarnate).

• A reader sends a thumbs-down to the "concerned citizens" (or Art Nazis). Stop painting over graffiti under bridges, you are the ones that make it ugly. Some people try to paint actual pictures, not just gang tags. And you people come in with your ugly white paint and grey paint, and ruin it all. Go to the Thacher bridge, or Lion Street bridge, you'll see how ugly these "bohemians" have made it. Art Nazis, all of them.

This column is meant to provide commentary on a specific act or statement and is not meant to imply blanket support or condemnation. Submit your suggestions by mail, e-mail or fax. Your name and a telephone number must be included for consideration, though they will not be published.

Thumbs may also be submitted on the Internet at ojaivalleynews.com/thumbs.html

LETTERS TO THE EDITOR

Family overwhelmed with love, support

STEVE, SHARI, HAYDEN, SHELBY AND COLTON HERBRUCK, OJAI

To all of Weston's loved ones and friends:

You have overwhelmed us with your love, support, kindness, and generosity. As Weston's parents, we could only hope and pray that as we sent him out into the world that he would treat everyone he met with kindness, laughter, and love. Your tender loving response to his untimely passing is our prayers answered a thousand-fold.

Thank you all for every moment you spent with him. Thank you for guiding and helping him on his short journey here. Thank you for letting him touch your heart, and most of all thank you for giving yourself to him.

He blessed us with unpredictable joy and love and we are already thinking about our joyous reunion with him when the time arrives.

Shari and I can never thank you all enough. We hope that as you remember your time with Weston that it will bring a smile to your face and love in your heart.

We love you all.

Attitudes helped situation escalate

LINDA HARMON, OJAI

I'm sitting at my computer and wondering where to start this letter.

I've just spent the last several minutes reading online comments about the Drown Street shooting from your paper and the Ojai Post. I am also kicking myself that I didn't write last week after reading your gang article on the front page. I had a nasty feeling then that things would escalate with the attitudes surfacing and, unfortunately, my gut was right.

I live around the corner from the shooting on Drown. This is my neighborhood and I do not like the picture being painted. I've lived in the same house for

over 10 years. These are my neighbors people are talking about.

I do not walk our streets in fear. Yes, a shooting is scary, but please, do we need to paint the neighborhood as a problem? The man was a victim who has a family and lives in our town. Our neighborhood is filled with working-class people who, for the most part, live in harmony.

I do not appreciate the inflammatory nature of many statements being made. They do no good.

OVN thanked for battery disposal

DON SHEPPARD, INTEGRATED WASTE MANAGEMENT DIVISION, COUNTY OF VENTURA

We appreciate the Ojai Valley News' participation and interest in preserving our environment.

Without such participation, it is likely that many of these batteries may have ended up in the trash, and ultimately in our landfills.

Hopefully, other local businesses will follow your lead and actively get involved. We could use more "good neighbors" such as OVN.

To aid OVN in planning future disposal of any batteries collected, please keep in mind that our facility is open on the fourth Saturday of each month except the months of May, November, and December due to the respective holidays in each of those months.

Should OVN experience a large volume of batteries being disposed of during those months, please contact me before the volume becomes unmanageable so arrangements can be made to properly dispose of them.

Due to regulatory limitations placed on transporting household hazardous wastes, every effort should be made to avoid transporting any more than the amount brought to the facility this past weekend (200 pounds).

If you have any questions or concerns, please feel free to contact me.

Absence of opening left inaccurate view

RON POLITO, OJAI

In my opening statement on Feb. 21, to the Planning Commission, I expressed my support for the concept of limiting a class of retail stores in downtown Ojai.

I complimented the Planning Commission and Jere Kersnar for their efforts. Over the past 18 months, I have declined to negotiate with Walgreen's, Sav-On, Coffee Bean and Tea Leaf, Starbucks and Subway, even though there is not an ordinance restricting these uses.

I respect and I have a great appreciation for the downtown and the importance of how the visual corridor must remain an "Ojai" look as evidenced by my good working relationship with the Planning Commission. My project is 35 percent pre-leased with existing business in Ojai, and the category of uses are very similar to my existing mix of tenants at 307 E. Ojai Ave. (Los Caporales-Nomad Gallery location).

It is my experience that the demand for newer lease space is being driven from the office-service sector (retail exposure with office-service uses) and very little by the pure retail sector that is adapting more to the tourist clientele. To accommodate the needs of the business community my lease spaces start at 350 square feet.

Unfortunately, the reporter for the Ojai Valley News did not present my opening statements and this caused an inaccurate impression of my position on this very important matter. It is important to understand these facts so that rumors can be addressed. In hopes of addressing future rumors, please feel free to contact me at: ronpolito@aol.com.

Write Here

E-mail to letters@ojaivalleynews.com. Mail to P.O. Box 277, Ojai, CA 93024.

As anyone whose flight has ever been unexpectedly delayed knows, eavesdropping can be a dandy way to kill some time. And by "unexpectedly delayed," I don't mean 30-minutes-to-an-hour delayed — shucks, only the most trusting of rubes would "expect" to be in the air at precisely the time printed on her ticket — but the kind of delayed that finds you running out of reading material. That 30-minutes-to-an-hour's worth of reading material you have at the ready, i.e., in your purse — or might not have packed, as your actual in-air time might be only 25 minutes' long and/or you're going to Las Vegas, in which case "getting in some reading" probably isn't high on your list of planned activities. The kind of delayed that's — *^&%! — genuinely unexpected, i.e., pops up on the monitor at your gate (which you, of course, ran to, with wet hands, because when you were downstairs getting your boarding pass, the monitors said "on time," and no way were you going to take the time to dry your mitts after using the can one last time and risk having to stand for 30 minutes to an hour, airport departure gates being as seat-challenged as they are.)

But even if you have to stand to eavesdrop — and sometimes you must — I mean, it's nice having a seat for the standard 30-minutes-to-an-hour delay, since you've got just that much worth's reading material with you and all. But for unexpected delays, well, what if the seat you managed to snag is next to a troupe of mimes? Or the dullest



Kelly Feser Eells

family on earth (sometimes known as "a perfectly functional family")? Indeed, if ever you find yourself seated next to that last sort, what with their tediously well-behaved two-point-three children (Is that baby even real? It hasn't made a peep since Ward and June/Dad and Mom sat their sensible-shoed, untattooed selves down!) don't just stand; run. Run far away! I don't care if you have to run to the next gate to find a place to stand around and eavesdrop — or even if the only place with standing and/or eavesdropping room is next to another mime troupe — there's nothing to be gained from minding this sort's business. Au contraire (sorry; I hear the word "mime," I start typing like Marcel Marceau), listening in on a perfectly functional family's conversation is one of the most depressing, nay, hazardous aspects of the trade.

Oh, sure, there's always the clear and present danger of lowering your cover; you know, of laughing out loud at something the objects of your snooping, i.e., "The Subjects," say. But so what? You're in an airport, for God's sake. Whoever caught you eavesdropping on them has been X-rayed for weapons, so

the worst that can happen is you make a new enemy.

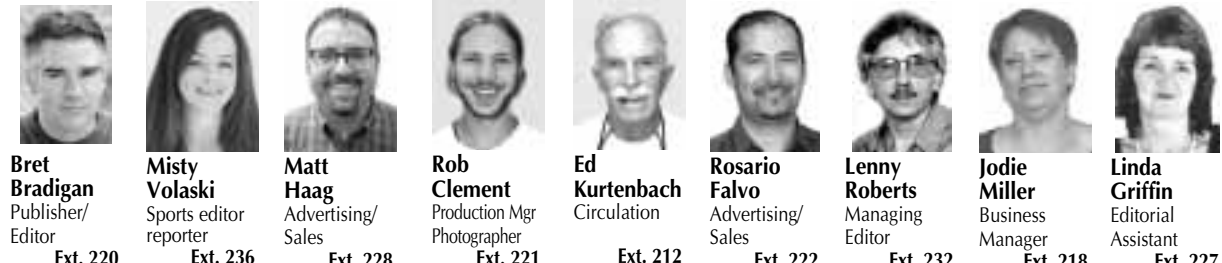
And what's this new enemy gonna' do, glare at you until you cry uncle? Please. I was once seated across the aisle from some lady Hell's Angels I'd been caught spying on (and lady Angels, let it be known, are way scarier than their male counterparts), and though it was undeniably uncomfortable the first 20 minutes or so of flight, once I offered to buy them a round or four, all was forgiven.

