

For all your real estate needs...

**Vivienne Moody**  
COLDWELL BANKER  
Property Shoppe  
798-1099

**Joan Roberts**  
COLDWELL BANKER  
Property Shoppe  
359-2020

*"Professional service, with a personal touch"*

# OJAI VALLEY NEWS

The Ojai Valley's newspaper since 1891

ojaivalleynews.com

116th Year, No. 95 • Wednesday, Aug. 29, 2007 • Newsracks, 75¢, retail stores, 70¢ plus tax • Yearly subscription, \$52



## Council given three chain laws for review

Historical Commercial District idea rejected

**Nao Braverman**  
nao@ojaivalleynews.com

Though Ojai is making some headway in creating an ordinance to protect the city from proliferating chain stores, the debate has become increasingly complex as discussions progress.

Instead of being presented with one ordinance to vote on, as originally planned, the City Council received three ordinance drafts to deliberate on at Tuesday night's City Council meeting.

The first proposed ordinance, though heavily criticized by the planning commissioners and members of the public was still brought forth for a vote, if the council so pleased. A second hastily drafted revision by city attorneys, prompted by suggestions from the City Council was presented for a first reading, an unofficial third draft, authored by local resident and former council candidate Dennis Leary was also handed to council members for review.

In a consensus between commissioners and members of the public, the initial proposal to ban chain stores from a Historic Commercial District was rejected.

Commissioners said they thought the proposed district overlay, a central portion of the downtown area was too small, the area too arbitrary, and might have unintended consequences. They were also concerned about the existing chain stores within that district that would be prevented from expanding or remodeling. Several members of the public said they thought banning chains from such a small area would further invite them to open elsewhere in the city.

The neighboring city of Santa Paula does have a designated historic area within its downtown core. Though there is no ordinance banning or regulating chain stores from the designated historic area, it does have certain guidelines regulating the

Please see Council, Page A-7



Photo by Rob Clement

## Overflight of the Obvious

Despite several days of smoke and ash filling the skies, refreshing ashen memories of last year's Day Fire, the Zaca Fire is no longer a threat to Ojai. Back fires lit along Highway 33 last week came close to the fire camp near Lockwood Valley Road

Saturday, forcing firefighting crews to call in a P-3 Orion air tanker to put pressure on flames less than 100 yards from the road with Foscheck retardant. The fire, which has burned more than 240,000 acres, started July 4 in Santa Barbara County.

## Support grows for farmers on water rate hike

Casitas staff hears protest about 53 percent hike for agricultural customers

**Daryl Kelley**  
daryl@ojaivalleynews.com

Papered with dozens of protest letters from farmers and their supporters, directors of the Ojai Valley's largest water agency will consider today arguments that a 53 percent hike in the cost to water crops could begin to change this bucolic region forever.

Already staggered by record winds and freezes during winter, some farmers say the rate increases could force them out of business, or to drill deep wells that would deplete the aquifers that provide the valley's groundwater.

They argue that the entire valley benefits from their existence, through tourist tax dollars, clearer air, education and nutrition programs and an overall ambiance that makes Ojai a good place to live.

And now farmers are proposing that Casitas Municipal Water District fundamentally change the way it charges for water, spreading costs to all customers with a meter, including those who use Casitas only as a backup system, instead of charging primarily on how much water a customer uses.

Farmers, who use nearly half of the district's water, have historically paid a reduced rate because the Casitas Dam and waterworks were originally built partly to foster agriculture in the Ojai Valley.

And now they're getting support for their campaign to keep their rates low.

"Without agriculture this valley would change tremendously," said Scott Eicher, chief executive officer of the Ojai Valley Chamber of Commerce.

Please see Casitas, Page A-4

## Help of Ojai hires new executive director

Jones comes to nonprofit agency with 35 years in social services

**Sondra Murphy**  
sondra@ojaivalleynews.com

Help of Ojai has appointed a new executive director. J.R. Jones will take the helm of the local nonprofit agency from current director, Debbie McConnell, who recently announced her resignation. Jones is a resident of Ojai and will join Help on Tuesday.

Jones has 35 years of experience in social services and has worked with seniors, plus persons with mental, developmental and physical disabilities and people with substance abuse issues. "We are

very pleased to acquire an executive director with the experience, talent and background of J.R. Jones," said Gene Daffern, Help's board president. The board of directors unanimously appointed Jones.

Most recently, Jones served as executive director of Lutheran Social Services in Thousand Oaks. During his tenure, he expanded services to 13 communities throughout Ventura, Santa Barbara and San Luis Obispo counties.

"We are known primarily for emergency services," said Jones, who steps down from that job this week. "Most recently, we responded to the winter freeze back in January by helping the farm workers affected by the freeze."

With such a broad region, the LSS services are extensive. Among the many things the organization does is to "work with the homeless, have a food

pantry, provide rental assistance and prescription assistance." Lutheran Social Services also has a senior program that includes transportation services.

Jones has lived in Ojai for about a year and a half. "I am very happy to be with the agency. I've heard nothing but good things about it. They have great programs and great staff, so it's not someplace that needs someone to come in and fix anything. My intention right now is just to come in and get a feel for things," said Jones.

"I'm looking forward to getting acquainted with the agency and its programs. I'm especially excited about working where I live." On Sept. 6, Help of Ojai's application for a conditional use permit will be voted on by the county Planning Commission. The permit would allow them to expand activities to the old Honor Farm site on Baldwin Road.



Photo by Rob Clement

J. R. Jones takes over the helm at Help of Ojai on Sept. 4.

## Ojai Valley neighbors

**Gerry Roe**  
OVN contributor

Marion Inchaustegui (a Basque name pronounced in-chow-sta-gee) moved to Ojai three years ago and immediately volunteered her considerable talents to help nonprofit organizations.

A major benefactor was the Ojai Music Festival, where she stepped up at the last minute to run the ticket office in 2006.

This year she was elected president of the Festival Women's Committee, a support group that is the largest single contributor to the Music Festival and their Bravo program which provides free musical education in Ojai schools.

She also serves on the boards of Smart Start and the Hitching Post Estates.

Born in New York City,

Inchaustegui graduated from the College of New Rochelle in 1964 and spent 20 years as a family therapist in Orange County and Michigan.

She moved to Ojai from Chadds Ford, Pa., where her husband, Hector, is an internist and director of an HMO. Dr. Inchaustegui will join his wife in Ojai when he retires next March.

She has three children, Marlane, a lawyer in New York City, Jay, with a doctorate in research and design at Intel in Portland, Ore., and David, a film editor in New York City.

Inchaustegui claims her decision to move to Ojai was an easy one after visiting her sister, Bobbi DuFau, for many years. "It's a wonderfully healing, peaceful, calming environment," she confided, "a feeling we can all sympathize with."



Marion Inchaustegui

"Ojai is an incredible area for volunteerism," she continued.

One of her goals this year is to get more women to join the Festival Women's Committee, where members enjoy making new friends, acting as docents at the Holiday Home Look In and helping with Music Festival concerts.

"This year we are working with the Ojai Studio Artists to exchange volunteers. It's important that nonprofits support one another."

## News Briefs

**FRAUD ALERT POSTED FOR FIREFIGHTER BENEFIT FUND:** The Ventura County Fire Department alerts county residents to a fraudulent enterprise in the area soliciting funds allegedly for the benefit of firefighters injured fighting the Zaca Fire.

None of the agencies involved in fighting the Zaca Fire — including the Ventura County Fire Department, the U.S. Forest Service or CalFire — has authorized any fundraising activities.

"Speaking for all the firefighters who have been working the Zaca Fire, we're very grateful for the support the public has shown us," said Capt. Barry Parker, information officer for the Ventura County Fire Department, "and we don't want to see our citizens victimized by unscrupulous criminals using a tremendous firefighting effort to defraud them."

Any resident receiving a call, letter or e-mail soliciting funds for injured firefighters is urged to call their local police agency or the Fire Department.

**VEDICS HOSTING JANMASTAMI CELEBRATION:** On Saturday at 6:30 p.m. at 687 Villanova Road, the American Vedic Association will host the annual Lord Sri Krishna's annual appearance day celebration know in Sanskrit as Janmastami. The program will include a lively musical kirtan, an introduction to the Sanskrit language, an informative presentation about Krishna's pastimes and a free vegetarian feast. The

## Inside



### Sports

Ranger softball squad takes two of three games against much larger schools.

Page B1



### Arts

"Last Night of Ballyhoo" at Art Center reviewed.

Page A8

evening concludes with an informative video about the village of Vrindaban, India, where Krishna appeared 5,000 years ago. For more information, call 640-0405.

**OVN DEADLINES MOVED UP TO FRIDAY:** All deadlines for the Wednesday, Sept. 5, issue of the Ojai Valley News will be moved up to Friday, Aug. 31 at noon, due to the Labor Day holiday on Monday, Sept. 3.

Obituaries	Mind, Body & Spirit	Opinion	Around Our Valley	Health	Performing Arts	Sports	Classified	People
A2	A4	A5	A6	A7	A8	B1	B2	B4

Go to **ojaivalleynews.com** for a new way to look at your community  
Local focus since 1891

# OEF revisits 'Garden of Knowledge'

Annual fund-raising event features Heino and other top artists, authors

**Kimi Romming**  
OVN contributor

Due to popular response, the Ojai Education Foundation will host its second Annual "Garden of Knowledge" fund-raising event on Saturday, Sept. 8, at a private residence from 3:30 to 8 p.m. to benefit Ojai's public school programs. This signature event will include "The Magic of Science" presentation by Jim Bailey, the presentation of the OEF Education Hero of the Year award to Cathy Maynard, a raffle drawing for works by Ojai artists Otto Heino, Ted Gall and Nancy Whitman, a silent auction of works by other nationally known local artists, book signings by Ojai authors, performances by a world-class jazz ensemble, and cuisine based on seasonally fresh, local foods.

The "Garden of Knowledge" event tickets are \$150 per person (and include one art raffle ticket.); raffle ticket donation is \$25 or 5 for \$100 (winner need not be present).

"OEF is committed to working with the community and individuals and organizations that believe in the importance of education funding to bridge any budgetary deficiencies," Thayne Whipple, president of the OEF board explained, "our current objective is to help the OUSD deliver the highest level of science education to its students. We are excited and hopeful that the 'Garden of Knowledge' event will continue to support that objective."

OEF is a community-based, nonprofit organization that promotes excellence in public education by building community support and providing resources to our schools. Since 1993 the OEF has been pursuing its vision to "create a vibrant, rich, inspiring educational experience for the children of Ojai."

For example, during 2006 Bailey created and delivered hands on science lessons to more than 300 elementary students per week at all of Ojai's elementary schools as the district's elementary science specialist, a part-time position made possible by a grant from the Ojai Education Foundation.

As proof that Bailey's "science magic" is working, 2007 scores from the California Standards Test for Ojai's fifth grade students increased from 42 percent in 2006 to 52 percent of the students scoring proficient or advanced this year.

Local authors who will be in attendance include:

• John Broesamle: The author of half a dozen books on American history and higher education, he will be signing copies of "Twelve Great Clashes That Shape Modern



Submitted photo

**OUSD science teacher Jim Bailey brings his "Magic of Science" presentation to the Ojai Education Foundation's raffle and auction.**

America: From Geronimo to George W. Bush."

• Carter Crocker writes for children's television programming, and has won two Emmys and a Humanities Award for his work. His young adult novel, "The Tale of the Swamp Rat," was a Book Sense Pick and is now in paperback.

• Susan Florence is an internationally known author and artist whose gift books have been selling since 1987. Her recent line of books, the "Journeys Series," are short meditative reads painted with soft, loose watercolors, many reflecting the beauty and peace of Ojai.

• Marty Fujita is an evolutionary biologist and founding director of The Nature Conservancy's Indonesia Program. Her book, "Archipelago: the Islands of Indonesia," co-authored with Gavan Daws, celebrates the travels and discoveries of the great naturalist, Alfred Russel Wallace.

• Gai Jones: Founder of California Youth in Theatre and author of a new book for theater instructors and practitioners titled "Raising the Curtain," she also teaches extension classes for theater educators at two California State University campuses and directs for the Ojai Art Center Theater.

• Rick Ridgeway: One of the world's most foremost mountaineers and adventurers, Ridgeway became the first American to reach the summit of K2 and the first to do it without bottled oxygen. He is the author of six books, including the highly acclaimed "Seven Summits," "The Shadow of Kilimanjaro," "Below Another Sky" and, most recently, "The Big Open" about his expedition to northwest Tibet.

• Jim Ruch: Ojai's conservationist-rancher-poet. His book, "A Somewhat Different Nature," is filled with poetic confidences as well as a sensitive view of man's place in this world," according to a recent review in the Ojai Valley News. Images in "A Somewhat Different Nature" are from Ruch's lifetime of resource management, conservation and

history to dead famous. He has investigated sites from Hawaii to the United Kingdom. He continues to explore the unknown and lead tours of haunted places. Senate is the author of "Ghost Stalker's Guide to Haunted California" (Mass Market Paperback) and maintains a spooky web site at ghoststalker.com.

Noted Ojai artists who have donated to the silent auction include: Gayel Childress, Bert Collins, Christine Golden, Gretchen Greenberg, Jennifer Moses, Julia Pfeiffer, Susan Stinsmuehlen-Amend, Jean Smart, Bruce D. Tomkinson and Elizabeth White.

Sponsors of the 2007 Garden of Knowledge include Ojai Community Bank (title sponsor), Ojai Valley Community Hospital, Santa Barbara Bank & Trust, Mid-State Bank & Trust, Judi and Ron Polito, Nancy Whitman Studio, Ojai Valley Family Medical Group, and Green Lotus Events.

For more information contact the Ojai Education Foundation at ojaief.org or call 200-8396.

# Suzanne's site of festival's meeting

**Gina Gutierrez**  
OVN contributor

The annual general meeting of Ojai Festivals, Ltd. will be held on Sept. 15 at Suzanne's Cuisine in Ojai.

A no-host lunch will begin at 12:30 p.m. with the general meeting commencing at 1 p.m.

Festival artistic director Thomas W. Morris will provide a re-cap of the 61st annual Ojai Music Festival, which built on the success of the 60th anniversary season by retaining high ticket sales, expanding national and international media attention, and improving the festival's financial stability.

In addition, Morris will give a sneak preview of the 62nd Ojai Music Festival concert lineup, scheduled for June 5 to 8, 2008, with internationally renowned conductor David Robertson as music director.