For the most part, however, eavesdropping in airports is one of life's more rewarding occupations. Nine times out of 10, you'll either come away from the job titillated (without having to have worried about catching anything!); amused (without having to have paid a cover charge!); or, my personal favorite, feeling supremely smart. Superior, even. Yesiree, airports are great for the old self-esteem. They're little not-so-neat boxes of humanity, dioramas, if you will, where young, old, rich, poor and pretty much everything that walks upright is represented.

So, the next time life hands you lemons — in the form of an unexpected delay — eavesdrop. If you're lucky, you'll end up with a nice tall glass of lemonade — or at least next to some convention-going psychiatrists (therapist-patient confidentiality? What a hoot.). Or some conference-attending elementary school teachers. (Yes, they do have favorites. And some kids they downright hate.) Or some cheating televangelists.

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To inform you about the issues and events in our community with diligence and dedication.

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This Week

•Wednesday, March 7
"TEEN GIRLS COOKING DESSERTS" — We will learn to make puddings including chocolate mousse and crème brûlée today at 3:30 p.m. at Ojai Culinary Studio, 315 N. Montgomery St. Cost: \$40. Call 646-1124.

OJAI LIBRARY BOOK DISCUSSION GROUP — The Ojai Library's Book Discussion Group will meet today at 7:30 p.m. to discuss "Crisis of Islam: Holy War & Unholy Terror" by Bernard Lewis. The library is located at 111 E. Ojai Ave. Everyone is invited to join the group. The only requirement for participating in the discussion is to have read the book and come willing to share your opinion and listen to others. Call 646-1639.

VOCO IN CONCERT — The dynamic fiery roots vocal, body percussion band, Voco, will ignite the Ojai Valley Woman's Club today at 7 p.m. Tickets: \$13 to \$15. Call 649-5189 or visit OjaiConcertSeries.com. First show in the new Ojai Concert Series. (M7)

O.V.L.C. VOLUNTEER TRAINING — The Ojai Valley Land Conservancy's annual volunteer training program will kick off with a multimedia presentation by Paul Jenkin of the Matilija Coalition today at 7:30 p.m. Jenkin has been a leader in the effort to remove the Matilija Dam, which is blocking vital spawning habitat for the endangered steelhead trout. He will explain the benefits of dam removal for the fish and wildlife that inhabit the Ventura River watershed. The presentation will be given at the Land Conservancy office, which is located directly behind the Rainbow Bridge health food store in the Arcade Plaza. Call 646-7930 for information and a volunteer application.

"ANYTHING GOES" — The music department at Nordhoff High School will present Cole Porter's musical, "Anything Goes," at the Matilija Junior High School Auditorium, 703 El Paseo Road, today through Saturday at 7:30 p.m. Tickets are \$15 for adults, \$10 for students and seniors. Call 640-44343, Ext. 1898 or go online at nhsmusic.com for tickets.

•Friday, March 9
PEACE VIGIL — Bring signs and flags and join the peace vigil held every Friday at 5 p.m. at Libbey Park along Ojai Avenue by the fountain.

Gods and Friends, at the Zalk Theater at Happy Valley School, 8585 Ojai-Santa Paula Road, on Friday and Saturday at 8 p.m. Tickets are \$18 for adults and \$10 for students. Reservations are recommended. Order tickets at theater150.org. All proceeds will benefit Theater 150. (M9)

•Saturday, March 10
CURVES FOOD DRIVE — Curves of Ojai and Oak View will be participating in the Curves food drive to benefit the local Community Assistance Program. Curves is waiving its normal service fee of \$149 for any new member who brings in a bag of nonperishable groceries and joins Curves by Saturday. For more information, call 640-0110 or 649-2189.

BENEFIT PANCAKE BREAKFAST — On Saturday from 7:30 to 11 a.m. at Chaparral Auditorium, the Villanova-Rotary Interact Club will be serving a breakfast of pancakes, bacon, sausage, fruit and coffee or tea for \$6.50. Proceeds will go to support the worldwide Polio Eradication Program and La Gloria orphanage in Mexico. Tickets are on sale at Attitude Adjustment and at the door. Call 646-1464.

"BRINGING UP BABY" — a free family program will be offered on the next four Saturdays for parents to bring their infant or toddler to weekly gatherings of a support group in a nurturing space. Hosted by the Ojai Valley Birth and Resource Center and sponsored by the Ojai Valley Neighborhood for Learning, the group size will be limited to six families. For enrollment information, call infant specialist Liz Memel at 646-0441, who will facilitate this offering for the fourth year in a row.

"FORGET COOKING!" — Learn the basics of raw food preparation with Ann Farnham, a graduate of the Living Light Culinary Arts Institute, on Saturday at 1 p.m. at Ojai Culinary Studio, 315 N. Montgomery St. She will be preparing a menu for your tasting including zucchini noodles marinara, not tuna pâté and chocolate mousse. Cost: \$65. Call 646-1124.

CONTRA DANCE — A contra dance will be held Saturday at the Ojai Art Center, 113 S. Montgomery St., featuring caller Donna Karpeles. The band Wiley Ramblers, with Tom Sauber on fiddle, Steve Lewis playing banjo and Patrick Sauber on guitar, will play lively Southern Appalachian tunes. An introductory lesson begins at 7 p.m. No experience or partner is necessary. Admission is \$8, \$7 for Art Center members and \$5 for teens. Call 933-0660 for more information.

SATURDAY NIGHTS AT THE MOVIES! — The Ojai Valley Lodge of the Theosophical Society continues its tradition of free monthly screenings of outstanding movies with a spiritual or theosophical angle. Donations will be appreciated. On Saturday at 7:30 p.m., the remarkable adventure of a 13-year-old girl, her father and an orphaned flock of geese, "Fly Away Home," will be shown in Krotona Hall. Everyone is welcome.

"A LIFE APART: HASIDISM IN AMERICA" — The Jewish Film Series continues with the documentary, "A Life Apart: Hasidism in America," at the Jewish Community of the Oaks, 530 W. El Roblar Drive, on Saturday at 7:30 p.m. The public is welcome and there is no charge. Call 646-1721 for more information.

SATSANG WITH JOHN SHERMAN — John offers guidance in the practice of self-inquiry according to Ramana Maharshi, and encourages people to seek only the simple truth of their actual nature. Next meeting: Saturday,

7:30 to 9:30 p.m. at Sacred Space Studio, 410-A Bryant Circle. All are welcome, with no regard for religious and/or spiritual beliefs and practices. Free of charge, donations gratefully accepted. Call 646-0994 or visit www.riverganga.org for more information.

•Sunday, March 11
"SPRING ITALIAN DISHES" — Spring is in the air! Join us as Nancy Michali prepares asparagus-filled ravioli, sweet sausage lasagne, baby spinach tart and lemon ricotta cheesecake on Sunday at 1 p.m. at Ojai Culinary Studio, 315 N. Montgomery St. Cost: \$50. Call 646-1124.

"REFUGE" — Theater 150, 918 E. Ojai Ave., will present the next reading in the New and Used Play Reading Series, "Refuge," by Jessica Goldberg, directed by Kim Maxwell, on Sunday at 3:30 p.m. "Refuge" tells the darkly funny and touching story of a young woman forced to care for her younger brother and sister after her parents have abandoned the family. Featuring Brent Florence, Reid Ulrich, Chloe Snyder and Emily Thelander. Tickets: \$7, available online at theater150.org or call 646-4300.

"FOUNDATIONS OF THE ISRAELI-PALESTINIAN CONFLICT" — is being offered on four consecutive Sundays at the Ojai Presbyterian Church at 304 N. Foothill Road, beginning March 11 from 7 to 8 p.m. The class will be taught by Carolyn James, a political science professor at USC and Occidental College who specializes in the Middle East and Islamic Nations. For more information call the church office at 646-1437.

•Tuesday, March 13
MEINERS OAKS LIBRARY STORY HOUR — A story hour is held every Tuesday at 10:30 a.m. at Meiners Oaks Library, 114 N. Padre Juan Ave., Meiners Oaks. These free programs are open to all parents and children. Call 646-4804 for more information.

"CAN YOU HEAR ME NOW?" — On Tuesday, Dr. Ron Magnusson, director of Gold Coast Audiology and Hearing Centers, will talk about current hearing aid technology to the Retired Men's Club at their luncheon meeting at the Soule Park Golf Course Banquet Room. Prospective members are welcome. Call 640-9068 for more information.

"MASTER CLASS ON CHEESECAKES" — We will be making delicious cheesecakes that are perfect for holiday dinners. Join us to make New York sour cream, goat cheese and chocolate cheesecakes on Tuesday at 7 p.m. at Ojai Culinary Studio, 315 N. Montgomery St. Cost: \$50. Call 646-1124.

Please see Valley, Page B-3

Counselors:

(Continued from Page A-1)

not their family's. So it is essentially available to all students regardless of family income.

Many times children who are experiencing tension at home or at school have difficulty expressing their anger directly because they don't understand it, so it gets expressed in a number of ways, explains Doug Honeyman, a licensed psychologist who counsels Matilija students through Limited Access Medi-Cal.

They might act out by getting into fights or doing drugs. Sometimes their frustration manifests in depression and it affects their schoolwork, he said.

Angela Mohan, another licensed marriage and family therapist who offers her services at Nordhoff, said that she received a constant stream of visitors in the past weeks who were troubled by the recent tragic car accidents of local teens Cendy Lara and Weston Herbruck.

"A lot of what we have been doing is letting (the students)

know that what they are experiencing is normal," said Mohan. "For some teenagers it triggers emotions they have felt about the death of someone in the family that they haven't dealt with yet. Some feel angry or agitated."

"A number of students who are referred to school therapists are having problems at home," explained Honeyman.

Because students want to keep family issues private they often don't have anyone to talk to about them.

"Sometimes just talking about these issues confidentially and having an empathetic ear that will listen makes a huge difference in the child's ability to process," he said.

In other scenarios boys are trying to transition to becoming men and they are learning how to express their power.

"At that time there is a lot of experimenting and processing going on," explained Honeyman. "Sometimes just talking about those feelings can diffuse potential fights at school," he said.

Teague and Mohan provide therapy through Limited Access Medi-Cal at Nordhoff and

Honeyman provides services for Matilija students.

Free mental health counseling for students is a service currently provided only in California schools, said Teague.

The Limited Access Medi-Cal program is made possible only because a county regulation allows Ventura County Medi-Cal clients to work with marriage and family therapists.

Teague and Mohan serve on the board of the California Association of Marriage and Family Therapists (CAFT). The nonprofit mental health association is the largest in the country with 28,000 members and 12 elected members who serve on the board.

Teague, Mohan and other board members are currently lobbying for several legislations that they hope will help make mental health services available to people who are in need but don't have the means including handicapped, elderly and low-income students across the country.

Recently CAFT helped push through legislation that helps war veterans receive marriage and family therapy services through veterans benefits.

Buses:

(Continued from Page A-1)

OUSD began immediate remedies to improve bus safety and hired Ordway to oversee the department shortly afterwards.

Since that time, the school district has solved issues that impacted the efficiency of its transportation needs. According to Ordway, improvements in funding, communication, and interdepartmental relationships have allowed for better operations.

There are 10 bus drivers in OUSD. Cindy Sloan is the district's first driver/trainer. Sloan is a seven-year veteran with the district and recently completed comprehensive state training in Sacramento. This means Sloan can assist with safety issues for the district. "She's in with the state for any

new laws coming down and can work with the Highway Patrol with any training records," Ordway said.

Other vehicles the two district mechanics maintain include trucks, vans and grounds equipment, which brings the total vehicles to 30. The two newest buses use compressed natural gas.

Ordway said that the district's lead mechanic, Don Downard, is an Automotive Service Excellence master school bus mechanic. "There are only about 1,200 in the country," said Ordway, adding that the district is fortunate to have someone so well-qualified in its transportation department. Downard has worked for OUSD for five years.

The district provides free bus transportation for its students and safety is taken very seriously. With 10 routes and 15

buses, Ordway estimated that 1000 students are transported to and from school each day. Drivers clean and maintain the bus interiors. Student conduct is another component of bus safety and is enforced by the drivers.

In October 2006, the OUSD board unanimously approved involving superintendent Tim Baird in transportation discussions with the city of Ojai to explore joining forces in designing a vehicle maintenance facility.

If built, the facility could be used by local agencies that provide transportation to Ojai Valley citizens. The city received a \$250,000 grant from the Federal Transportation Agency to explore such a facility and the school board recognized the opportunity to improve its maintenance equipment. Discussions are still in progress.



Rain Perry, "O Canada!" performer

"O CANADA!" — Music 150 will present "O Canada! Songs of Our Northern Neighbors" (Joni, Neil, Leonard, Gordon and a whole lot more), performed by The Household

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Sheila Cluff

FIT FOR LIFE

Take baby steps for a beautiful body

FWhat is the most common excuse among those who don't exercise? It's time. Never enough. Never at the right time. Never quality time. Never having the equipment. Never, ever, ever. You may have heard them and/or voiced a few excuses, too. It's old-fashioned thinking that time for fitness must be in one block of time, only. If you can head to the gym during lunch or after work, you may as well not try. If you hate to use fitness equipment or get sweaty, why even bother. That's old-style thinking and with the thrill of a new year still in the air, let's talk about making small, but significant changes to have a more beautiful body in no time at all. That's right, you need no extra time in your day and you can begin to benefit by more fitness. How so? By taking baby steps, get your exercise in baby-sized portions. In a recent article published in the Journal of the American Medical Association it was found that even 30 minutes of exercise

each day helps people lose weight and stay fit. So if you're like most men and women, and kids, always short on time, this is the best information available. A little can go a long way toward keeping you healthy and well. Researchers put 184 sedentary, overweight women on diets of 1,200 to 1,500 calories a day and exercise programs that varied in duration from 30 minutes to 60 minutes. On the surface everyone expected those who exercised longer to have greater gains, but the difference was only marginal. Thirty minutes of exercise, such as walking, seriously gardening or singles tennis as examples, led to a weight loss of 14 pounds over a year. The women who did the 60 minutes of vigorous exercise, on the same meal plans, only lost 6 pounds more.

In another study by the organization called the Women's Health Initiative, researchers showed that women who exercised moderately (for 75 to 150 minutes a week) were nearly 20 percent less likely to develop breast cancer. The more women exercised the less their risk.

With the baby step concept, you only concentrate on keeping moving, such as taking the stairs instead of the elevator, a brisk walk around the block at lunch or mowing the lawn. Start slowly, say with a walk around the block or just one lap around the high school's football field, and work up to 30 minutes every day.

Share this knowledge with family and friends. Find a buddy to walk with, and if hubby is chubby, lavish the praise so he'll join you. Start or join a walker's group with co-workers or neighbors. This will help you stay on track.

Take baby steps when planning a vacation. Schedule one where you know you'll have outdoor activities or have access

to a fitness center, such as when taking a cruise. Today's health spas are not only for pampering, but for active getaway vacations.

Think about sports. Some are more active than others. For example, an hour of racquetball (played by a 150-pound woman) burns about 800 calories. On the baby steps plan, you might want to start with a stretching class or the sport of ballroom dancing. Both will help you encourage a fit mindset.

Check the Internet for activities and groups of energetic people. For example, does the national forest or historical area have docents that give tours? Weight loss and a stronger, more youthful body could be achieved as you give back to the community.

To have a beautiful body, don't skimp on the fitness gear you need, from shoes to sweats to sunscreen. The right clothes and shoes that are right for your sport will put you in the right mood. Nifty well-fitting and flattering fitness wear will.

May I suggest you encourage your daughter and the young women you love to get moving with baby steps? Be a healthy role model so that you can mirror a fit lifestyle for the girls in your life as a way to keep bones strong, burn extra calories and manage the stress of daily living.

Step out of the sedentary ruts of today's hectic world with fitness and these baby steps. Do that and you'll be guaranteed to stay fit for life?