The meeting's agenda will also include welcoming new board member Jon Hogen of Glendale, Calif., and current board member Christine Drucker as the festival's incoming board president.

Lunch is \$30 per person. For more information or reservations to attend, call 646-2094. For information on the Ojai Music Festival go online at OjaiFestival.org.

*The CHP will go into its maximum enforcement period this holiday weekend.*  
**DON'T DRINK AND DRIVE.**



**Newly Remodeled Facilities**

Joseph H. Ryba Gary W. Cullins

Family Owned

**Joseph P. Reardon Funeral Home**

Serving the Ojai Valley since 1911

**Fully Staffed and Equipped to Provide Caring and Compassionate Service at a Reasonable Cost**

- Burial
- Cremation
- Shipping
- Prearranged Funeral Plans

757 East Main Street  
Ventura, California  
Ca FD #883

*Please call for an appointment*

**(805)643-8623**

**DAVE NEVILLE**  
Attorney at Law, Master of Laws (LL.M) in Taxation

**OVER 15 YEARS EXPERIENCE**  
representing public companies, family businesses and individuals.  
Business and real estate transactions • Corporate counseling • Trademark and copyright • Civil litigation and trials  
Asset protection • Wills, trusts and estate planning

**(805) 640-6468**  
111 West Topa Topa Street • Ojai, California 93023

## I don't want All the business...



**Mike Willett**  
320-8174

...just yours!

**COLDWELL BANKER**

Property Shoppe  
646-7288

The Ojai Valley News (SSN40598000) is published twice weekly, Wednesday and Friday, at 408 Bryant Circle, Suite A, Ojai California.

Postmaster send all address changes to Ojai Valley News, P.O. Box 277, Ojai, CA 93024.



Printed on recycled paper using soy-based ink

**Gem Quest Inventory Liquidation SALE**

Sat. Aug. 25 to Sat. Sept. 1

**Up to 70% OFF marked prices**

Open 11-4, Tues. - Sat.  
Gem Quest Jewelers  
108 N. Signal St., Ojai  
646-3800

Custom designs, repairs, appraisals, consignment, and jewelry for entire family.

**Ojai Valley Weather Report** Aug. 29, 2007

**Seven Day Forecast**

**Wednesday**  
Mostly Sunny  
High: 94 Low: 59

**Thursday**  
Mostly Sunny  
High: 96 Low: 62

**Friday**  
Mostly Sunny  
High: 96 Low: 60

**Saturday**  
Mostly Sunny  
High: 93 Low: 59

**Sunday**  
Mostly Sunny  
High: 92 Low: 58

**Monday**  
Mostly Sunny  
High: 92 Low: 60

**Tuesday**  
Mostly Sunny  
High: 94 Low: 61

**In-Depth Local Forecast**

Today we will see mostly sunny skies with a high temperature of 94°, humidity of 41% and an overnight low of 59°. The record high temperature for today is 110° set in 1967. The record low is 45° set in 1980. Thursday, skies will remain mostly sunny with a high temperature of 96°.

**Last Week's Regional Almanac**

Date	Hi	Lo	Normals	Precip
Monday	95	64	90/56	0.00"
Tuesday	94	65	90/56	0.00"
Wednesday	86	66	90/56	0.00"
Thursday	83	65	90/56	0.00"
Friday	84	63	90/56	0.00"
Saturday	85	63	90/56	0.00"
Sunday	87	67	90/56	0.00"

Rainfall since July .000" Average temp ... .76.2  
Normal rainfall .000" Average normal ... .73.0  
Departure ... .000" Departure ... ..+3.2

**Today's Regional Map**

**Local Sun/Moon Chart This Week**

Last	Day	Sunrise	Sunset	Moonrise	Moonset	First
9/3	Wednesday	6:28 a.m.	7:28 p.m.	8:16 p.m.	7:49 a.m.	9/19
	Thursday	6:28 a.m.	7:26 p.m.	8:45 p.m.	8:59 a.m.	
	Friday	6:29 a.m.	7:25 p.m.	9:18 p.m.	10:10 a.m.	
	Saturday	6:30 a.m.	7:24 p.m.	9:54 p.m.	11:23 a.m.	
	Sunday	6:30 a.m.	7:22 p.m.	10:36 p.m.	12:36 p.m.	Full 9/26
	Monday	6:31 a.m.	7:21 p.m.	11:27 p.m.	1:48 p.m.	
	Tuesday	6:32 a.m.	7:20 p.m.	No Rise	2:54 p.m.	

**Local UV Index**

0-2 3 4 5 6 7 8 9 10 11+

UV Index  
0-2: Low, 3-5: Moderate, 6-7: High, 8-10: Very High, 11+: Extreme Exposure

**National Weather Summary**

The Northeast will see mostly clear to partly cloudy skies, with the highest temperature of 98° in Belleville, Ill. The Southeast will experience scattered thunderstorms, with the highest temperature of 100° in Henderson City, Ky. In the Northwest, there will be mostly clear skies, with the highest temperature of 97° in Medford, Ore. The Southwest will see mostly clear to partly cloudy skies, with the highest temperature of 113° in Imperial, Calif.

**Weather Trivia**

Has there ever been a year without an Atlantic hurricane?

**Answer:** In 1907, four tropical storms formed, but none became hurricanes.

© 2007, Accessweather.com, Inc.

## Community forum stresses unity

Noise, crime, drugs, zoning and illegal workers top citizens' list of concerns

ourmotowne.org. The gray area between loitering and harassment was debated, with several women sharing experiences of being intimidated by groups of men while trying to walk near the corner of El Roblar Drive and Lomita Avenue. Suspicions of drug dealing around the businesses and parking lots, public intoxication, public urination and graffiti were more specific infractions witnessed.

Some attendees had concerns regarding complaining about suspected illegal activities because when they had previously, it often resulted in retaliatory behavior. Others shared positive experiences they had in contacting police, their response to and support for the incidents.

The discussion shifted to zoning violations and the difficulties residents have in determining if a property is in violation and which agency should be contacted. Steve Offerman from 1st District Supervisor Steve Bennett's office was on hand to answer those questions.

"Code enforcement is a very popular topic across Ventura County unincorporated areas," said Offerman. "It's very difficult to enforce." He said new officers have recently been hired for enforcement and the county is instituting new procedures for code violators where fines are attached to property tax bills.

Those who had attempted to remedy zoning violations in their neighborhood brought up the backlog of complaints and low staffing, but Offerman said that most recent complaints were handled first and the backlog addressed as staff had time. "Written complaints go to the top of the pile," Offerman said to encourage those with serious concerns to make it official.

"We never encourage people to go out and confront the code violator," Offerman said. "Put it in writing. The code enforcement officers are like anybody else. The more information you can provide them, the easier it is to do their jobs."

The confusing legal variation in Meiners Oaks zoning was mentioned. Legal dwellings were often difficult to discern from illegal conversions. For people wanting more specific zoning information, Offerman invited them to go to countyofventura.org and explore the agency menus.



Maryann Huggins makes a point to Steve Offerman, of Supervisor Steve Bennett's office.

Offerman suggested that people fill out the complaints and let the county sort it out. He explained that a letter would be sent to the property owner, who is given 30 days to remove the violation or show that he is not in violation. After that, an investigator comes out to check the status of the property. If it is determined that the property is still in violation, fines begin accruing and steps are taken to enforce the zoning ordinance. Complainants' names are kept confidential.

Sheriff's Senior Deputy Jim Popp spoke to residents regarding crime issues in the community. "Last time when I was here, you had some concerns about noise pollution and,

if I heard you correctly, you still have," said Popp. The attendees concurred, with weekend motorcycle noise at the top of the list, followed by loud stereos.

"I would like to see a one-month campaign to go after noise violators," said resident Beth Von Gunten. Popp replied that such campaigns are funded by grants and he would have to check to see if such funds were available.

Popp was very supportive of efforts to form a community watch in Meiners Oaks that is coordinated by a web site. "It's really important to get the communication highway going."

Popp explained that loitering was not illegal in unincorporated Ventura County. He said it is behaviors, such as drug dealing, that can be enforced and the Police Department is always working to squelch such activities.

At the end of the meeting, many volunteered for action committees to address solutions to problems. Besides zoning, noise, and crime groups, Beautification and Neighborhood Watch committees were started and the next meeting is expected to break into groups to begin exploring solutions.

The Meiners Oaks Community Forum meets the fourth Monday of each month at the Church of the Living Christ at 190 E. El Roblar Drive. The next meeting will be Sept. 24 at 7 p.m.

## M.O. residents seek Neighborhood Watch

Laignee Barron  
OVN intern

Stephanie Wood is determined to change the Meiners Oaks' neighborhood for the better.

Wood, together with neighbors Sue Moore and Naomi Stephans, called together a Neighborhood Watch earlier this month. Their first meeting drew more than 60 residents, who expressed concerns ranging from motorcycle noise, to the 11 liquor licenses in the neighborhood, to drug houses and homes that are rented illegally to too many people.

In an effort to make progress, Wood decided that each section of the neighborhood should be delegated to a group with a captain. This captain will be accessible and report on any happenings, which will be posted on the Neighborhood Watch web site.

"We're hoping everybody will pull together, with everyone doing what

they can — like a neighborhood is supposed to be," said Wood. "We get so busy with our own lives that we go home, close our doors and never come out, but this is a great opportunity to open the doors and help others."

Wood, a small business owner, has been a member of the Meiners Oaks community since she was 18. Although at one point she moved down to Los Angeles for a few years, she still owned and maintained a home in the valley. In 1996 she moved back to Meiners Oaks, and now can't see herself living anywhere else.

The idea for forming a Neighborhood Watch began following several unfavorable events, including having her purse stolen from her vehicle.

But what really got Wood started was an event she heard about that occurred a few years back. "There was this guy pumping gas at the station, minding his own business.



Photo by Ashley Lowe

### Hoopin' It up

Oak View Teen Center participant Hector Murillo gets into the spin of hula hooping, thanks to Phyllis Schaller of Java 33, who brought hula hoops for the teens to try out this summer. This Ojai Valley Youth Foundation program is free to teens of the valley; health and fitness activities are supported by a generous grant from Ojai Rotary Club's Fit Kids-Fit Ojai campaign. For more information, call Ashley at 640-9555.

Some thug kids asked him, 'What are you looking at?' There were people there and it was in broad daylight, but these kids proceeded to beat this guy and took off his windshield wiper and hit him with it. The people there didn't do anything. They rolled up their windows and locked their doors," she recounted. "I was appalled by what happened, of course, but I was even more appalled that people didn't do anything about it. And I thought, 'We need to band together and make things better, to not be afraid and let it get worse and worse.'"

Since then Wood has been

planning projects for the Meiners Oaks Neighborhood Watch, including a Beautification Day in October, getting the community involved, notified and participating, not just in task force work, but, she hopes, in fun events too.

"This is a fabulous community, with people who have lived here for decades — artists, professionals and people who care for their family and the neighborhood," she said. "I hope we create a model for other Neighborhood Watch programs and create a strong community."

For more information, call 640-2446 or visit ourmotowne.org.

## O.V. Library hours extended

To better serve our community, the Ventura County Library will be adjusting schedules and adding hours to several libraries.

Beginning Tuesday new hours for the Oak View Library, 555 Mahoney Ave., are as follows: Monday through

Thursday, 1 to 6 p.m.; closed on Friday; Saturday, 10 a.m. to 2 p.m.; and closed on Sunday. Call Oak View Library at 649-1523 for more information.

The Ventura County Library can also be accessed at vencolibrary.org.

# OAK VIEW SHOP LOCAL

Ojai Valley's  
#1 Tire Center!  
since 1971



**TIRE MAN**  
Tires • Wheels • Brakes • Shocks • Alignments

649-2830

Entrance to

## Marina Cafe

is Free

### Marina Cafe

Located at Lake Casitas Recreation Area

Breakfast • Lunch • Dinner

We Cater!

# 649-2514

Open 7 days Mon-Thu 6-5 Fri-Sat 6-8 Sun 6-5

**LIFE CHANGES.**  
Your insurance agent can help you stay in step.



Whether you've had a baby and bought a new car, or now have a teenager on the road, your insurance should keep up with your life. Call today for a free review to help you decide what protection is right for you.

JILL OLIVARES  
Insurance Agent  
(805) 649-6090  
378 N VENTURA AVE  
OAK VIEW  
jillolivares@allstate.com  
CA Lic: 0729682  
Call or stop by for a free quote



Boccali's

PIZZA & PASTA!

649-1057

840 N Ventura Ave. Open 7 Days

Advertise in  
"Oak View Shop Local"  
for only \$20/week

Call Misty Volaski at 805.646.1476 ex 228



Submitted photo

## Tribal Gathering

Larisa Stow and Shakti Tribe will appear at Lulu Bandha's Sept. 8 at 7:30 p.m. for an evening of kirtan and at a yoga and mantra workshop Sept. 9. For information: 640-7868 or lulubandhas.com.



Risa D'Angeles

## ASTROLOGY

# Saturn enters Virgo

Esoteric astrology as news for the week of Aug. 30 through Sept. 5:

It's almost autumn, we're under Virgo now, and Monday's Labor Day. Let us be grateful to all those who have labored and served us this past year in small and large ways. In turn, let's review how we have served and labored for others.

The important astrological news is Sunday Saturn (structure and intelligence, Ray 3) enters Virgo (health, service, food, agriculture, Rays 2 and 6) for a two-and-a-half ear stay to restructure humanity's entire life. Saturn structures our time and ways on earth. Saturn disciplines us, shapes our daily life, our thoughts and mind. Saturn restricts us when needed and provides divine intelligence after a strong and firm lower mind (part of the personality) is built. Saturn is the rule giver, the dweller on the threshold. "Are you prepared for the higher spiritual Initiations?" Saturn asks. Virgo is the sign of health, service, agriculture, daily activities, tending to others, small animals, and the madonna who harbors quietly the new state of consciousness (birthed at winter solstice, see monthly overview at nightlightnews.com).

If we put the two, Saturn and Virgo, together what can we expect for the next 30 months? A restructuring of all things material. Saturn is the lord of structure and matter loves to be structured (Virgo) so that it (matter) can be more refined in order to do its spiritual work (at the core of matter is the fire of spirit). Matter provides humanity with the tools and resources of life here on Earth. When something is restructured and refined it then advances, evolves and spirals upward. Read more at nightlightnews.com.

The following overviews how Saturn in Virgo will affect each sign as Saturn simultaneously calls us to tend carefully to our health, food, diet, exercise and to begin a study that will restructure our minds so that we may better serve one another.