Sheila Cluff, fitness expert, television celebrity and owner of The Oaks at Ojai, is the author of "Take 5: How You Can Benefit from Just Five Minutes of Daily Exercise" and "The Ultimate Recipe for Fitness" by Cluff and Eleanor Brown. Visit her spa on the Internet and see all that's happening at the resort: The Oaks at Ojai, oaksspa.com.



Helen Petroff, M.D.

TALK TO THE DOC

Consistency key to effective exercise

Q: I'm trying to exercise more this year. What exactly is the recommended amount and type of exercise?

A: There is strong scientific evidence of significant health benefits for adults who engage in either moderate intensity physical activity for 30 minutes five or more days per week or vigorous intensity physical activity for 20 minutes three or more days per week.

Moderate intensity activities are those that burn 3.5 to 7 kilocalories per minute. A good example is brisk walking of three to four and a half miles per hour. This is easy to achieve while walking the dog, pushing the stroller, or hiking. Popular Ojai activities such as leisurely (five to nine miles per hour) bicycling

on the bike path, doing yoga, or horseback riding also all count as moderate intensity activity. In fact, almost any physical activity you might do for fun probably qualifies. Ballroom dancing, doubles tennis, gardening, working on your car or skateboarding can all count as moderate exercise.

Vigorous intensity activities are those that burn more than 7 kilocalories per minute. These include jogging or running, bicycling uphill or more than 10 miles per hour, or step aerobics. Competitive sports such as basketball, soccer, singles tennis, lap swimming and racquetball also all count as vigorous exercise.

There are several ways to tell at what level you are exercising. One is the "talk test." If you can carry on a conversation during the activity, it's moderate. If you get too out of breath to talk during an activity, it's vigorous. Even easier is a method known as "perceived exertion" where you simply judge how vigorously you are exercising based on how you feel. Interestingly, this method turns out to be about as accurate as more objective measures of activity level.

The most commonly used objective method to determine intensity of activity is to check your heart rate while you exercise. There are many devices that you can purchase that will give you a pulse readout, or you can simply feel for your own pulse on the thumb side of your wrist. Count the number of beats in six seconds and multiple by 10 to get your heart rate in beats

per minute.

To use your heart rate to determine intensity of exercise, start by calculating your maximal heart rate, which is 220 minus your age. For example, if you are 40 years old, your maximal heart rate is 220 minus 40, that is, 180 beats per minute. During moderate activity, your heart rate should be 50 percent to 70 percent of your maximal heart rate. So if you are 40 years old, your heart rate during moderate activity would be 180 times 50 percent to 70 percent, that is, 90 to 126 beats per minute. For vigorous activity, your heart rate should be 70 percent to 85 percent of your maximal heart rate, which would be 180 times 70 percent to 85 percent, that is, 126 to 153 beats per minute.

The above guidelines apply mainly to aerobic exercise that improves heart and lung function. It is also important to incorporate strength training such as weight lifting, calisthenics or circuit training into any exercise routine. This improves muscle and bone health and prevents injury. Also, stretching programs, yoga and tai chi all improve balance and flexibility in addition to qualifying as moderate exercise.

Having said all that, the best type and amount of exercise is anything you enjoy and that fits into your schedule so that you can keep doing it regularly.

Please forward questions by e-mail to Helenpetroff@aol.com and include "Talk to the Doc" in the title.

Getz:

(Continued from Page A-1)

multimedia design emphasis from Humboldt State University. She draws and paints in many mediums, having a background in traditional art and classical training in figure studies. Getz established Key Frame Graphics when she moved to Upper Ojai in 1999.

People often ask Getz how she creates her art pieces. Getz calls the genre she works in "photographic illustration." Her computer work includes imaging, graphics, web development, virtual reality and video. Getz likes combining found objects, digital photos and images, painted canvas and video frame sequences in her artwork.

Once her work has been printed from the computer, she adds watercolors, pastels, or other traditional media to make each piece an original in a series. In this way she works to transcend computer graphics to achieve art.

"As an artist in the exciting new medium, I am working to promote the value of this new art medium and, also, its acceptance as art by art lovers, collectors and other artists. As when photography was newly introduced at the turn of last century, today's digital artists are pioneers," said Getz on the imgsrc.org web site.

Dream Foundation is the first national wish-granting organization for people over 18. It was founded by Thomas Rollerson in honor of his partner, Timothy Scott Palmer. When Palmer was diagnosed with a catastrophic illness in 1994, Rollerson discovered that no organization existed to help grant the wishes of terminal adult patients.

After making Palmer's final



Photo submitted

Kelly Getz and friends, from left, Rachel Hunt, Lisbet Frey, Natalia Miller and Getz. A reception for an exhibit of Getz's work will be held Sunday at the Ojai Valley Inn's Artist's Cottage from 2 to 5 p.m.

wish come true. Rollerson created Dream Foundation to do the same for others fighting terminal diseases. The foundation serves all 50 states from its main office in Santa Barbara and a satellite office in Los Angeles.

The foundation gives volunteers, hospices and health care organizations somewhere to turn for help with dying patients. All recipients have been diagnosed with a terminal illness and a life expectancy of less than one year.

Dream Foundation relies solely on corporate, foundation and individual contributions to fund its efforts. Donated airline miles aid dreams requiring travel and reuniting families. "We cannot provide a cure for our dreamers, but we can dramatically impact the quality of their fragile lives with the joy experienced from a dream come true," states the

Dream Foundation web site. Odyssey Healthcare Foundation primarily contributes to nonprofit organizations that benefit terminally ill patients and their families. It, too, relies on donations and works with local hospices to identify beneficiaries.

Getz, whose health was declining during the writing of this story, was unavailable for comment to OVN. Frey has spoken with a family member who told her that Getz said, "My art really says much more about myself than I could ever say."

Frey agrees, saying that Getz's humor and spirit shines through in her works. "Her art will really speak for itself."

"What I know about Kelly is she takes the ordinary and makes it into the extraordinary," Cole said. The art show is a way for the community to give something extraordinary back to Getz.

Bennett:

(Continued from Page A-1)

recruit a good candidate to oppose Bennett next year, he said he hasn't found one yet. "Steve's a strong candidate, and I'm sure whoever decides to run against him will have a tough race."

Osborn said the anonymous message did not make sense as a political move, since the charges would be forgotten long before the election.

"It seems like it would be somebody with an ax to grind," Osborn said. "It seems like an employee or someone who thinks they know something. It seems like somebody who wants to hurt Steve now."

Bennett has battled repeatedly with veteran county Supervisor John Flynn about a variety of issues. But Flynn told the Ojai Valley News that he had nothing to do with the recording either.

"People probably think that I'm (behind the message), because Bennett and I simply don't get along," Flynn said. "But I'm not the cause of this. It has nothing to do with me or anyone I know."

The anonymous message stated:

"Politicians like Ventura County Supervisor Steve Bennett are making decisions that impact all of us. And you have a right to know what they're up to. Preventable lawsuits have cost taxpayers like us millions of dollars with no end in sight. But it gets worse. Supervisor Bennett is now being accused of berating, bullying, harassing county employees, an obvious abuse of power. It's time for Ventura County to let its politicians know we're watching and listening to what they do. Call the district attorney office at 654-2500 and let

him know you want this to stop now."

District Attorney Totten said an inquiry is under way - not of Bennett, but of the source of the anonymous calls. In addition to apparently breaking the law, Totten said the message had inappropriately referred residents to his office, and that was disturbing.

"We're going to try to get to the bottom of this," Totten said. "A section in the (law) restricts automated calling systems in a rigorous way. ... The penalty is \$500 per violation."

That means that whoever circulated the anti-Bennett message could face a huge fine, he said, since many county residents received the calls. Ten to 20 residents called his office to complain, Totten said.

"Without exception they were upset that someone would call and leave such a message."

Bennett said he received about 40 calls from outraged supporters immediately after they received the recorded message on their answering machines.

It is against state law to circulate a recorded message without a live person being on the line before the message begins, so the recipient can decline to hear the message, Totten said.

"There are exceptions to (the law)," he said, "but this doesn't appear to be one of them."

The violation would be a civil infraction, not a criminal act, he said.

Totten said that he'd assigned the head of his Consumer Protection Division, Greg Brose, to conduct the investigation.

Officials at the largest county employee union said her group had never had a harassment problem with Bennett.



Steve Bennett

"We don't have any experience with him abusing our workers," said Sandy Stewart, regional director of the Service Employees International Union, which represents about 4,000 county workers.

Betty Trist, a longtime county employee who now works at SEIU and received the recorded message, said Bennett has a good reputation with workers.

"I think he tries to be fair. I've never heard anything about him bullying county employees," Trist said. "This is just a slander, I think."

But the executive director of an agency that oversees countywide transportation issues informed her board members in December that Bennett, a member of the Transportation Commission, had treated some of her staff harshly.

"He has been abrasive in the kindest way I can put it," said county Transportation Commission executive director Ginger Gherardi in an interview.

Last year, Bennett asked the Transportation Commission for an analysis of the cost of employee health benefits, but the employee who was supposed to do the analysis was out on maternity leave, Gherardi said. Then, when she returned, the employee had to focus on preparing the agency's budget, the executive director said. Bennett was annoyed with the situation and said so at a public meeting, she said. He called some of her employees "liars," she said.

"But I have no idea where that (anonymous) call came from," Gherardi said. "Nobody here does."

Bennett denied ever calling Gherardi's staff liars. "There have been times when I think staff hasn't represented something accurately, so I've expressed that," he said.

Bennett said Gherardi and her staff are upset because he's been trying to end their lifetime medical benefit for two years, and that every time he has asked for an analysis of the cost they've given him a reason the study has not been done, instead.

"I'm perfectly comfortable," he said, "with what I've said."

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Voco drumming up performance today

The dynamic fiery roots vocal, body percussion band, Voco, will ignite the Ojai Valley Woman's Club today at 7 p.m. Tickets: \$13 to \$15. Call 649-5189 or visit OjaiConcertSeries.com. This is the first show in the new Ojai Concert Series.

'O Canada!' show returns this week

Music 150 will present "O Canada! Songs of Our Northern Neighbors" (Joni, Neil, Leonard, Gordon and a whole lot more), performed by The Household Gods and Friends, at the Zalk Theater at Happy Valley School, 8585 Ojai-Santa Paula Road, on Friday and Saturday at 8 p.m. Tickets are \$18 for adults and \$10 for students. Reservations are recommended. Order tickets at theater150.org. All proceeds will benefit Theater 150.

Contra Dance called for Saturday

A contra dance will be held Saturday at the Ojai Art Center, 113 S. Montgomery St., featuring caller Donna Karpeles. The band Wiley Ramblers, with Tom Sauber on fiddle, Steve Lewis playing banjo and Patrick Sauber on guitar, will play lively Southern Appalachian tunes.

An introductory lesson begins at 7 p.m. No experience or partner is necessary. Admission is \$8, \$7 for Art Center members and \$5 for teens. Call 933-0660 for more information.



Photo by Gordon Tindall

It's show time for the singing, dancing sailors in "Anything Goes."

Music, enthusiasm up for 'Anything'

Review: Cast stays in tune with Porter's musical journey

Linda Harmon
OVN contributor

The Cole Porter music alone is worth attending Nordhoff High School's production of "Anything Goes." Add the enthusiasm and talent of fresh-faced performers dancing and singing their hearts out, and you have an evening of home-grown entertainment that glows.

The plot involves the conflicts, the romance and the comedy that arise when people from different social and economic worlds collide during a luxury cruise to Europe in the 1930s. In fact, the only down side to the evening may be the underpinnings of society at that time, a segregated society based on wealth and race.

The live orchestra directed by Bill Wagner immediately transports the audience back to the time period with opening notes that feature a wonderful horn, wind and string influence that recall the days of Rudy Valle and Busby Berkeley.

Even the venue, Matilija Junior High Auditorium, fits the production of this musical originally produced at the Alvin Theatre, New York City, in 1934. The stage set has an

impressive, clean art deco feel.

Performances are delivered with an amazing maturity by the four main characters: Reno Sweeney, played by Kelsey Hersh; Billy Crocker, played by Michael Ring; Hope Harcourt, played by Casey Solow; and Moonface Martin, played by Mishone Feigin. The vocal deliveries by Hersh, Ring and Solow are particularly impressive during their respective duets. They give a lilting character to their voices that match the era perfectly. Hersh and Ring's rendition of Porter's "You're the Top" was a highlight along with Ring and Solow's delivery of "It's De-Lovely" and "All through the Night" that had a choral element that provided a beautiful cross harmony. Hersh's delivery of "Blow, Gabriel, Blow" clothed in one of the hottest costumes of the musical, a dazzling red gown that hugged in all the right places and was set off with matching red feathers and rhinestones, was not upstaged by the gown but matched its sauciness.

Another memorable musical performance was delivered by supporting actress Chloe Walker, who plays Erma, and sings "Buddie, Beware" with a sailor quartet of Aaron Gottesman, David Halpern, Katie Kantowitz, and Forrest Riege. Walker plays her comedic role of Erma the gangster moll to a tee and gives a strong rendition of one of

Triple bill fills Friday show

World fusion, alternative and Celtic music set for Woman's Club stage

Latin guitar world fusion group Incendio, alternative world ensemble HuDost, and Celtic harpist Lisa Lynne, will bring their live show to the Ojai Valley Woman's Club, 441 E. Ojai Ave., on Friday at 8 p.m. This triple bill will provide an evening of world music, entertaining guitar lovers and world-music fans alike.

Incendio's music has lit the Billboard, CMJ, and NAV charts since their inception in 2000. Incendio's core trio, guitarists Jim Stubblefield, J.P. Durand, and Liza Carbé, have forged an unusual sound that melds traditional and contemporary rhythms with melodies voiced on Spanish guitar.

The New York-Montreal-based HuDost is an "alternative-world

rock, country and eastern fusion" ensemble who mix a rich, eclectic, blend of traditional Sufi music, Bulgarian and Balkan adaptations, Farsi, Turkish and Arabic pieces with elements of folk, pop, rock and Southern Gospel. They will also be joined by celebrated percussionist John de Kad.

Windham Hill-New Earth recording artist Lynne has sold over half a million albums of

original music featuring her Celtic harp.

Tickets are \$15 (\$10 for students and seniors), on sale at the door and online at hudost.com. HuDost and Lynne will be participating in a workshop on creativity, "Radical Ecstasy," the following day at the Ojai Art Center. For more information, visit glenmuse.com/radx or call 640-8815.

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Eagles split championship

Girls' hoops take home the title; boys place second in league finals

Misty Volaski
 misty@ojaivalleynews.com

The Matilija Eagles boys' and girls' basketball teams both made trips to the championships last week.

The girls won their second consecutive Ventura County Junior High League title, defeating Las Colinas, 31-28. The girls ended their season, 12-1; Las Colinas did the same, with their only loss coming at the hands of the Lady Eagles.

"The boys' game did not go as planned," said coach Jack Smith. Even though Rio del Valle had defeated the Eagles in league play, 61-32, back in December, "I believed that we could really challenge them for the league championship." Although the Eagles got close, Rio Del Valle was victorious, 49-34.

The first quarter saw Rio jump out to a 16-2 lead. "It was a combination of them playing very well and our inability to do those things," said coach Smith. Things like making free throws, hitting the outside shot and rebounding well on the defensive boards — things that Matilija "had done so well in the previous games against Las Colinas and Fremont," said coach Smith.

The second quarter saw the Eagles wake up, outscoring Rio, 8-4, with Rio now only 10 points ahead. Coach Smith noted: "Our perimeter shooting was still off, but our defensive effort and rebounding had improved."

Behind the play of Sean Bettles and Brock Taylor, the Eagles scored the first six points of the third quarter — they were now within four points of the lead.

But the Eagles could come no closer. "Rio kept making the big play on offense or defense and we could not respond," said



Photo by Jesse Soll

Brock Taylor gives a fierce look to the basket during the MJHS loss.

coach Smith. The third quarter saw the Eagles' progress begin to diminish, coming within a point of the lead before slipping into a nine-point deficit.