**ARIES:** You will begin, slowly yet surely, to get everything in order. This will be a different activity for you. Because you are the sign that initiates all realities, you will be a

forerunner at organizing and ordering and because the times we are in call for this, you will also realize that order and organization creates a great impact and is beneficial for what's to come. Prepare in all ways for coming changes.

**TAURUS:** Your expression, ability to express, your new identity based upon your creative expression will evolve and expand. And as it grows it will convey your deepest gratitude for the gift of life itself. So many things will occur for you. Mostly your inner self will continue to be reformed as you interact more deeply and intimately with others. Amidst all of this you will also experience interesting times of withdrawal in order to synthesize the growth experiences.

**GEMINI:** If I said, and I will, that you must begin to secure and build up your foundation, what would you think that mean and what would you do? This could mean your cellar or the foundation beneath your home. It could also mean your inner self that will take you into the next 14 years in preparation for greater world in the world. Doing both is good. Begin with one and all the rest will take care of itself.

**CANCER:** Always concerned with inner truths you will now begin to understand that what you say and think affects (and alters) your outer world. Unconscious patterns and abilities will become conscious (awareness expands). In order not to be agast at what you might see, be willing to accept all parts of yourself for all those parts will be changing anyway. Nothing can be taken for granted anymore.

**LEO:** It's important to know if money or material objects hinder you from discovering and understanding spiritual values, then a lessening of money and resources could occur until you value spiritual truths. To insure yourself against loss, begin now to understand what your values are, investigate what others value, ask yourself what about yourself you value and what is the value of religious and spiritual truths. Practice gratitude.

**LIBRA:** What in your life needs closure, finishing up, completing, tending to? Are there projects left undone, people needing contact, events and activities still waiting your special attention? In the next two years, tend to all of these carefully, quietly, joyfully, and with a state of cherishment. Learn about this last word, learn what it means to cherish so that in the new order

to come, you are.

**SCORPIO:** Many Scorpios like the individual solitary experience more than integrating into a group. You will eventually be interested in joining a group realizing it's there that new ideas come forth, group telepathy occurs, and safety and achievement emerge through a common purpose. Someday you will be in charge of this group. Then you'll learn how to command true power, joining it with love. Love and power are companions.

**SAGITTARIUS:** We're almost in harvest season, quite like the next period of your life which is also a harvest season. Though you often thought all was lost in the emotional upheavals experienced this lifetime, there's so much more to come, so much goodness to reap that the next three years are years to look forward to. I'll not say more here because you'll color in the outlines of a life that will hold goodness and glory.

**CAPRICORN:** Great stability of thoughts and goals and the understanding of how life works will begin to appear as a foundation in your life. There are many who won't be able to understand how life works for several more lifetimes to come. You may find yourself seeking a deeper religious experience. Follow this aspiration for it's the proper time for it to occur. If a parent, give this experience to your children, too. A loving religion will stabilize them as they grow.

**AQUARIUS:** You will find that great transformations, inner and outer, begin in your life. There will be changes in how you relate to others, in accepting and understanding different value systems, and in learning how to work with and through conflict. Tend very carefully to your resources; know where they are at all times. Intense encounters with others also may occur. Be prepared to stand always in the center and observe. Other will then learn from you.

**PISCES:** For 14 years you've been creating a firm foundation of experience. Your inner world, now developed, will shape a new outer world. Relationships are cultivated, then refined. Some Pisceans may marry or divorce, others commit to work that heals and helps. Some Pisceans will begin new relationships that have great depth. You will live up to all your hopes, wishes and needs. Life will too.

Risa D'Angeles is founder and director of the Esoteric & Astrological Studies and Research Institute, a contemporary wisdom school in Santa Cruz, Calif., which also publishes *Night Light News*, a monthly esoteric/astrological journal available by subscription at nightlightnews.com. For information call (831) 426-1143, mail to Esoteric & Astrological Studies & Research Institute and *Night Light News Journal*, P.O. Box 2780, Santa Cruz, CA 95063, or e-mail [risa@sufnetusa.com](mailto:risa@sufnetusa.com).

# Krishna plans Ojai visit

Noted author headed to Ojai House/Soul Centered after United Nations conference

Soon the residents of the Ojai Valley will have the rare opportunity of meeting with Anand Krishna of Indonesia. A well-known nationalist and spiritual master, he works tirelessly to promote interfaith peace, harmony and understanding in a country where the majority of the populace is Muslim.

Krishna has written and published more than 104 books within the last 10 years. His nonprofit organization, called Anand Ashram, has been granted the honor by the United Nations

of being recognized as a non-government organization. His is the first interfaith organization to be granted this NGO status in Indonesia.

This will be his first trip to the United States. He will attend a conference at the United Nations concerning global warming and then come to Ojai, along with two of his associates.

Krishna will speak at Soul Centered on North Montgomery Street on Sept. 9 at 4:30 p.m., followed by a community vegetarian potluck on the back patio of Ojai House at 6 p.m., where he wants to meet the people of the Ojai Valley.

Krishna is also scheduled to lead a meditation, "Love: The Only Solution," on Sept. 11 at 7:30 p.m. at Soul Centered. Call



Anand Krishna

640-8222 for more information or visit [aumkar.org](http://aumkar.org), [oneearthmedia.net](http://oneearthmedia.net) or [anandkrishna.org](http://anandkrishna.org).

## Casitas:

(Continued from Page A-1)

summarizing his letter to the board of the Casitas Municipal Water Agency.

"Agriculture is part of economy, along with our tourism and our education," he said. "But it's also part of our culture. And if those fields become empty, they won't be empty for long. They'll fill them up with houses."

The Casitas board tentatively approved two months ago water rate hikes of more than 50 percent for agricultural customers and about 30 percent for nine retail agencies that resell water to customers throughout the valley and in western Ventura.

But the rates on about 2,600 homes in the Oak View and Mira Monte areas that hook directly into the Casitas system remained the same.

Casitas provides water for about 65,000 people and nearly 5,700 acres of farmland in the Ojai Valley and Ventura area.

Notified of the increases in July, customers have until the end of today to file letters of protest. If a majority do not, the rates will take effect this Saturday following approval of a resolution today by the Casitas board.

Through Monday, Casitas had received 47 protests, said Ron Merckling, district spokesman.

"The large majority of those were from agricultural customers.

And I've received 13 phone calls. One person called three times."

In one protest letter, Ventura attorney Robert Baskin, who owns a five-acre orchard near Ojai, said that he is one of the small farmers who would be driven out of business by the rate increase. His orchard already loses money, and the increase "will cause many small orchard owners to begin the process of abandoning their orchards."

"This (orchard) greenbelt surrounds our homes and cities, provides beauty, improves our water shed and air quality and helps to provide a buffer of protection for fire control," Baskin wrote. "As these orchards are abandoned ... Casitas will generate less revenue, not more. ... The end result is that you will be contributing to the squeezing out of small family orchards, the drilling of wells on larger ranches, and a loss of quality of life for the Ojai Valley."

In another letter, longtime east valley ranchers Jim Coultas, Jim Churchill and Roger Essick proposed a basic shift in how Casitas charges for water. The current system unfairly loads the bulk of costs on the backs of farmers, they said.

"With this letter we mean to open a constructive dialogue with the board ... " they wrote. "Ojai's agricultural community recognizes the importance of maintaining the district's

infrastructure and is not in principle opposed to adjusting water rates to accomplish that."

Now, Casitas charges administrative, overhead and delivery costs based primarily on how much water a customer receives. That means that 257 farmers who use 44 percent of the district's water, pay the most. And nine retail water agencies that receive 37 percent of its water, including the city of Ventura water department, pay nearly a third of the cost. Residential customers, who use only 9 percent of water, pay far less.

The farmers asked the board to consider charging all customers with a meter, including those who would receive water only in emergencies, to maintain the pipes, pumps and tanks that would bring the water to them. That would mean that water users in Ojai, Meiners Oaks and Casitas Springs would be charged a maintenance fee even though they receive their water from other agencies.

"Agriculture these days is a perilous occupation," wrote Coultas, Churchill and Essick. "Citrus in the Ojai Valley is economically marginal at best. If

costs go high enough, people aren't going to continue to do it. This will lead to idle land, which one way or another will dramatically change the culture of the Ojai Valley."

A key consideration in final Casitas board action is a 2006 State Supreme Court decision in which justices ruled that Proposition 218, passed by voters in 1996, requires equitable distribution of water costs.

Even with the farmers' rate proposed to increase from \$208 an acre-foot to \$312, they would still pay far less than the \$667 charged to residential customers. (An acre-foot of water meets the needs of two typical households for a year.)

Casitas officials have said they might be able to legally justify the lower rate because agricultural

users do not need the high quality water delivered to their orchards since a sophisticated treatment plant was built a decade ago to meet state drinking water standards.

If all costs, including treatment, were included, farmers would pay \$521 an acre-foot, 150 percent more than they pay today, analysts said. The proposed \$312 farmers' rate covers the bulk of their water's \$365 basic cost, but none of the \$165 per acre-foot treatment cost, they said.

But farmers see Proposition 218 in a different light.

Coultas, Churchill and Essick wrote: "We believe that in attempting to apply Prop. 218 ... you have done exactly what Prop. 218 was meant to prevent, which is unfairly load a disproportionate share of the

costs onto one class of user. ... We believe that your current model and proposed rates cause agriculture to subsidize other classes of user."

The farmers propose a more sophisticated cost analysis.

"To carry out the mandate of Prop. 218 the very least you must do is examine the budget categories individually and determine for each category whether its costs should be allocated based on volume of water used or on number of meters for that class of customer. ... Administrative costs should be recovered through meter charges; pumping costs should be recovered through water charges."

The water rate hearing is set for today at 4:30 p.m. at the Casitas headquarters on state Highway 33 in Oak View.

**TERRAMOR**  
organic home

Soft, luxurious and eco-friendly  
Bed, bath and baby  
Good for you, good for the earth

147 W. El Roblar Dr. • Ojai, CA • 805-640-3699

**Lord Krishna's Appearance Day**  
Sat. Sep. 1st 6:30pm

- Pastimes of Lord Krishna Remembered
- Introduction to Sanskrit Mantra Meditation
- Extraordinary Karma-Free Feast!
- Informative Video Presentation
- Auspicious Kirtan & Conversation
- Held In Beautiful Outdoor Garden

687 Villanova Road  
Ojai • Info: 640-0405

American Vedic Association

THE ANSWER  
TO THESE  
QUESTIONS  
IS ON THE  
horizon

## Letter to Ojai Liberals

Michael Urbanek  
Guest editorial

My first experience in the blog world recently has been an eye-opener. The venue was OjaiPost.com, and the subject was the restricting of access to Nordhoff students by military recruiters.

That debate will not be repeated here because, frankly, I am now bored by it. Although there was some thoughtful discussion from the other (liberal) side, I was amazed at the level of meanness and lack of ability to listen to another opinion. It was sad. Whether the events are international or local, anger seems to be the first response of many of those on the left.

Before I go any further, can we stipulate that left, right, liberal, and conservative aren't bad words? I'll even throw in progressive if that floats your boat.

My question is, can't we converse better than this in Ojai? I'm not only referring to national and world issues. I'm talking about chain stores, gravel trucks, property taxes, elections, and any subject requiring debate now or in the future. There are two situations that can be addressed which will help the liberal Ojai majority better understand their conservative neighbors. None of us are going anywhere, so we might as well make an effort.

Action Item No. 1: This newspaper should publish some conservative thought. I don't blame the OVN. They probably don't receive much conservative input, and that is our fault. But you see, when there is so much anger displayed in letters to the editor and thumbs up/down, it emboldens people. It makes them crazy. They begin to think they are normal. Accusations fly and conspiracy theories abound. I occasionally consider replying to some of the letters, but I'm laughing so hard I can't type! And then I have to go to work.

Ah yes, work. That is another thing about conservatives. We tend not to write letters to the editor. It is the same reason that our conservative leaders fail us. Mostly, the Republican leadership is our "B" team. Those on our "A" team are living their lives, going to work, raising their families and accomplishing things. This will come as a shock to most Ojai folks, but conservatives don't want to run anyone else's lives. Most of us don't seek public office. In fact, we would like to see most public offices closed, as soon as possible!

This is where liberals beat us. Liberals are raised to tell other people what to do, where to go, what not to say, and what kind of health care they should receive (among many other things). Liberals own

the public education system, and the best and brightest are trained to properly manage their trust funds, get elected, and subsequently tell us how to live. By the way, the liberal elite does not live that way themselves. Do as they say, not as they do.

So to my fellow conservatives in Ojai, I say help the editor out, for crying out loud. Write a letter! (A nice letter!)

Action Item No. 2: Bush derangement syndrome has spiraled out of control. You need to give it a rest. A mind is a terrible thing to waste, even a liberal one. As with many bad habits, the first step is to acknowledge that you have a problem.

I understand clearly why liberals hate George Bush. The 2000 election, the Iraq War, the 2004 election, the foreign surveillance program, Hurricane Katrina — the list goes on and on. He's a frat-boy, a hayseed. He's inarticulate. And man, when he put on that flight suit! That had to be horrible for you. I get it, I really do. So, I am going to help angry liberals begin recovery so they can "move on" with their lives.

Read the following statement at least five times each day for three weeks:

"George Bush is not running for president in 2008."

Read it calmly, slowly and, most importantly, without emotion. That will be difficult at first, but you must keep trying. Repetition and discipline are the keys. I realize that discipline thing is a hard one, too, but trust me — I am only trying to help you.

Bush is going to be gone. And forget about impeachment. It ain't gonna' happen. Besides, Your High Priestess, The Smartest Woman in the World, will probably prevail in 2008. The thought of a third Clinton administration should complete the calming process. It might help if you close your eyes and imagine how miserable I am going to be. There now, isn't that better?

So first get to know your neighbors, and understand what some of our conservative principles are. Not so much that you come over to the other side, just enough so you don't automatically mistrust us. You have already expanded your knowledge by reading down this far. Second, cure yourself of the aforementioned Bush derangement syndrome. He's a short-timer, and has nothing to do with the chain stores or the gravel trucks. Really.

Now, can we please have a civil conversation?  
Michael Urbanek has lived in the Ojai Valley since 1979 and is an architectural photographer.

## thumbs up, down



• A reader sends a thumbs-up to the excellently staged production of "The Last Night of Ballyhoo." It was a delight! We are so lucky to have our own local theater at the Art Center.

• A reader sends a thumbs-up to Help of Ojai for providing seniors with information and assistance with filing for Homeowners and Renters rebates! "As a result, I discovered that my mother-in-law is eligible for the homeowners rebate. She is now 77 and this is the first time she has heard of the program. She could have been receiving the rebate since age 62, but the State of California doesn't let you file for prior years. Thank you, Help of Ojai!"

• A reader sends a thumbs-up to the Bryant Street Gym for providing a great and unpretentious environment to work out in and a terrific morning staff.

• A reader sends a thumbs-up to Ojai Clothing Co. for standing behind their product and replacing some pants that they could have just mended.

• A reader sends a thumbs-up to the 29 percent of Ojai voters and the 58 percent of Oak View voters who helped elect a president that will go down in history as one of our greatest.



• A reader sends a thumbs-down to the powers-that-be for allowing the demise of the public school mediation program. Unbelievable, when could it be more needed? Eleven years of progress, and then it's gone, please explain!

• A reader sends a thumbs-down to the dog park issue. What we really need is a year-round homeless shelter, not a dog prison!

• A reader sends a thumbs down to the opinion of the reader who posted a "thumbs down" to churches that fail to display the American flag. If someone wants to start a "Church of American Values" and drape its edifice with American flags, that is fine. Otherwise, keep nationalistic symbols, slogans and hubris out of places of worship. Religion has become a tool of fanaticism today. The voice behind organized slaughter and butchery invariably says, "God is on our side."

This column is meant to provide commentary on a specific act or statement and is not meant to imply blanket support or condemnation. Submit your suggestions by mail, e-mail or fax. Your name and a telephone number must be included for consideration, though they will not be published.

Thumbs may also be submitted on the Internet at thumbs@ojaivalleynews.com

## LETTERS TO THE EDITOR

### Farmers seek fair deal from Casitas

JIM RUCH, OJAI

Kudos to Emily Thacher Ayala for her outstanding op-ed article about the water problems facing farmers in the Ojai Valley. And kudos also to Bret Bradigan for his excellent follow-up editorial pointing out the vital importance of agriculture in sustaining the culture and ambience of this special place.

And, thanks to both of you for explaining the tenuous thread by which farming and its green open space benefits can be maintained as a viable economic enterprise here.

There are two points I would like to add to what has already been said.

First, the Ojai Valley is essentially out of water.

Second, farmers are asking for a fair price from Casitas, not a subsidy.

First, the only water we get is what falls from the sky, in a few winter months each year. It is caught and stored in Matilija and Casitas reservoirs or in the Ojai groundwater basin. What isn't stored in these three places runs out either on the surface or underground and our streams go dry every year, some years earlier than others. There is no economically reasonable source of imported water.

To put it colloquially, "What we have is what we got." And we have committed all we have.

With the decision to limit the diversion of water to Casitas at certain times to provide flows for fish more water has been allocated than the safe yield of that reservoir. What that means is that if we have a sustained drought, similar to ones that have occurred in the past, Casitas could go dry. At the same time we know that shallower wells in the Ojai groundwater basin will go dry.

And someone is going to get hurt. Farmers have already implemented intensive conservation measures, minimizing any water waste as a matter of economic necessity.

The measures that will need to be imposed in a serious drought will include everything from losing crops while trying to at least save the trees, to ending lawn watering, drying up golf courses, and imposing fines for washing cars and sidewalks. And it surely should mean an end to any new "will-serve" letter from

Casitas, Golden State Water, or any of the small water suppliers in the valley.

This is not a drill. It is going to happen, if not in the next couple of years, certainly in the next decade.

Second, if we are going to continue productive agriculture in the valley, farmers need a fair deal from Casitas. Today Casitas charges only one way, on the volume of water delivered. The problem is that there are thousands of folks who are counting on the availability of Casitas water, but they are not paying anything for the huge cost of building and maintaining the infrastructure, operating the Casitas organization, or even the high cost of maintaining treated drinking water which farmers don't even need or want.

These costs should be allocated on the basis of the total number of meters, not just Casitas meters, but the thousands of meters through which the wholesale water distributors such as Golden State and Meiners Oaks and the like distribute the Casitas water they rely on as their backup water source. It is like insurance.

Knowing that treated Casitas water will be there when you turn on the tap as a guaranteed backup to your local water distributor, is a cost that should be borne by all of us, not just loaded on the backs of our relatively few farmers.

Farmers use about 40 percent of the water in the valley and should pay their fair share of that volume of water delivered. But the cost of treating the water, building and maintaining the infrastructure of the system, and operating the organization should be shared equally by all of us.

Without water we are dust. We must use it wisely.

### Looking forward to next year's fair

LINDA POTTER, OAK VIEW

Going to the fairgrounds on the Monday following the closing of the fair can be a somewhat disappointing scene. But it can also remind you of the great fun and food and leave anticipation in your heart for next year's event.

I believe all of the wonderful volunteers at the fair work the hardest on the entry dates and on the Monday following the last day of the fair. I am always

amazed at the organized procedures to get every entry in and then to get every entry back into the hands of the participants.

There is something very special about entering something in the fair. It is wonderful to come home with a ribbon, but it is also such a great feeling just to enter and to have it presented and on display. In my book, everyone who participates is a winner. The home arts building was looking a tad scarce this year.

Look at the fair entry guide and make plans for next year. Try to enter something for the pure joy of participation.

On Monday, the funnel cake pans were clean. No smell of roasting corn on the cob. The rides that once held little smiling faces were now packed with leftover stuffed animals. The Dino's were all lined up waiting to be loaded up on a truck. The great Ferris wheel was being disassembled. No more sticky buns, hot dogs on a stick, curly fries and cotton candy.

But remember the very first thing that hits you as you arrive at the fair gates. It is the aroma of all the food smells blended together. (Reminds me of when I went to the Farmer's Market in L.A. as a child.)

Then you hear the music coming from all directions and the voices of little kids excited beyond belief. How many little piglets will be born next year? How many Ojai neighbors will have home arts, photographs or collections entered?

It is a great event, worth every dollar. See you there next year!

### Two letters, two solutions to woes

CAROLEJO ADAMS, OJAI

Isn't it amazing that your would have two letters to the editor, in the same paper, that can solve all our problems?

I am completely taken with Linda Potter's new Oak View with an island of palm trees.

Now put her with Leland P. Hammerschmitt and his compromise with the trucks delivering at night and avoiding weekends. I'm sure they won't mind going around palm trees.

The trees will help alleviate their pollution. Or perhaps if she can get the trees up soonest, they might decide to go another way.

## Good, and Bad, Grief

My regard for Elizabeth Kubler-Ross, she of the "Five Stages of Grief" fame, was recently rekindled. Just last week, in fact, while reading these very pages.

For on these very pages, indeed, published side by side, were two letters concerned with death and dying — the late psychiatrist's forte.

One, a heartbreaking first-person account about losing a beloved family pet to two closely related animals (pit bulls and their untrained humans), had me weeping by paragraph three. The other, a disembodied attempt to link the tragic loss of life at Virginia Tech to our "lax" gun laws, had me hopping mad by the third sentence.

Mercy, two of Kubler-Ross's five stages — denial; anger; bargaining; depression; acceptance — experienced simultaneously!

Not even when I'd faced death or dying directly was I ever sad and pissed off at the same time.

On the contrary, although grief's paid me plenty a personal visit, I don't recall feeling anything but, well, grief-stricken.

Never once did I, for example, refuse to believe that a loved one was really dead or that all three lab reports were wrong. Never once did I try to make a deal with

Kelly  
Feser Eells



God, not even as my own precious pet (also the victim of a "status" hound and its viciously selfish human) lay dying, its tiny neck broken, in my arms while we frantically drove from hospital to hospital on the worst New Year's Eve of my life. Nor have I ever "accepted" his death, much less the death of my 59-year-old grandmother — whose blind faith in anyone wearing a white coat was more a generational thing than ignorance — because "acceptance," by definition, implies approval.

By that token, I'd never approve of anything, much less support any "bill," that would place more restrictions on civilized people.

The answer to senseless violence is more restrictive gun laws?

I think not.

The fight's already unfair; why give barbarians a greater advantage than they already have?



### Mission Statement:

To inform you about the issues and events in our community with diligence and dedication.

### Ojai Valley News Blog

The Ojai Valley News features, sports and online blogs enable other issues of readers to contribute importance to the Ojai their views on news, community.

The Ojai Valley News, published on Wednesdays and Fridays, is locally owned and operated by Ojai Valley Newspapers, L.L.C., 408 Bryant Circle, Suite A, Ojai, Calif. 93023. Phone (805) 646-1476.

Entered as second-class matter at the Post Office at Ojai, Calif. under the act of March 3, 1988, Adjudication Decree No.

38975 by Superior Court, Ventura County, Feb. 26, 1952. Send forms 3579 to P.O. Box 277, Ojai, CA 93024.

Subscription rates by carrier are \$52 for one year, \$42 for seniors, \$32 for six months and \$22 for three months. Mail subscriptions are \$75 for one year, \$50 for six months and \$35 for three months.

### EMPLOYEE DIRECTORY

805.646.1476	Ext.
Bret Bradigan, publisher/editor	220
Lenny Roberts, managing editor	232
Rob Clement, production manager	221
Jodie Miller, business manager	218
Kristi Underwood, classifieds	210
Misty Volaski, advertising	228
Ross Falvo, advertising	222
Nao Braverman, reporter	235
Sondra Murphy, reporter	236
Daryl Kelley, reporter	234
Linda Griffin, editorial assistant	227
Kathy Eicher, production	217
Nancy Sandstrom, production	217
Lisa Marquez, circulation	212
Misty Volaski, reporter	236
Mike Miller, sports	214
Mel Bloom	237
Earl Bates	238
Laignee Barron, intern	213
Photography interns	221

## This Week

### Friday, Aug. 31

**PEACE VIGIL** — Bring signs and flags and join the peace vigil held every Friday at 6 p.m. at Libbey Park along Ojai Avenue by the fountain.

**"THE LAST NIGHT OF BALLYHOO"** — by Alfred Uhry is a bittersweet romantic comedy that won a Tony for Best Play. It runs Fridays and Saturdays at 8 p.m. and Sundays at 7 p.m., though Sept. 8, at Ojai ACT, 113 S. Montgomery St. Tickets are \$18 general or \$15 for students, seniors and Art Center members. Call the box office at 640-8797 or visit [OjaiACT.org](http://OjaiACT.org).

**"BE-LABOR DAY"** — Theater 150 will present "Be-Labor Day," an evening of original works directed by Kim Maxwell, written and performed by Joe Boi, Emily Jane Ditchfield, Cari Guerrero, April Hendrix, Nate Kamiya, Nancy Kurland, George Miller, Eric Nivelles, Suzanne Tufan and Jessie Wiseman, on Friday and Saturday at 8 p.m. and Sunday at 7 p.m. Tickets: \$10, available online at [theater150.org](http://theater150.org). Theater 150, 918 E. Ojai Ave., 646-4300.

### Saturday, Sept. 1

**VOLUNTEER TRAIL DAY** — The Ojai Ranger District is organizing a volunteer trail project on Horn Canyon Trail to include brushing and light treadwork on Saturday. Bring a daypack with snacks, water, sunscreen, gloves, eye protection, hat, insect repellent and wear sturdy shoes. It's a fun day to share with other hikers while doing light trail maintenance. The Forest Service will provide tools, instruction and drinks. Meet at 8:30 a.m. at the Ojai Ranger Station, 1190 E. Ojai Ave. The group will return by noon. For more information, call Heidi Anderson at 646-4348, Ext. 309.

**"DISCOVERING 10 PLANTS AND 10 ANIMALS ON THE WHEELER GORGE NATURE TRAIL"** — Join a naturalist-docent on a one-hour stroll on this short scenic trail on Saturday at 11 a.m. and again at 1 p.m. See beautiful views of a creek that flows all year long. A short lecture will be given at the Wheeler Gorge Visitor Center, and then participants take a short drive to the nature trail. Wear warm clothing and gloves. Donations: \$3 for adults, \$2 for youth 5 through 18, under 4 admitted free. Call 640-9060.

**"KRISHNA JANMASTAMI"** — On Saturday at 6:30 p.m. at 687 Villanova Road, the American Vedic Association will host the annual Lord Sri Krishna's annual appearance day celebration known in Sanskrit as Janmastami. The program will include a lively musical kirtan, an introduction to the Sanskrit language, an informative presentation about Krishna's pastimes and the best free vegetarian feast in Ventura County. The evening concludes with an informative video about the village of Vrindaban, India, where Krishna appeared 5,000 years ago. Come with a light jacket, your tough questions, and an empty stomach. For more information, call 640-0405.

### Tuesday, Sept. 4

**OAK VIEW LIBRARY STORY TIME** — A story time, followed by a craft project, is held every Tuesday at 10:30 a.m. at the Oak View Library, 555 Mahoney Ave., in the Oak View Park and Resource Center. These programs are free and parents are asked to be present with their children. Call 649-1523 for more information.

## Down the Road

**"RETURN TO ELEGANCE" FASHION SHOW** — The Ojai Valley Woman's Club, 441 E. Ojai Ave., will host a luncheon and the "Return to Elegance" fashion show on Sept. 6 at noon at the historic clubhouse. The public is welcome and suggested attire is vintage haute couture (see [dot.com](http://dot.com) "Medieval Times"). Admission of \$25 covers the show, food and beverage, and may be paid at the door or mailed to Ojai Valley Woman's Club, P.O. Box 442, Ojai, CA 93024. For reservations, call "Aunt Effie" at 649-2164 before sundown.

**GREEN COALITION MEETING** — The Ojai Valley Green Coalition will meet on Sept. 6 at 7 p.m. in Chaparral Auditorium, 414 E. Ojai Ave. Everyone is invited to attend and share in the effort to turn the entire Ojai Valley area into a model green and sustainable community. Action committees will be formed. If you cannot attend the meeting but would like to be involved, call Vivian Browne at 798-7196 or visit [OjaiValleyGreenCoalition.org](http://OjaiValleyGreenCoalition.org).

**"WHAT WOMEN WANT"** — Help of Ojai, 111 W. Santa Ana St., will screen "What Women Want" on Sept. 7 at 1 p.m. - A donation of \$2 is requested. If you have any movie suggestions, call 646-5122.

**DEMOCRATS TO MEET** — Ojai Valley Democrats will hold a general meeting on Sept. 8 at 9:30 a.m. at the Hitching Post Clubhouse, 410 Church Road. All are welcome. At 10 a.m., Dr. Sarah Otterstrom, executive director of the Ventura-based conservation nonprofit group Paso Pacifico, will talk on "Climate Change and Global Warming." Penny Strowger, Ventura County director of Health

Care for All-One Care Now, will talk on "Health Care Reform." Refreshments will be served. Park on Church Road as guest parking is limited.