Leading scorers for the Eagles were Bettles, with 13; Taylor, with 10; Evan Smith, with three; and Zach Gwin, Erik Glass, Paul Johnsen and Erik Palmer, with

two apiece.

Matilija completed their most successful league season with a 9-5 record. Team members include Jackson Doyle, Ryan Garcia, Kyler Heath, Spencer Laird, Jake Logsdon, Kyle Moore, Robert Perron, Dalton Renshaw, Matt Russell, Robert Sheldon and Jon Woodcock.



Photo by Jesse Soll

Opening Day with Daddy

The Ojai Valley Girls' Softball Association opened its season Saturday morning at Nordhoff High School. Above, Doug Colborn shows daughter Avery the proper stance in an opening day game

between the Under-6 Purple Panthers and the Daisies. The league offers instruction and weekly games to dozens of Ojai Valley girls at the Nordhoff softball fields throughout the spring.

NHS baseball stays hopeful

By Mike Miller
 mike@ojaivalleynews.com

Losing 11 seniors is a difficult obstacle to overcome for any baseball team, but the Nordhoff Rangers are ready to meet the challenge, according to head coach Glenn Pinkard. The Tri-Valley League will present some

stiff competition this season, Pinkard said. "Our league is going to be brutal this year. Most of the teams lost a bunch of seniors, but I expect that Oaks Christian, Malibu and a few other teams will be tough this year," said Pinkard.

The Rangers have their sights on the play-offs again this year and will rely on the arm of Keegan Rose to get them there. Rose had a good year in 2006 and posted an impressive 2.64 ERA and stuck out 41 batters in only 42.1 innings pitched. "He (Rose) pitched great last year. He had a terrific second half of the season and we are expecting great things from him this year," added Pinkard. Ranger fans are also excited about the prospect of watching sophomore Thomas Quackenbush play this season. Quackenbush was a key ingredient in the second half success of last year's team. In limited action, he batted .458 and was a threat on the base pads for Pinkard.

Pinkard said, "Tom is a great baseball player, but an even better kid."

Most of the power for NHS will come from Jason Endo, Pinkard said.

"We will be looking for our younger kids to step up this year, especially the ones that played on the junior varsity



Photo by Jesse Soll

Nordhoff pitcher Danny Landis delivers a pitch during a 6-3 loss to the Nordhoff alumni during Nordhoff's annual alumni baseball game on Saturday. It raised money for the upcoming season.

team last year," noted Pinkard.

The Rangers will start their season against Bishop Diego on March 9; their first home game will be on March 10, when they host Channel Islands in a doubleheader starting at 11 a.m.



Photo by Jesse Soll

Nordhoff alumnus Brandon Titus connects to drive in the go-ahead run with a sacrifice fly during a 6-3 victory over the Nordhoff varsity boys last weekend.

Ranger softball chases title

By Mike Miller
 mike@ojaivalleynews.com

The Nordhoff girls' softball team is out to prove that they are going to be a force in the newly realigned Tri-Valley League this season. Head coach Don Rodarte likes what he sees so far when it comes to his team's effort. "We are, and will work harder than we did last year in order to get better. We are doing more conditioning and working more on our fundamentals," said Rodarte.

The Lady Rangers went 14-6 last season, but they have one goal in mind for the 2007 season and that is to become the Tri-Valley League Champions. "Our league is tough, no doubt about it. There are good teams in our league and we can't look past anybody. We have our sights set on one thing, a league

championship. The girls have a goal, that 20 years from now when their kids go to this school they can walk into the gym with pride and look up at that banner and tell their kids that they were part of history and were on the first Nordhoff team to get a league championship," added Rodarte.

When the Lady Rangers get under way this season, they will look to hurler Brittany Pulido to shut down their opponents. Pulido was impressive last year as she racked up nine wins and an amazing 0.77 ERA. Rodarte said, "Brittany worked hard in the off season to improve her ball movement and her speed. She is very tough." Offensively, NHS will turn to Megan Borchardt (five home runs last season) and Shelbi Stallings. Rodarte also noted that the team will rely on

their underclassmen to be producers early and often, especially on the base paths.

Due to low turnout numbers, the team will carry 18 players on varsity this season, resulting in no junior varsity team. All of the girls will dress for home games, but the traveling squad will be determined weekly according to Rodarte. "Our team has fire and great attitudes. We are going to approach each and every game as though it is a championship game," said Rodarte.

The Lady Rangers will take on the Royals of San Marcos today in Santa Barbara and then they will travel to Los Angeles to play in the Lincoln Tournament. Rodarte notes that the Lady Rangers won this tournament last year so they will be out to defend their title. Check ojaivalleynews.com for results as they become available.

Duffers give \$300 for youth golf

The Double Duffers Golf Club played its monthly tournament March 1 at Soule Park Golf Course with a "scramble" format, followed by lunch. Winners in the first flight were Valerie Dyrud, guest Victor Phillips and Bud and Pat Wakefield. In second place was the team of Saurin and Karen Chakrabarti and Tom and Evelyn Gibson. Third-place winners were Sue and Ken Lakes, Peter Conforti and Rocky Rockefeller.

In the second flight, first place went to Barbara and Dave Nakada and Joe and Elinor Wilson. Second-place winners were Al and Carol Gross, Shirley Saxby and guest Jeanette Crawford. In third place were John and Jackie McDougal.

Closest to the pin on the third hole were Saurin Chakrabarti and Valerie Dyrud; Tom Gibson won on hole 12.

The Double Duffers Club,

whose mission is to support junior golf, voted to fund a scholarship in the amount of \$300 to be given to golf pro Jared Wallace to award to junior golfers who wish to enroll in his forthcoming golf instruction series as needed.

The next tournament will be held on April 5 at Soule Park and will be a "scramble" format. For more information, call Ken Lakes at 646-4243.



Photo by Jesse Soll

The Matilija girls celebrate their second consecutive league championship after the game.

NHS track begins March 8

By Mike Miller
 mike@ojaivalleynews.com

The Nordhoff boys' and girls' track and field squads have been hard at work getting ready for their 2007 season. Nordhoff head coach Bronwen Cull-Michels is looking to her senior class for leadership and to perform on the track and in the field events.

Cull-Michels said, "Some seniors to watch will be Brandon Shirck in the distance races, Dan O'Brien in the throwing events, Keri Ponce in the throwing events and Camille Kastner in the distance races." Cull-Michels went on to mention that each one of these athletes made it to

the CIF preliminaries last season, and Shirck made it to the CIF cross country finals. Shirck is one of the area's premier prep high school runners and should be a force for the Rangers. He was a key part of the NHS cross country team, and placed well in the fall post-season.

The Nordhoff squads will have four home events this season, beginning with the Maricopa relays on March 8.

On March 14, they will have their annual jog-a-thon, and on March 29, they host La Reina and Oaks Christian. Finally, on April 25 they will host a duel meet with St. Bonaventure.

All four events have a scheduled 3 p.m. start time.

WTT Adult Session to open March 16

The spring season of Adult World Team Tennis will begin March 16 at 6 p.m. at the lower Libbey tennis courts. This league features singles, doubles, and mixed doubles and is highlighted by exotic

foods from all over the world. The cost of the six- to eight-week league is \$39.

To sign up, call the Ojai Recreation Department at 646-1872, or simply show up at Libbey on March 16.

Amend leads Ranger boys' golf

The Nordhoff boys' golf team has returned to Soule Park, with two wins and a loss so far in nonleague play.

Traveling to the par-71 Elkins Ranch to play the Fillmore Flashes, the Rangers took a win, 433-515.

Wyatt Amend set the pace for NHS, shooting a three-over-par 74. Tyler Starbard posted 88, while Tyler Wadsworth rounded out the top scores for NHS with an 89.

In a three-way matchup against Buena and Hueneme, Nordhoff came in second, posting a team score of 453. Buena wasn't too far ahead, with 429; Hueneme, meanwhile, posted 513 in the Soule Park tournament.

Amend stepped up for Nordhoff and shot an even-par 71 to claim medalist honors for the day. Starbard shot a 90 for the Rangers.