**"LIVE BIRDS OF PREY"** — A live demonstration of a variety of birds of prey, owls, hawks and falcons, will be held Sept. 8 at 11 a.m. at the Wheeler Gorge Visitor Center, led by Kimberly Stroud, director of the Ojai Raptor Center. Learn about raptors and what to do if you find an injured bird. Bring the kids and chairs as the event is held outdoors. Donations: adults, \$3; youth 5 through 18, \$2; under 4 admitted free. Call 640-9060 for more information.

**"GARDEN OF KNOWLEDGE"** — On Sept. 8 from 3:30 to 8 p.m. the Ojai Education Foundation will sponsor the "Garden of Knowledge," a fund-raising event to benefit Ojai's public schools, at the home of Ojai architect Marc Whitman. The evening will feature art, music, literature and a gourmet dinner plus a silent auction and raffles drawings of artwork, book signings and the presentation of the OEF Education Hero of the Year award. Raffle tickets donation is \$25 or five for \$100 (winner need not be present). Tickets to the event are \$150 (and include one art raffle ticket.). For more information, call 200-8396 or visit [ojaief.org](http://ojaief.org).

**EVENING OF KIRTAN** — Lulu Bandha's, 306 E. Matilija St., is happy to welcome back Larisa Stow and Shakti Tribe for an entrancing evening of kirtan. Come chant and soak up the bliss on Sept. 8 at 7:30 p.m. Cost: \$20. They will lead a yoga and mantra workshop the next day from 12:30 to 4:30 p.m. For information: 640-7868 or [lulubandhas.com](http://lulubandhas.com). (\$5)

**SATSANG WITH JOHN SHERMAN** — John offers guidance in the practice of self-inquiry according to Ramana Maharshi, and encourages people to seek only the simple truth of their actual nature. Next meeting: Sept. 8, 7:30 to 9:30 p.m. at Sacred Space Studio, 410-A Bryant Circle. All are welcome, with no regard for religious and/or spiritual beliefs and practices. Free of charge, donations gratefully accepted. Call 646-0994 or visit [riverganga.org](http://riverganga.org) for more information.

**ANAND KRISHNA IN OJAI** — Well-known spiritual leader and author Anand Krishna of Indonesia will give a free talk at Soul Centered, 311 N. Montgomery St., on Sept. 9 at 4:30 p.m., followed by a vegetarian potluck on the back patio of Ojai House, 304 N. Montgomery St., at 6 p.m. He works to promote interfaith peace, harmony and understanding and founded the nonprofit Anand Ashram in Indonesia. This is his first trip to the United States. Krishna will also lead a meditation titled "Love: The Only Solution" on Sept. 11 at 7:30 p.m. at Soul Centered. For more information call 640-8222.

**"LETTERS FROM DAD"** — New Hope Christian Center, 590 Old Ventura Ave., Oak View, will host a free barbecue on Sept. 9 at 4:30 p.m. for men of all ages to introduce them to the "Letters from Dad" program, which teaches men how to leave a lasting legacy by learning to write five specific kinds of letters to their children and other family members. Call 649-2444 to reserve a seat or for more information.

**YOGA CLASS** — A new yoga class will be start Sept. 12 for six consecutive weeks, ending Wednesday, Oct. 17, from 1:30 to 2:30 p.m. at Help of Ojai. You must provide your own mat. There will be a \$30 non-refundable sign-up fee for this 6 week session. Checks are to be made payable to Help of Ojai. Cash is also accepted. All money collected will be used to purchase future yoga equipment. Class is limited to 20. Scholarships are available. Call Chelbi at 646-5122 for information. Upcoming yoga classes begin Nov. 7 and Dec. 12.

**"BELIEVING GOD"** — Beth Moore will lead a 10-week study for women titled "Believing God" on Wednesdays, Sept. 12 through Nov. 14 from 6 to 8 p.m., at First Baptist Church, 930 Grand Ave., Ojai, using videos and a workbook. Cost is \$15. Call 646-3333 to register. (\$12)

**STATE BASIC PAYROLL TAX SEMINAR** — You are invited to attend, at no charge, a State Basic Payroll Tax Seminar on Sept. 14 from 9 a.m. to noon at Help of Ojai, 111 W. Santa Ana St., Ojai. Participants will learn: how and when to report state payroll taxes; the basics of how to distinguish between an employee and an independent contractor; about independent contractor reporting; and ways to get assistance. Reservations are recommended. Use the Internet: [edd.ca.gov/taxsem](http://edd.ca.gov/taxsem) or call (866) 873-6086.

**"MOONLIGHT ON THE MEADOW"** — Join the Ojai Valley Land Conservancy on Besant Meadow on Sept. 15 at 5:30 p.m. for a grand celebration of 20 years of open space preservation in Ojai. Music by Candace Delbo and friends, amazing cuisine and silent and live auctions featuring Peter Bellwood as auctioneer are sure to make this a special evening. OVLV's 2007 Conservation Award will be presented to Ventura County Supervisor Steve Bennett. Tickets are \$125 per person. Make your reservation by Sept. 10 at [ovlv.org/events.asp](http://ovlv.org/events.asp) or call 646-7930.

**"REPTILES FROM AROUND THE WORLD"** — a 30- to 45-minute



Photo by Rob Clement

## Legendary Boss Jock Honored

Ojai Classic Rockfest V promoter Gary Freiberg, left, presents the Lifetime Achievement Award to radio legend Charlie Tuna at the recent Libbey Bowl concert. The award recognizes the nonprofit Vinyl Record Day, "dedicated to the preservation of the cultural influence, the recordings and the

cover art of the vinyl record." Tuna, part of the legendary KHJ Boss Jock lineup, anchored KROQ radio, served as both program director and morning man for KIIS AM and FM, has a star on the Hollywood Walk of Fame, and currently works the morning shift at KBIG-FM radio.

live show of large and impressive lizards and snakes, will be held Sept. 15 at 11 a.m. at the Wheeler Gorge Visitor Center on Highway 33. Bring the kids and chairs as the event is held outdoors. Presented by Tom Hagan and John Holmes of the Southwestern Herpetologists Society, L.A. Chapter. Donations: adults, \$3; youth 5 through 18, \$2; under 4 admitted free. Call 640-9060.

**MUSIC FESTIVAL ANNUAL GENERAL MEETING AND LUNCH** — The annual general meeting of Ojai Festivals, Ltd. will be held Sept. 15 at Suzanne's Cuisine in Ojai. A no-host lunch (\$30 per person) will begin at 12:30 p.m., with the meeting starting at 1 p.m. For more information or reservations, call 646-2094.

**"THE HIGHEST PLEASURE IN A RASCAL CULTURE"** — On Sept. 18 at 7:30 p.m. at 687 Villanova Road, the American Vedic Association's Bhagavad Gita As It Is Fellowship will discuss "The Highest Pleasure in a Rascal Culture." Sex not only helps sell anything, but it also is a gargantuan industry unto itself. Yet sex offers only temporary relief from the harsh material world just like a man on a dunking stool finds relief when he is allowed to gasp for air between submersions. Those seeking genuine satisfaction don't accept this poor substitute for genuine spiritual delectation. Learn about that "higher taste" at the next AVA meeting. Always free. Call 640-0405.

**AARP 55 ALIVE DRIVING COURSE** — The next 55 Alive Driving Course will be held Sept. 19 and 20 from 9 a.m. to 1 p.m. at Little House, 111 W. Santa Ana St., Ojai. Both days need to be completed for a certificate. The fee for this course is \$10. For more information, call Help of Ojai at 646-5122.

**"NURTURING YOUR CREATIVE SPIRIT, PART I"** — Nann Kyra will lead a seven-week class, "Nurturing Your Creative Spirit, Part I," on Thursdays from 6 to 7:30 p.m., Sept. 20 through Nov. 8. This is the first of a two-part series, based on "The Fine Art of Noticing" and Julia Cameron's "The Artist's Way." Learn how to nurture yourself and your creative spirit. Cost: \$100 (\$90 if paid by Sept. 10). For more information or to register, call 640-7906 or send e-mail to [noticing@sbcglobal.net](mailto:noticing@sbcglobal.net). (\$7)

## Ongoing Events

**OJAI HEALING ARTS COUNCIL** — Monthly membership meetings are held the first Tuesday of every month at 7 p.m. For location, call 715-0057. All interested practitioners are welcome.

**HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP)** — Nita Whaley and Karen Kaminsky from HICAP, are at Little House, 111 W. Santa Ana St. in Ojai, the second and fourth Thursdays of each month to provide senior and disabled consumers with health insurance counseling. For an appointment, call 646-0144.

**"WORDS OF PEACE" SHOWS** — Public shows by Maharaji, also known as Prem Rawat, are being shown on local cable's Channel 10 Wednesdays at 4 p.m., on Channel 25 Fridays at 8 p.m., and Channel 36 on Sundays at 5:30 p.m. (No religious content). Maharaji speaks to the heart of each individual about the possibility of knowing inner peace and contentment. He has been invited to address more than 4.5 million people in 50-plus countries.

**OJAI VALLEY RETIRED PROFESSIONAL AND BUSINESS MEN'S CLUB** — meets for lunch

and a presentation on the second and fourth Tuesday of each month at 11:30 a.m. at the Soule Park Golf Club Banquet Room. Retired men, as guests or as prospective members, are always welcome. Call Tom MacCalla at 640-9068 for more information.

**PAUSE4KIDS MEETINGS** — Pause4kids, a parents' group committed to helping children with special needs, meets twice each month: every third Tuesday at 9 a.m. and every fourth Tuesday at 7 p.m. Call Kim at 646-6606 for more information or visit [pauseconejo.org](http://pauseconejo.org).

**SMALL BUSINESS COUNSELING** — Small business counseling is available regularly at the Ojai Valley Chamber of Commerce. Call 646-8216.

**MOMS CLUB OF OJAI** — The Moms Club of Ojai provides support for at-home and part-time working mothers through guest speakers, play groups, park days, babysitting co-ops, etc. Call (805) 412-0105 for more information or dates and times of meetings.

**"NATURE OF THE SOUL"** — This series of lessons explores meditation, the seven rays and creative service to the divine plan, Thursdays at 7:30 p.m. at Meditation Mount, 10340 Reeves Road. No charge. Call 646-5508 for more information.

**S.P.A.N. THRIFT SHOP** — SPay/neuter Animal Network (S.P.A.N.) has a thrift shop in Ventura behind Vons and Thrifty's at Olive and Main streets. The store supports the spay/neuter program established by S.P.A.N. several years ago. Call 641-1170.

**DIVORCE CARE WORKSHOP** — Mondays from 7:30 to 9 p.m., a Divorce Care Workshop is held at Ojai Valley Community Church, 907 El Centro St. For more information, call 646-4324 or 640-8689.

**SUICIDE GRIEF GROUP** — To halt the endless rounds of "why?" and "what if?" for people bereaved by the suicide of a friend or loved one. Call Susie Salguero at Help of Ojai, 646-0752.

**COMPULSIVE EATERS ANONYMOUS H.O.W.** — meets Wednesdays from 9 to 10 a.m. at the Ojai Valley Alano Club, 575 W. El Roblar Drive, Meiners Oaks. For

information, call 646-5787 or 646-5907.

**OJAI VALLEY CAMERA CLUB** — meets the fourth Tuesday of each month from 7 to 9 p.m. at the Oak Tree House, 111 W. Santa Ana St. Photographers of all levels and guests are welcome. For information, call 646-8405 or 640-9996.

**OUTLAW POETS AT BART'S BOOKS** — Outlaw Poets returns to Bart's Books, 302 W. Matilija St., Ojai, every Friday at 7 p.m., with featured poets the first Friday of each month, and open mike every Friday plus live pod cast.

**UNITED OSTOMY ASSOCIATION'S SUPPORT GROUP MEETING** — The Ventura County Chapter of United Ostomy Association meets the third Monday of each month at the Camarillo Health Care District Office, 3639 E. Las Posas Road, Suite 117, in Camarillo. The support group is for ostomates and urostomates and their supporters. Call 646-6710.

**HEPATITIS C SUPPORT GROUP** — An Hepatitis C Support Group meets the fourth Tuesday of each month at 7 p.m. Call Susie Salguero at 646-9752, Ext. 19, for more information and directions.

**LOW VISION SUPPORT GROUP** — Is your low vision causing problems in your daily living? The Low Vision Support Group of the Braille Institute meets each Tuesday from 1 to 2 p.m. at Little House, 111 W. Santa Ana St., Ojai. Here you will learn skills for independent living, and about the many free services of the Baile Institute. There will be special assistance for those with macular degeneration. Come and

## REUNIONS

• The Nordhoff High School Class of 1957 will hold its 50-year reunion on Oct. 6 at the Soule Park Golf Course Clubhouse Restaurant. For more information, call Ruth Simmons Jones at 646-6750.

• The annual Nordhoffia barbecue will be held Oct. 7 from noon to 4 p.m. at Nordhoff High, 1401 Maricopa Highway. Contact for car show: Dwayne Bower, 646-3637 or [ojaiintagevehicles.com](http://ojaiintagevehicles.com). Contact for reservations: Sue Loop Barbee, 644-4791, [suethree@aol.com](mailto:suethree@aol.com) or Robyn Hohman Wilson, 646-2888, [rcylady@yahoo.com](mailto:rcylady@yahoo.com).

• For information on the spring 2008 reunion being planned for the Nordhoff High School Class of 1998, contact Brianna Blum-Robinson, (702) 339-2723 or [krazzemama@yahoo.com](mailto:krazzemama@yahoo.com).

bring a friend to this caring and helpful group. It's all free. Call 646-8461 for more information.

**VENTURA FRIENDS GROUP** — The Ventura Friends Group for people with sexually transmitted diseases meets every Wednesday at 7 p.m. for social activities, fun and friendship. Call 558-2564.

**ADULT PINGPONG** — Adult Pingpong is held Thursdays from 7:30 to 9:30 p.m. at the Recreation Department Center at Sarzotti Park. Call Vincent at 646-8162 for more information.

**CALIFORNIA TURTLE AND TORTOISE CLUB** — The Santa Barbara-Ventura Chapter of California Turtle and Tortoise Club meets the second Thursday of every month at 7 p.m. at Faith Lutheran Church, 1335 Vallecito Place in Carpinteria. For more information, call 649-4713.

**BEGINNING KRIYA MEDITATION** — Practice clearing and balancing techniques and meditation every Thursday at 7 p.m. in the East End of Ojai. Call 646-7575 for information and directions.

**ADOPTION TRIAD FACILITATED SUPPORT GROUP** — An adoption triad-facilitated support group is now forming in Ventura at Kids & Families Together. Call Faith Friedlander at 643-1446 for more information.

**VOLUNTEER TO HELP FOOD SHARE** — Food Share, Ventura County's food bank, has an ongoing need of volunteers to join the gleaming team in Ojai. On most Tuesday mornings, a group of volunteers meets in Ojai for the purpose of picking local fruit and vegetables. The volunteers meet at 8 a.m. at a designated meeting place near the pick site. They work for approximately one to two hours. For more information, call 983-7100, Ext. 105.

**FREE EXAM AND CHIROPRACTIC ADJUSTMENT** — for children ages 13 and younger on the first and third Saturday of each month. Call 646-5503 for an appointment with Dr. Wray at the Ojai Valley Chiropractic Office.

### Ojai Cafe Emporium

**20% Off**

Summertime Pies  
New Chocolate Cream  
Fresh Strawberry...and more  
Friday, Saturday & Sundays  
Ends Labor Day

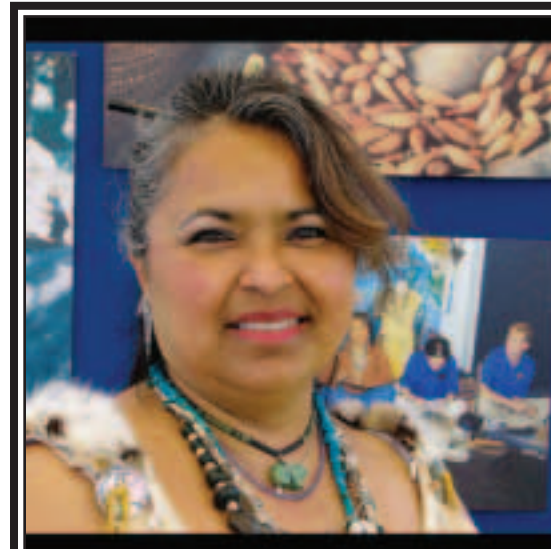
Present this coupon in Bakery  
108 South Montgomery Street www.ojaicafe.com

## Monica Ros School

Space still available in Preschool Classes

Dynamic preschool program with an emphasis on hands-on learning  
Strong academic program for Kindergarten and Gradeschool  
Special classes in art, music, and Spanish

For more information call the school at 646-8184 or see [www.monicaos.org](http://www.monicaos.org)



## Wheeler Gorge Naturalist/Docent Training Program

Birds - Insects - Mammal  
Plants - Reptiles - The Chumash  
Water Resources

Starts Saturday Sept. 8, 2007 Call Mike @ 805-630-9977



**Eleanor Land, R.N.**

## CARING NEIGHBORS

### Tragedy strikes home

Last month I wrote about grief and its trail of tears and sadness. Little did I know that my own brother would die in a boating accident a few weeks later. He was the oldest of six in my family. We had all been together in Florida for a younger brother's wedding. It was a joyful time, full of the sense and importance of family. My brother, Chris, left after the wedding for a boat trip off the Florida Keys. His boat was found without him and a search continued for two days before they found his body. Since then my family's world has been shaken with this sudden and devastating tragedy. I am now living my work and feeling myself in the hole of grief. I am taking this time to be open to this experience and am learning every step of the way more about myself and this unique experience of grief.

When someone has been sick or is deep into the aging process, we can be "prepared" for his or her death. Actually, we are never prepared, but perhaps we have had a chance to imagine it and do some of the grief work ahead of time. When someone dies unexpectedly there often seem to be unanswered questions and such a sense of shock and disbelief. Grief doesn't have a value to it so I will not say this is a more difficult type of grief, just different. I have tried to follow my own advice through this process and actually see how it works.

Soon after we heard the news I scoured old family albums and received photos from the wedding by e-mail, which my husband reproduced for me. I put one particularly handsome photo by my bedside. I find myself saying good night to my brother's picture every night and then waking up to be reminded of this harsh reality. I also have found it comforting to carry his photo around with me so people can match his story with a face.

Soon after we found out the news I e-mailed my close friends to tell them about his sudden death. This was easier for me than having to make many phone calls which felt overwhelming to me. I instantly received supportive e-mails back which was a great source of comfort. It was a very useful way to communicate and still is, as friends continue to inquire about my emotional state. People have reached out in various ways which have been healing, such as cards, dinners, flowers, and phone calls. I have been especially touched by members of my support groups who have reached out to me with cards and hugs.

I have discovered the value in telling the story over and over. This is really comforting and sometimes it makes me cry and other times I can

tell it without a tear. When I don't cry, people seem to think I am being "strong," but actually it all depends on the moment you catch me. My husband has been the most constant open ear and heart for me. Together we have spent countless hours going back and forth as we recount memories, especially our time at the wedding, and emotions. We imagine what may have happened to Chris and this is difficult because it will always remain a mystery. The storytelling piece is a very powerful component of my support groups and this reminds me of why.

Finally, this will be a time of learning for me as I watch my suffering evolve into a deeper level of compassion for others. This loss has also forced me to take another look at my own mortality. This gift of life is so fragile and can be taken away at any moment without warning. I think that the words "thank you", "I forgive you" and "I love you" will be used a little more often these days. So, "thank you" for giving me this opportunity to share my personal story.

Extra, Extra: For those of you who are interested in listening to other's stories perhaps you would like to become a hospice volunteer. I will be offering a seven-week training beginning in October on Monday mornings. People in the past have enjoyed this opportunity to learn more about dementia, listening well, death, grief, and much more. By the way, this is a class that allows and promotes laughter and tears. If this is interesting to you at all, call me at 646-9752 for more information and to sign up.

*Eleanor Land is a registered nurse with two master's degrees who has worked at Help of Ojai for more than two years.*



**Sheila Cluff**

## FIT FOR LIFE

### Focus on woman-made diet

Now in his 90s, my friend and health and fitness legend, Jack La Lanne, was asked what single sentence could he recommend to share that would help people stay healthy. Always quick with a reply, Jack said, "Don't eat man-made foods." I agree. And it got me thinking, so for fun and healthy eating, I've created the woman-made diet.

It's simple. Eat healthy and fresh. But if you've heard all that before, from me and others, here are some tips to help you focus to keep the woman you are and the women you know healthy, fit and strong.

- **Cut down and out on sugar.** A 2006 study from the Journal of the American Medical Association revealed that sugary beverages are directly linked to obesity and an increase risk of type 2 diabetes. A Department of Agriculture study estimated that Americans eat a whopping 31 teaspoons of sugar a day, which adds up to 124 grams or about 500 daily calories. While that might not sound noteworthy, think about eating five extra slices of bread each day. That's about 500 calories and most of us wouldn't eat five

sandwiches at lunch, but we might consume that many calories in sugary drinks and other foods, without even blinking. Switch to bubbly waters or bubbly water with a splash of fruit juice for sweetener. Do that and in a week, you'll be minus 3,500 calories, which is enough to lose 1 pound without even thinking the word diet.

- **Become an avid label reader.** At the grocery store, especially when life is nuts, it's far too easy to become lulled into selecting the foods that are easy to prepare and look, at least from the packaging, to be nutritious. But wait. Read what's in that food you're about to place in your precious body. If you cannot pronounce the ingredients, this might be an indication that you'll pass on that product and start creating meals from foods you do know.

- **Eat fresh and local, if possible.** Years back I shared the "cave woman" diet, where I suggested eating only fresh foods. Now that many of our foods come from abroad, it makes extra sense to consider how long the food has been transported before you consume it. For example, navel oranges are at their peak in late winter, early spring. If you see perfect ones at the market in August, be aware that they may have traveled farther to get to the grocery store than you did on your last vacation. While food distributors try to keep things healthy and fresh, that's not always possible. Find out when and where the farmers' markets are in your location. Support locally grown foods and for fun, why not plant herbs and vegetables in whatever garden or planter you might have?

- **Nix the unnatural.** Rather than drinking a glass of juice at breakfast have the whole fruit, with additional fiber that won't be found in the liquid variety. Forego the nut and granola bar, with all that sugar, for a handful of almonds. Instead of canned or frozen vegetables, slice, dice and steam the fresh ones. Try eating as many vegetables as you can without

cooking. Be aware that when you add extra fiber to your diet, such as whole grains and nuts, you'll want to increase the amount of water and other liquids to balance your elimination system.

- **Cut back on fats.** A friend recently visited The Oaks at Ojai. I knew she'd had a lifelong struggle with obesity and her "new" self was strong and well proportioned for her body. How did she do it? I asked. "Don't laugh, Sheila. I did push myself away from the table at each meal before grabbing seconds. I pushed the grocery cart out of the aisles that contained tempting and unhealthy snacks. I pushed myself away from chips and soda. I pushed myself away from foods that were high in fat, like crackers, ice cream, whole milk, and fatty meats." She created the woman-made diet that worked for her. "I knew I couldn't keep chocolate chips cookies in the house because I would eat them. I stopped buying them. Cold turkey." It sounds simple, but she refused to buy the snacks that were keeping her fat.

- **Activate.** I'm the first to recommend adding additional healthy fitness to one's day. But on the woman-made diet, you must. Exercise doesn't have to be done at a gym with people watching your every move. You can opt out of dancing aerobics, too. Instead, take a step for health. Actually stride, I mean strive for 10,000 steps per day. For more on this, check out The 20% Boost Program: Fit Walking into Your Life, [pbs.org/americaswalking/health/health20percentboost.html](http://pbs.org/americaswalking/health/health20percentboost.html).

Create your own woman-made diet. Eat and live in a way that you can stay fit for life.

*Sheila Cluff, fitness expert, television celebrity and owner of The Oaks at Ojai, is the author of "Take 5: How You Can Benefit from Just Five Minutes of Daily Exercise" and "The Ultimate Recipe for Fitness" by Cluff and Eleanor Brown. Visit her spa on the Internet and see all that's happening at the resort: The Oaks at Ojai, [oakspa.com](http://oakspa.com).*

## Council:

(Continued from Page A-1)

aesthetic appearance of businesses opening in that area, similar to Ojai's regulations indicated in the city's general plan.

Elisabeth Amador, assistant to Santa Paula's city manager Wally Bobkiewicz, said that though the city does not have any specific regulations to prevent chain stores from opening in Santa Paula's historic district, no chains have even shown interest in opening there. She attributes this to the size of the historic district's storefronts which are far too small to accommodate most chains. Though some fast food restaurants might fit, none had shown any interest in opening there in Santa Paula's recent history.

The same might be said for Ojai, if it hadn't been for the Mira Monte Subway owner's recent plans to open on Matilija Street.

In the city attorney's second ordinance draft, the whole notion of a Historic Commercial District was scratched and replaced with a citywide regulatory ordinance. The new proposal would require all new formula retail establishments to apply for a conditional use permit. Thus it exempts and protects Ojai's already existing formula retail establishments. The ordinance draft indicates that a simple change in ownership would not require a conditional use permit, protecting existing gas stations if they are to be sold.

The new ordinance proposal prohibits all new chains within the city from having more than 25 linear feet of frontage, having retail space occupy more than one

story or two storefronts, and having more than 2,000 square feet of total floor area. But as commissioners suggested the proposed ordinance exempts banks and grocery stores which are a necessity, and might have trouble complying with the regulations. Only one formula retail establishment would be allowed in a lot less than 40,000 square feet.

For lots greater than 40,000 square feet, only one formula retail establishment would be allowed per 20,000 square feet of lot area.

The purpose of the newly drafted ordinance was defined as preserving Ojai's "small town character" rather than its history.

Leary's proposed ordinance also requires all formula retail establishments to apply for a conditional use permit and requires that they are designed and operated in an "unobtrusive manner to preserve Ojai's distinctive character and ambience."

Though similar in essence to the city's second proposal, Leary's draft defines formula retail as any retail establishment that shares standardized features with at least five other establishments while the city's definition is any retail establishment that shares standardized features with 10 other establishments.

"I think it is important to protect Ojai's self-reliance," he said. "The more outfits owned by a company, the less important each one becomes. If the economy crashes, the community needs its own establishments that can stand on their own."

Leary said that his draft was written to help the city and that he did not intend for it to go to ballot.

Council member Sue Horgan and Joe DeVito said they agreed with the Planning Commission and would not support the city's first ordinance proposal.

Though the city is working toward drafting its own ordinance, Horgan said she did not want to discourage Kenley Neufeld from turning in his ballot initiative to the city.

"Although we are working toward drafting an ordinance I

cannot say for sure that we will create something that he is satisfied with," she said. "I wouldn't want to impede the public process."

## OJAI VALLEY FAMILY MEDICINE GROUP

Carl A. Gross, MD  
Mary E. Dial, MD  
Linda S. Conrad, FNP  
Mary R. Nelson, FNP  
James R. Halverson, MD  
Cindy M. Spencer, PA

"We Accept Most Insurances"

Hours:  
Monday/Friday 8:00am to 5:00pm  
Tuesday 8:00am to 6:00pm  
Wednesday/Thursday 8:00am to 7:00pm  
Saturday 8:00am to 11:00am

Se habla español

(805) 646-7246  
Fax (805) 646-8936  
117 Pirie Rd., Suite D  
Ojai, California 93023

## Lower Your Numbers Naturally

↓ Blood Pressure      ↓ Body Fat  
↓ Blood Sugar        ↓ Body Weight  
↓ Cholesterol        ↓ Triglycerides & More!

Significantly change your health without medication. The new **FirstLine Therapy** lifestyle change program – proven effective in published, controlled trials – is now available in our office.

Call today to discover this natural way to lower your numbers and raise your enjoyment of life!

Robin Bernhoft, MD  
1200 Maricopa Highway, Suite A • Ojai  
640.0180 • [www.drbernhoff.com](http://www.drbernhoff.com)

FirstLine Therapy is a registered trademark of Metagenics, Inc.

## MIRAMAR Eye Specialists Medical Group

Ojai welcomes Dr. Michael Boggs and Dr. Colm McHugh now available in their new Ojai office. Dr. Boggs has been an Ojai resident since 1958, he graduated from U.C. Berkeley School of Optometry and is a Fellow of the American Academy of Optometry. Dr. McHugh hails from County Cork, Ireland and is a Diplomat of the American Board of Ophthalmology. He has practiced in Ventura County for over 25 years, specializing in Medical Ophthalmology, Glaucoma, and Laser Treatment.