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27 Minnesota ___
28 History chapters
29 Restriction on children, maybe
31 4 x 4, for short
32 Exam for a future D.A.
33 Link with
34 Head-scratcher
38 Independent country since June 5, 2006
46 ... Hancock ...
49 Not fully formed
52 Speed: Abbr.
53 Like some Keats works

54 Part of the Treasury Dept.
55 Rival of Cassio
56 Apprised
58 "The Man Who Knew Too Much" actress, 1934
61 Remark that might get one in trouble
62 When "Dallas" aired for most of its run: Abbr.
63 Dictionary source for each italicized clue in this puzzle
69 Slate workers, for short
70 Actress Kimberly of "Close to Home"
71 Shooting match?
72 Big cavity
75 Course related to physiol.
76 Volga feeder
77 Fashion designer
78 ___ Hill (R & B group)
79 Guidance system at sea
81 ... boar ...
84 1981 German-language hit film
87 Talks monotonously
88 ... subscapular ...
92 Model's job
96 "That's cheating!"
97 Daffy Duck and others
98 Spanish ___
100 Call to a calf

101 1989 high-school film based on a song title
103 Charades player
104 Farming prefix
105 ... war dance ...
108 ... ZZZ ...
111 Unhappy chorus
112 Lincoln, maybe
113 Rainwear brand
114 Fervor
115 Old flames
116 Stallone and others
117 Medgar of Mississippi
118 Hit the top

DOWN
1 Pinhead
2 There from birth
3 Show uncertainty
4 Running things?
5 ___ Miss
6 Now, in Nueva York
7 Unfamiliar with
8 A little night music?
9 Longoria of "Desperate Housewives"
10 Wrecks
11 Faithful about
12 Needed more
13 A3 maker
14 San ___, Calif.
15 "I" problem
16 Abbr. before a Spanish surname
17 Stomach part

18 Extraordinary degree
24 Writer of "Gil Blas"
26 Leader of the All-Starr Band
30 Shampoo form
32 Bad witness
33 Sondheim protagonist
35 Jelly flavor
36 High hat
37 Subtitle starter, sometimes
39 Fabrics with elaborate designs
40 Boggy lands
41 Terre Haute sch.
44 Rustling sound
46 Cape settler
47 Old mythological work
48 Trollope's "Phineas ___"
49 Assessor's figure
50 Votin' no on
51 Reverse
55 To wit
56 Take ___ (swing hard)
57 Mallard cousins
59 Physiques, for short
60 Modem termini?
61 ___ Games, quadrennial event since 1951
62 Monastic title
64 It's parallel to a radius
65 Opposite of yellow

66 Big do
67 Dignitary from Dubai
68 Lockbox document
72 Write a codicil
73 "Huzzah!"
74 Jazz's ___ Lateef
76 One of the winds
79 Frank Sinatra said he had "the silkiest chops in the singing game"
80 Handicapper's hangout, for short
81 Wall St. figures
82 Spots
83 Something to be thankful for
85 Without support, in a way
86 Basket material
87 Place for a small table
89 Turbulent

90 Real estate ad section
91 CD-___
93 "See ya!"
94 N.H.L. trophy honoree
95 Able to do well
98 Member of the track team
99 Stockpile
102 Get the goods on
103 Parcel (out)

104 "Suppose they gave ___ and nobody came?"
105 Japanese P.M. Shinzo ___
106 "America's Most Wanted" airer
107 Small digit
109 Kind of lane
110 Inits. for a film buff

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AROUND OUR VALLEY
continued from Page A-6

"A VISIT TO TIBET" — On Tuesday at 7:30 p.m. at Krotona School, the Theosophical Society in the Ojai Valley will host Dorjee Tsewang and Dolkar Tso in a presentation titled "S Visit to Tibet." Call 640-8003 for more information.

Down the Road

GARDEN CLUB MEETING — The Ojai Valley Garden Club will have its next meeting on March 14 at 10 a.m., starting with coffee and refreshments, at the Ojai Valley Woman's Club, 441 E. Ojai Ave. The speaker for this meeting will be Dottie Combs, of the Ojai Raptor Center. She has been involved in the rehabilitation of injured and orphaned birds since 1989, and also worked with mammals. Her program will be "Songbirds and Myths About Wildlife." This should be an interesting program, and all are welcome. For more information, call 646-0072.

O.V.L.C. VOLUNTEER TRAINING — The Ojai Valley Land Conservancy's volunteer training program continues on March 14 at 7:30 p.m. with local botanist Ken Niessen sharing his knowledge of the Southern California chaparral plant community and the native plants most commonly found on the Land Conservancy's Ventura River Preserve. Niessen has worked extensively with the U.S. Forest Service and National Park Service on a variety of native plant surveys and he is an active member of the California Native Plant Society. The presentation will be given at the OVLC office, located directly behind Rainbow Bridge in the Arcade Plaza. Call 646-7930 for information.

SOLO MUSIC COMPETITION — The Nordhoff High School music department is sponsoring the second annual Ojai Solo Music Competition, open to all students in the Ojai Valley. The application and \$25 fee are due March 16 by 3 p.m. The auditions will take place on the weekend of March 24 and 25 with gala evening concerts for the

winners on May 1 and 2. Students may compete in instrumental and/or choral categories. This competition is divided into four age groups: 16 through 18, 13 through 15, 10 through 12 and under 10. Students may compete in classical and/or jazz and Broadway genres. Applications are available online or in the NHS music department at 1401 Maricopa Highway or by calling 640-4343, Ext. 1861.

PLANT WALK — Ojai Botanist Ken Niessen will be leading a plant identification walk on the Ojai Valley Land Conservancy's Ventura River Preserve on March 17 at 9 a.m. Hike participants will learn all about the many plants and herbs that comprise the native chaparral plant community. The hike will start at the Riverview Trailhead on Rice Road in Meiners Oaks at 9 a.m. This hike is part of the Land Conservancy annual volunteer training program. Call 646-7930 for more information.

MONTESSORI OPEN HOUSE — The Montessori School of Ojai, 806 W. Baldwin Road, will hold an open house March 17 from 10 a.m. to noon. Visitors can check out the solar greenhouse, garden, classrooms and playground and meet the staff and enjoy games and refreshments. The school has classes for ages 2 through 14. Call 649-2525 for more information.

NORDHOFF CENTENNIAL PLANNING MEETING — Nordhoff High School will be celebrating its 100th birthday during the 2009-2010 school year. There will be an organizational meeting to begin planning the centennial festivities on March 19 from 4 to 5 p.m. in the NHS Library. Anyone interested in being involved please attend. For more information call Dan Musick, NHS principal, at 640-4343, Ext. 1750.

"GETTING YOUR GROOVE BACK" — On March 20 at 9 a.m. The Gables of Ojai, 701 N. Montgomery St., will host guest speaker Corinna Bloom. The public is invited to join the residents for a morning of discovering a new way to live. Do you want to feel great when everything in your life is changing and you don't find meaning and pleasure in

the things that used to give you just that? If you're willing to discover new ways to play, Bloom hopes you will be there. Call 646-1466 for more information.

"OLD DIARY LEAVES, SECOND SERIES" — On March 20 at 7:30 p.m. at Krotona School, the Theosophical Society in the Ojai Valley will host Joy Mills, who will continue the series of studies of Henry Steel Olcott's "Old Diary Leaves." Call 640-8003 for more information.

"FREEDOM TO BE A FOOL" — On March 20 at 7:30 p.m. at 687 Villanova Road, the American Vedic Association's Bhagavad Gita As It Is Fellowship will discuss "Freedom to Be a Fool." Fools may imagine that they can do whatever they like with impunity, but intelligent people familiarize themselves with local laws to avoid legal consequences. Similarly, those who are spiritually mature don't just blindly accept what any fool says, but are careful to understand the laws of karma, reincarnation, dharma and moksha from a reliable source. Learn more at the next AVA meeting. Always free. Call 640-0405.

"BIRDS OF THE OJAI VALLEY" — Local birding expert and Ojai Valley Land Conservancy board member Jesse Grantham will offer a presentation on the resident and migratory birds of the Ojai Valley on March 21 at 7:30 p.m. He is one of the foremost experts on the recovery of the endangered California condor and is currently working for the U.S. Fish and Wildlife Service on the condor recovery effort. The presentation will be given at the OVLC office, which is located directly behind the Rainbow Bridge. Call 646-7930 for information.

SOUP SALE TO BENEFIT C.A.P. — Help of Ojai and Thrivent for Lutherans will hold a soup sale to benefit the Community Assistance Program on March 23 from 11 a.m. to 1 p.m. at Chaparral Auditorium, 414 E. Ojai Ave., featuring soup by John McNeil and salad and bread. Advance tickets are \$5, \$7 at the door, and \$3 for children. Tickets are on sale at Little House, 111 W. Santa Ana St., or the C.A.P. office at 212 Fox St. Slices of Marie Callender's pie will be available for \$3.

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SUDOKU

	3				7	2		5
	8							
							7	8
				9	5			7
5	1		2	8	4	3	9	
3		8		1				5
8					1		2	
1			6	7	2	5	8	3
		2				7	4	

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PUBLIC NOTICES

OVN02-11-07
Published Ojai Valley News
February 14, 21 & 28, 2007
March 7, 2007
FICTITIOUS BUSINESS
NAME STATEMENT
File Number 20070205-
10001955-0
Ventura County Clerk and
Recorder
Philip J. Schmit
File Date: 02/05/2007
THE FOLLOWING
PERSON(S) IS (ARE) DOING
BUSINESS AS: 1) OJAI
GIVING, 2)
OJAI GIVING.ORG, 218 E.
Eucalyptus St., Ojai, CA 93023
Full Name of Registrant/
Corporation/Limited Liability
Company:
Tyler Suchman
218 E. Eucalyptus St.
Ojai, CA 93023
This Business is conducted by
an individual.
Registrant has not yet begun
to transact business under the
fictitious business name or
names listed herein.
I declare that all information in
this statement is true and
correct.
(A registrant who declares as
true information which he or she
knows to be false is guilty of a
crime.)

/s/TYLER SUCHMAN
Tyler Suchman
This statement was filed with
the County Clerk of VENTURA
County on date indicated by file
stamp above.
NOTICE - THIS
FICTITIOUS BUSINESS
NAME STATEMENT
EXPIRES FIVE YEARS FROM
DATE IT WAS FILED IN THE
OFFICE OF THE COUNTY
CLERK. A NEW FICTITIOUS
BUSINESS NAMES
STATEMENT MUST BE
FILED PRIOR TO THAT
DATE. The filing of this
statement does not of itself
authorize the use in this state of
a fictitious business name in
violation of the rights of another
under federal, state, or common
law (See Section 14411 et seq.,
Business and Professions Code).

OVN02-12-07
Published Ojai Valley News
February 14, 21 & 28, 2007
March 7, 2007
File No. 20070131-10001656-0
Current File No. 20061129-
10020447-0
STATEMENT OF
WITHDRAWAL FROM
PARTNERSHIP OPERATING
UNDER FICTITIOUS
BUSINESS NAME

The following person(s)
has/have withdrawn as a general
partner(s) from the partnership
operating under the fictitious
business name of Oak View
General Store located at 469 N.
Ventura Ave., Oak View, Calif.
93022.
The fictitious business name
statement for the partnership was
filed on 11/29/06 in the
County of Ventura.
The full name and residence
of the person(s) withdrawing as
a partner(s): Linda Hurt, 1216
Drown, Ojai, CA 93023
I declare that all information in
this statement is true and
correct.
(A registrant who declares as
true information which he or she
knows to be false is guilty of a
crime.)
/s/LINDA HURT

OVN02-17-07
Published Ojai Valley News
February 28, 2007
March 7, 14 & 21, 2007
SUPERIOR COURT OF
CALIFORNIA
COUNTY OF VENTURA
800 S. Victoria Av.
Ventura, CA 93009
PETITION OF Sandra Lee
Fischer FOR CHANGE OF
NAME

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
CASE NUMBER:
CIV246452
TO ALL INTERESTED
PERSONS: Petitioner filed a
petition with this court for a
decree changing names as
follows: a) Sandra Lee Fischer
to Sandra Lee
THE COURT ORDERS that
all persons interested in this
matter shall appear before this
court at the hearing indicated
below to show cause, if any,
why the petition for change of
name should not be granted.
NOTICE OF HEARING
Date: 04-05-07
Time: 8:30 AM
Dept.: 42
The address of the court is same
as noted above.
A copy of this Order to Show
Cause shall be published at least
once a week for four successive
weeks prior to the date set for
hearing on the petition in the
following newspaper of general
circulation printed in this
county: Ojai Valley News
Date: 2/21/07
BY ORDER OF THE
PRESIDING JUDGE
MICHAEL D. PLANET
Ventura Superior Court
Executive Officer and Clerk

BY: /s/W. COPELAND
W. Copeland, Deputy Clerk
FILED: FEB 21, 2007
OVN03-03-07
Published Ojai Valley News
March 7, 14, 21 & 28, 2007
FICTITIOUS BUSINESS
NAME STATEMENT
File Number 20070226-
10003207-0
Ventura County Clerk and
Recorder
Philip J. Schmit
File Date: 02/26/2007
THE FOLLOWING
PERSON(S) IS (ARE) DOING
BUSINESS AS: Tri-County
Traveling Signing Services,
11195 N. Ventura Ave. #20,
Ojai, CA 93023
Full Name of Registrant/
Corporation/Limited Liability
Company:
Andrew Gowland
11195 N. Ventura Ave. #20
Ojai, CA 93023
This Business is conducted by
an individual.
Registrant has not yet begun
to transact business under the
fictitious business name or
names listed herein.
I declare that all information in
this statement is true and
correct.
(A registrant who declares as

true information which he or she
knows to be false is guilty of a
crime.)
/s/ANDREA GOWLAND
Andrea Gowland
This statement was filed with
the County Clerk of VENTURA
County on date indicated by file
stamp above.
NOTICE - THIS
FICTITIOUS BUSINESS
NAME STATEMENT
EXPIRES FIVE YEARS FROM
DATE IT WAS FILED IN THE
OFFICE OF THE COUNTY
CLERK. A NEW FICTITIOUS
BUSINESS NAMES
STATEMENT MUST BE
FILED PRIOR TO THAT
DATE. The filing of this
statement does not of itself
authorize the use in this state of
a fictitious business name in
violation of the rights of another
under federal, state, or common
law (See Section 14411 et seq.,
Business and Professions Code).

Philip J. Schmit
File Date: 03/01/2007
THE FOLLOWING
PERSON(S) IS (ARE) DOING
BUSINESS AS: Yoga Tutor,
428 Bryant Circle, Ojai, CA
93023
Full Name of Registrant/
Corporation/Limited Liability
Company:
Tucker H. Adams
924 Amber Lane
Ojai, CA 93023
This Business is conducted by
an individual.
Registrant has not yet begun
to transact business under the
fictitious business name or
names listed herein.
I declare that all information in
this statement is true and
correct.
(A registrant who declares as
true information which he or she
knows to be false is guilty of a
crime.)
/s/TUCKER H. ADAMS
Tucker H. Adams
This statement was filed with
the County Clerk of VENTURA
County on date indicated by file
stamp above.
NOTICE - THIS
FICTITIOUS BUSINESS
NAME STATEMENT
EXPIRES FIVE YEARS FROM
DATE IT WAS FILED IN THE

OFFICE OF THE COUNTY
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BUSINESS NAMES
STATEMENT MUST BE
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statement does not of itself
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a fictitious business name in
violation of the rights of another
under federal, state, or common
law (See Section 14411 et seq.,
Business and Professions Code).

an individual.
The registrant commenced to
transact business under the
fictitious business name or
names listed on 1972.
I declare that all information in
this statement is true and
correct.
(A registrant who declares as
true information which he or she
knows to be false is guilty of a
crime.)
/s/CHERYL SHELTRON
Cheryl Sheltron
This statement was filed with
the County Clerk of VENTURA
County on date indicated by file
stamp above.
NOTICE - THIS
FICTITIOUS BUSINESS
NAME STATEMENT
EXPIRES FIVE YEARS FROM
DATE IT WAS FILED IN THE
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Gray, Gray 51,547 Miles
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Automatic
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Stock # 11246
Warranty Yes

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