Michael B. Boggs, Jr., O.D., F.A.O.



W. Colm McHugh, M.D.

204 A Pirie Road Ojai, CA 93023  
Phone #: (805) 648-3085  
[www.miramareye.com](http://www.miramareye.com)

## GOLD COAST AUDIOLOGY & HEARING

Audiologists • Hearing Aid Dispensers  
Complete Audiological Evaluation  
Hearing Aids • Sales & Service  
Batteries • Ear Molds • 30-Day Trial

**Ron Magnuson, Au.D.**

1211 Maricopa Hwy. #109, Ojai . . . . . 646-4520  
125 #F, Harvard Blvd., Santa Paula . . . . . 933-1553  
3003 Loma Vista Rd. # C., Ventura . . . . . 648-1685

Dr. Barnes is pleased to announce the opening of her practice on August 6, 2007. Dr. Barnes is Board Certified as a fellow of the American College of Obstetricians and Gynecologists. She will have a full service practice including Obstetrics, Gynecology, and all Gynecological Surgery.

2660 East Main Street, Suite 204  
Ventura, California 93003  
Office Hours:  
Monday thru Thursday 10 AM to 7 PM  
Friday 10 AM to 1 PM and Saturday by appointment

## Lois Barnes, M.D. Inc., Ob-Gyn

If you would like to make an appointment with the doctor voted the "Best Doctor in Ojai, 2003", please call 805-648-2024

\*\* Dr. Barnes does not accept all insurances and may be considered an out of network provider by your insurance. Please check when making your appointment.

## Continuing Care Center

In The Ojai Valley

Skilled Nursing and Rehabilitation Services

The Continuing Care Center is the only skilled nursing facility in Ojai that is connected to an acute care hospital.

**The Center Features:**

- Recovery from post operative conditions, such as hip or knee replacement, complex medical conditions, neuro rehabilitation, including stroke and Parkinson's.
- 24 hour skilled nursing care.
- Part of an acute-care hospital. 1 of 3 hospital based facilities in all of Ventura County.
- Physician referral is not required.
- Ratio of nurse to patient is double the state standard.
- Planned off-site activities as well as regularly scheduled exercise classes.

**Ojai Valley Community Hospital**  
Community Member of Health System

Continuing Care Center  
1306 Maricopa Highway  
Ojai, California 93023  
Call for a Tour:  
**805/640-2280**

**Boccali's**  
PIZZA & PASTA  
Italian Homestyle Cooking  
in a Country Atmosphere

Great Salads • Meat & Vegetarian Dishes  
• Draft Beer • Wine • Fresh Lemonade

Our own fresh  
**Tomato Salads**  
"NOW IN SEASON!"

Orders to go, or reservations

LOCATED IN THE COUNTRY 2 MILES EAST OF TOWN  
Hours: Mon. & Tues. 4pm-9pm  
Weds. - Sun. 11:45 am to 9pm  
**3227 E. Ojai Avenue 646-6116**

**Boccali's Oak View**  
840 N. Ventura Ave 649-1057  
HOURS: 4 pm to 9 pm - 7 days a week

# performing Arts

Highlighting the diverse incarnations of the performing arts throughout the Ojai Valley



## Calendar of Events

Please send information to: [linda@ojaivalleynews.com](mailto:linda@ojaivalleynews.com)

### Help of Ojai screening film

Help of Ojai, 111 W. Santa Ana St., will screen "What Women Want" on Sept. 7 at 1 p.m. A donation of \$2 is requested. If you have any movie suggestions, call 646-5122.

### Kirtan show back at Lulu Bandha's

Lulu Bandha's, 306 E. Matilija St., is happy to welcome back Larisa Stow and Shakti Tribe for an entrancing evening of kirtan. Come chant and soak up the bliss on Sept. 8 at 7:30 p.m. Cost: \$20. They will lead a yoga and mantra workshop the next day from 12:30 to 4:30 p.m. For information: 640-7868 or [lulubandhas.com](http://lulubandhas.com).

## Pirates storm back to lake for Faire time

16th annual Gold Coast Pirate Faire returns in September

Aimee Cebulski  
OVN contributor

The West Coast's largest gathering of costumed pirate re-enactors returns to Southern California Sept. 22 and 23 and 29 and 30, (two weekends) at Lake Casitas Recreation Area in Ojai.

The 16th annual Gold Coast Pirate Faire will recreate an authentic pirate village as would have been seen during the 15th to 17th centuries. Popular with pirate enthusiasts from all over the country, more than 1,100 pirates, scoundrels, buccaneers and privateers participated in the 2006 event with even more expected for this year's event.

This year's Pirate Faire will feature three stages of continuous entertainment with ongoing presentations and plays. The event will include an outdoor market, offering visitors unusual and original handcrafted items as well as period clothing, armament, fine jewelry, pirate booty and a selection of one-of-a-kind plunder from captured ships.

A full food court will be available with an array of themed food for purchase. Kids' activities include treasure hunts, costume contests and a pirate play area. The Pirates Tavern will serve ales, wine and adult beverages.

Battle re-enactments and demonstrations will occur throughout both days. Faire hours are 10 a.m. to 6 p.m. each day.

Admission is \$15 for adults, \$12 for seniors (62 and older), \$7 for children under 12, and free for children younger than 5. Parking is \$5. Admission includes all entertainment and lake admission.

The event is sponsored by the Visions in Time Foundation and Gold Coast Festivals. Log on to [goldcoastfestivals.com](http://goldcoastfestivals.com) to learn more and see photos from previous events.

For late-breaking news, check the OVN online ticker.

**YOUR VALLEY, YOUR NEWS.**

[ojaivalleynews.com](http://ojaivalleynews.com)

## Ojai Valley Boys to cross Rubicon event Sept. 16

'Boots and Bonnets' first-ever fund-raising event for theater's 250 Grand Dames

Alyson Shuster  
OVN contributor

Rubicon Theatre Company's Grandes Dames, a 250-strong volunteer auxiliary group of ladies (and a few brave gentlemen), is independently hosting their first-ever event in support of Rubicon. The fund-raising evening, titled "Boots and Bonnets," will feature the Ojai Valley Boys in concert and will take place Sept. 16 from high noon to 4 p.m. at Eucalyptus Lane in Oxnard.

Guests to the event will enjoy country fare from Smokin' Cactus Barbeque & Catering Company including barbeque chicken, green salad, baked beans, garlic bread and dessert. They will be entertained by country music and karaoke from disc jockey Tom Kostchek, and take line dancing lessons with Chuck and Carol Bartlett. They will also enjoy a western wear contest, a wine and beer garden hosted by Weaver Wines and Winchester's, and a raffle with prizes that include a trip for two to New York City, a package from Limoneira including a hot air balloon ride and brunch for two, and a "Harbor" package including a trip to Santa Cruz Island compliments of Island Packers. Plus, guests will be serenaded by the country and blues music of the Ojai Valley Boys.

The Ojai Valley Boys consist of a trio of gentlemen with a passion for "guitars, horses and hats" who live within a half mile of each other in Upper Ojai. They include John Bennett Perry, a veteran of Broadway, TV, movies and Rubicon's stage (and father of equally accomplished Matthew Perry); DeWayne Boccali, owner of the local Italian favorite, Boccali's Pizza and Pasta, in Ojai; and Bob Jones, the "serious one," whose blues background infuses

the group's musical style and whose original songs are regularly performed by the Boys.

The group hosting this event, the Grandes Dames, was established in 1999 by five ladies: Sandra Laby, Barbara Meister, Dottie Novatt, Rosa Lee Measures and Nancy Gregory. The membership has since expanded to 250. Currently, the president is Penny Barns who is the creative force behind "Boots and Bonnets" and leads the Grandes Dames board of directors. Fund-raising chair, Wendy Gillett, is organizing "Boots and Bonnets" in conjunction with Rubicon's development associate, Amber Landis.

Tickets for "Boots and Bonnets" are \$50 per person or \$500 for eight with a reserved VIP table. Make reservations by Monday, Sept. 10.

For more information regarding the event or for tickets, call 667-2912, Ext. 239, or e-mail [alandis@rubicontheatre.org](mailto:alandis@rubicontheatre.org).

Rubicon Theatre Company is Ventura County's premier nonprofit professional theater company. Founded in 1998 by artistic directors James O'Neil and Karyl Lynn Burns, Rubicon's mission is to present a diverse season of classic and contemporary comedies, dramas and musicals for the entertainment, enrichment and education of residents and visitors to the region. Coming up on its 10th season, Rubicon has presented 60 main stage productions and education outreach programs to more than 200,000 audience members and 40,000 students. Rubicon also presents its new play development program "Plays in Progress" annually. Rubicon has received six L.A. Stage Alliance Ovation Awards and 33 nominations in the past three years, including Best Production for "All My Sons." O'Neil received an NAACP Award for Best Director for "Driving Miss Daisy," which toured to the Manitoba Theatre Centre in Winnipeg, Canada.

## Original works scheduled for 'Be-Labor Day' weekend at Theater 150 stage

Conservatory 150 will present "Be-Labor Day," an evening of original works, directed by Kim Maxwell, on Friday and Saturday at 8 p.m. and Sunday at 7 p.m. at Theater 150, 918 E. Ojai Ave.

The works are written and performed by Joe Boi, Emily Jane

Ditchfield, Cari Guerrero, April Hendrix, Nate Kamiya, Nancy Kurland, George Miller, Eric Nivelles, Suzanne Tufan and Jessie Wiseman.

Tickets are \$10 and are available online at [theater150.org](http://theater150.org).

## Review:

## Cast leads the way in Art Center's 'Ballyhoo'

Steve Streich  
OVN contributor



Photo by John Hankins

Directed by Tom Eubanks, produced by Bill Spellman, written by Alfred Uhry and winner of the Tony award in 1997, "The Last Night of Ballyhoo" takes place in Atlanta, Ga., in December of 1939. "Gone with the Wind" is having its world premiere, and Hitler is invading Poland, but Atlanta's elitist German Jews are much more concerned with who is going to "Ballyhoo," the social event of the season.

Especially concerned is the Freitag family: bachelor Adolph (Howard Leader), his widowed sister, Beulah "Boo" Levy (Vonder Gray), and their also widowed sister-in-law, Reba (Lynn Van Emmerik). Boo is determined to have her dreamy, unpopular daughter, Lala (Sierra Hall), attend "Ballyhoo," believing it will be Lala's last chance to find a socially acceptable husband.

Adolph brings his new assistant, Joe Farkas (Gabriel Olivera), home for dinner. Joe is Brooklyn born and bred, and furthermore is of Eastern European heritage — several social rungs below the Freitags, in Beulah's opinion. Lala, however, is charmed by Joe and she hints broadly about being

The excitement builds to the "Ballyhoo" social in the Freitag-Levy household. Shown are Cherie Baker, left, Gabriel Olivera, Vonder Gray, Lynn Van Emmerik, Sierra Hall and Howard Leader. "The Last Night of Ballyhoo" runs at Ojai ACT through Sept. 8. Call 640-8797 for tickets.

taken to "Ballyhoo," but he turns her down. This enrages Boo, and matters get worse when Joe falls for Lala's cousin, Reba's daughter, Sunny (Cherie Baker), home from Wellesley for Christmas vacation. Boo decides that she will set Lala up with Peachy Weil (C.J. Walsh), who is from another elite Jewish family in the South.

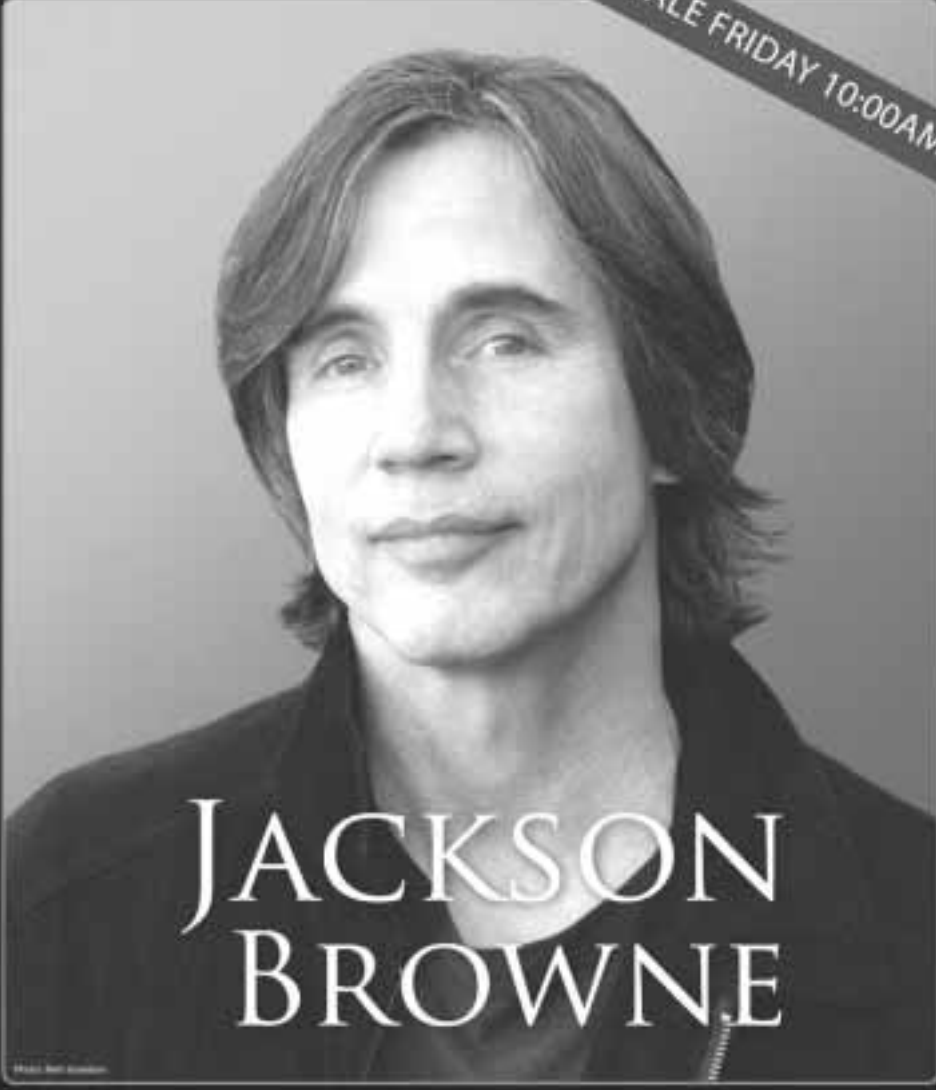
The play is well written and the dialogue is quite hilarious. The cast is fantastic. The opening dialogue between Boo, Reba, and Lala is witty and humorous. Lala (Hall) is living in her own "Gone with the Wind" world and stays there throughout the play. She does a great job as the dreamer and you won't want to miss the dress she chooses for the "Ballyhoo" dance. Sunny (Baker) is equally convincing as the more serious, real life girl back from college.

Both Gray and Emmerik are marvelous and they play off each other wonderfully as Boo and Reba. These two are very believable in

their roles and are as opposite in personalities as Lala and Sunny. Leader and his new employee, played by Olivera, are the only two that have any idea that more is happening in the world than just "Ballyhoo." Leader plays a perfect role as the caring brother and bread winner for the family. Olivera is great as the Jewish boy from Brooklyn; his Brooklyn accent stands out from the Southern drawl of the other players. The final character to show himself is Walsh, the rich kid from the well-to-do high-society family, he is wonderful in his role, brash and sarcastic the entire time, a real snob.

Do not miss this funny and touching performance of "The Last Night of Ballyhoo." The Ojai Art Center is such a great place to see a play if you have not taken the opportunity. The play runs through Sept. 8, with performances Fridays and Saturdays at 8 p.m. and Sundays at 7 p.m. Call 640-8797 for tickets and information.

ON SALE FRIDAY 10:00AM




# JACKSON BROWNE

A SPECIAL CONCERT TO BENEFIT THE OJAI RAPTOR CENTER  
ALSO FEATURING THE HOUSEHOLD GODS

gates open at noon,  
1:00pm show, sunday october 7, 2007 libbey bowl , ojai  
no glass or alcohol; please carpool, hike or bike

tickets-\$60 reserved seating or \$40 GA seating  
in ojai at local hero books,  
in ventura at gplw patagonia and salzers,  
or online at [guacfund.org](http://guacfund.org)

sale begins august 31; no phone orders



ojairaptorcenter.org

## Fitness Tip #43:

"There is no drug in our current or prospective use that holds as much promise for sustainable health as a lifetime program of physical exercise."

-The Harvard Mental Health Letter

**OJAI VALLEY ATHLETIC CLUB**  
*Your Health, Your Life, Your Club™*

(805) 646-7213  
[wcaclubs.com](http://wcaclubs.com)  
409 S Fox St. Ojai, CA

## To Sell or Buy real estate, please call me direct:



(805) 794-6474

**Riki Strandfeldt**

2007 President - Ojai Valley Board of Realtors  
2005 - Realtor of the Year  
2006 Chairperson - MLS  
Member both - Ojai Valley and Ventura County Multiple Listing Services  
California Department of Real Estate Lic. #01262026

REALTOR®

Coldwell Banker Property Shoppe

Mike Miller's  
**Notes  
 from the  
 Field**



**Not getting  
 playing time?  
 Don't quit**

As we approach a new fall sports season, there is excitement in the air. For a select few, there will be glory, accolades and fame, but for some there will be disappointment over playing time or with their role on the team and a few will ultimately quit the team to pursue other interests. It is human nature to remove ourselves from that which is uncomfortable, but in this case I encourage those people to stick it out. Do not quit!

I ran into a youngster who I have watched play in the past. I asked for an update on the upcoming season and he told me that he planned not to play because in his own words, "The coach won't play me enough."

His comment got me thinking about the role of a bench player and not only how important they can be to a team, but how many lessons one can learn from the end of a bench. Take a look around at most of your successful coaches at all levels. The overwhelming majority of them were not the star players on their teams. At some point in their playing days, they were delegated to sitting on the bench or on the sideline but they seized the opportunity to watch, to observe, to learn, and to support their teammates.

I interviewed Thacher football player Will Oberndorf not long ago and he mentioned just how important it was to the success of their team to have every single player on their feet cheering and supporting their teammates, not only during the games, but in practice. I was lucky enough to have a lengthy athletic career that spilled over to the professional level, so I have seen my fair share of athletes come and go. When I look back at those teammates that I shared a bond with and who I still remember to this day, they were not the star players, they were the supporting players that rarely, if ever got to play.

In all of the conversations that I have had with those that decided to quit, not once have I ever heard someone say that they were happy with their decision. I have never (and don't think that I will ever) heard, "Boy, quitting the team was great. I never had second thoughts. In fact it was the best thing that I have ever done."

Sports is the great metaphor for life. Things don't always go the way that we hope that they will, but we drive on. I understand the desire to be the star quarterback or the one that always seems to be good at everything, but for most people, that is not reality.

So if you are stuck on the end of the bench and playing time is not in your future, embrace your role and cheer on your teammates and support your coaches. For one thing, you never know when the call may come for you to enter the game, but also remember that you will be better for it. The lessons that you will learn and the respect that you will earn by being the best teammate that you can be may far exceed that of the person who scores the winning basket or breaks the school record.

If you have thoughts of quitting or not playing because of playing time, reconsider. It may be one of the best decisions that you will ever make.

**OVS kicks off summer football camp**

*Ojai Valley School athletes train for first eight-man football season*

By Fred Alvarez  
 OVN correspondent

Ojai Valley School opened its first-ever summer football training camp this week in preparation for its inaugural eight-man football season.

Nearly 20 youngsters assembled in the pre-dawn darkness Monday morning at OVS' high school campus for the first of a week-long series of two-a-day workouts. On a newly striped field, where the goal posts were still being pieced together, coaches told players that they were about to make history.

"Regardless of wins or losses, they are going to be the first team to ever play football at OVS," said OVS athletic director Doug Colborn, who worked for years to

bring football to the independent school and serves as special teams coach.

"They are honored and proud, you can tell," Colborn added. "For them to give up their last week of summer vacation and show up at 5:45 a.m. when it's still dark, that says it all."

Buoyed by strong student and staff support, OVS announced last school year that it intended to launch the football program, joining a growing number of Condor League schools that have adopted the sport in recent years.

In debuting the eight-man game this fall, OVS will become the fifth Condor League school since 1999 to establish a football program, joining Cate, Dunn, Laguna Blanca and Thacher schools in league play.

For OVS, the move came after years of wrestling with how to fill a void created in 2002 when the Condor League moved its soccer season from fall to winter. The search for a new fall sport was spurred in large part last school year when the student council

**"Everything we do is breaking new ground. This is such a great opportunity, and it's fantastic to see how the entire OVS community has been willing to support what we are doing."**

— coach Craig Floyd

earmarked \$5,000 to launch eight-man football.

The school tapped OVS alum Craig Floyd to head the new program, and he has been making history at every turn. He has forged the squad's inaugural schedule and filled out its initial playbook. He even managed to launch a summer training camp, bringing in players a week before the start of school to get them ready for their Sept. 15 opening game against Ventura County Christian School.



Photo by Fred Alvarez

**Head football coach Craig Floyd, right, puts sophomore Garrett Blach through a cut-back drill during the first day of summer football camp.**

"Everything we do is breaking new ground," said Floyd, a 1983 graduate of the school. "This is such a great opportunity, and it's fantastic to see how the entire OVS community has been willing to support what we are doing."

Even with the early morning practices and afternoon sessions in 90-degree heat, players were aware they were taking part in something special. They eagerly lined up Monday to be fitted for helmets and pads. And they took part in spirited practices that included strength training, agility drills and the basics of catching and holding on to the ball.

"I signed up to play as soon as I heard there was a team," junior

Logan Walters said. "It's a pretty big deal on campus. I can't wait to get the ball or to hit someone."

But first there was plenty of hard work. Players spent their first few days just getting their feet underneath them, zigzagging past tackle dummies, high-stepping through rope ladders and learning the intricacies of the three-point stance. The days were long and hot. But even drenched in sweat and gasping for breath, there was no place these players would rather have been.

"It's kind of cool that we are making history," OVS sophomore Max Wheeler said. "Now we've just got to go out and have a good season."



Photo by Fred Alvarez

**Assistant football coach John Wickenhaeuser, left, practices hand-offs with sophomore speedster Jesse Holguin as his teammates prepare for their turn. The Spuds play their first game on the road Sept. 15.**

**Ojai Valley School 2007 Football Schedule**

Date:	Opponent:	Location:
Sept. 15	Ventura County Christian	Away
Sept. 29	Laguna Blanca	Away
Oct. 5	Thacher School	Home
Oct. 19	Lighthouse Christian	Away
Oct. 27	TBA	TBA
Nov. 2	Cuyama Valley High	Away

**Lake Casitas Fish Report**

By Randy King  
 OVN contributor

The dog days of August have produced some nice catfish.

• Bret Burton, of Surprise, Ariz., caught a 12-pound cat on crawlers. Long drive, nice surprise.

A couple of local boys caught some nice bass:

• Jason Wendel, of Casitas Springs, got a 9.5-pound bass on a swimbait.

• Jesse De Alba, of Oak View, got two bass, one 8 pounds and a 7-pounder on a Zara Spook.

• Kyle Navaro, of Ventura, caught a 7-pound bass on plastic worms.

• Brad Curnel, of Simi Valley, caught an 8.75-pound bass on plastic worms.

• Eric Johnson, of Oxnard, had an 8-pound bass on crawlers.

Bass fishing is good. Trout fishing is slow.

**World Team Tennis returns next week**

On Sept. 7, the Ojai Recreation Department welcomes the return of World Team Tennis. Juniors play Fridays at 3:45 p.m., while adults start at 6 p.m. Junior WTT is sponsored by the Ojai Valley Tennis Club.

Juniors currently enrolled in the Recreation Department classes will have priority. Others can play if space is available. The cost is \$39 for the league, which also includes an entry into the VCJTA Junior Tennis Tournament, which will be held at the Ojai Valley Inn the first weekend in November.

Team points will be tallied

during the tournament, with awards given to the top team. The league is limited to 48 players so sign up early at the Recreation Department or call 646-1872. Juniors must be at the lower Libbey courts at 3:45 p.m. on Sept. 7 to be placed on a team.

Adult Team Tennis will be open to the public, but space is limited. The cost is also \$39 for the league. Please sign up at the Recreation Department or at lower Libbey on the first day. Sept. 7 will also be Prince Demo Day, which will give everyone a chance to try out the new Prince rackets.

**ORD Summer League Standings**

**Coed Indoor Soccer**

Real San Miguel	3-1-1	7 points
Giorgio's	3-2	6 points
Il Giardino	2-2-1	5 points
Ensenada	2-3	4 points
Razo Painting Nacional	2-3	4 points

**35+ League**

Loomis Construction	6-0
West Coast Sash & Door	4-2
Murphy's Boys	2-3
Usual Suspects	2-4
PWD	0-5

**D League**

RAMCO	3-2
Bus Drivers	3-1
Run & Gun	2-3
Young Guns	2-4

**Noah Watch**

Lowry, 14-7 after record game against Brewers

Noah Lowry reached a career-high victory total against Milwaukee Friday despite surrendering six runs and a personal-worst 12 hits in five innings. The Brewers scored three first-inning runs and had six by the third inning, but the Giants came through to win, 11-6.

The Giants rescued Lowry with a six-run first that featured Omar Vizquel's three-run double, before Lowry's two-run homer broke the 6-6 tie in the third. Lowry won his fifth consecutive decision and improved to 9-3 at AT&T Park.

The Nordhoff grad became the first Giants pitcher to allow as many hits as he did and still win since Mark Gardner yielded 13 in a 15-4 victory on June 5, 1996, at Cincinnati. Lowry contributed an RBI single to the big first inning and also combined with Matt Cain to form the first pair of Giants pitchers to homer in back-to-back games since Livan Hernandez and Joe Nathan did so on June 28-29, 2000, at Colorado. Lowry is scheduled to pitch this afternoon against Jeff Francis and the Rockies at AT&T Park.



**Lowry's MLB totals to date:**

Wins	40
Losses	30
Games	105
Innings pitched	615.1
Hits	599
Runs	291
Earned runs	270
Walks	245
Strikeouts	419
ERA	3.95

Submit your team or league information to [sondra@ojaivalleynews.com](mailto:sondra@ojaivalleynews.com)

**MS bike tour needs volunteers**

The National Multiple Sclerosis Society's Southern California Start to Finish MS Bike Tour is coming up Oct. 20 and 21. The 150-mile bike tour from Camarillo to Santa Barbara raises funds to help move toward a world free of multiple sclerosis.

The event includes a lunch stop at Dennison Park on Oct. 20. Volunteers are needed to make the event a success. For volunteer opportunities, visit the event website: [mseven.com](http://mseven.com).

For more information, call Alana Pfeffinger at (310) 479-4456 or e-mail her at [se.intern@cal.nmss.org](mailto:se.intern@cal.nmss.org).

**Ojai Valley Inn & Spa Junior Tennis Program**

Tennis fundamentals and fun are stressed in the Ojai Valley Inn & Spa junior tennis program offered this fall. Beginning, intermediate and advanced tennis players age 8 and up will use ball machines, video technology and the latest teaching aids with a low student-teacher ratio to help accelerate learning. Sessions for beginners and advanced beginners will take place

Tuesdays from 3:30 to 5 p.m. from Sept. 11 through Oct. 16. Another session will run Oct. 23 to Dec. 4.

Sessions for intermediate and advanced players will take place Wednesdays from 3:30 to 5 p.m. from Sept. 12 through Oct. 17. A second session will run Oct. 24 through Dec. 5.

Instructors will be Tom Rohrbacher and Brice Pace. Cost is \$108 per session with a 20 percent discount for a second child. For more information, e-mail

[ojaitennis@sbcglobal.net](mailto:ojaitennis@sbcglobal.net) or call Rohrbacher at 640-2109.

**Olympic Luge Team Regional Search**

Young athletes who want to experience the thrill of luge and train under the guidance of USA Luge national team coaches and athletes can do so on Sept. 15 and 16, when the Verizon-USA Luge Slider Search rolls into Santa Clarita. The event will be held on Alta Vista

Avenue, between Constellation Road and Copper Hill Drive in Santa Clarita/Valencia, from 9 a.m. to noon and 2 to 5 p.m. each day.

The cost is \$15 per youngster and includes a Verizon USA-Luge T-shirt. For complete information and to register for the Verizon-USA Luge Slider Search, go to [usaluge.org](http://usaluge.org) or call (800) USA-Luge (872-5843). Registrants should arrive 15 minutes prior to the start of each clinic.

**Ojai Valley Little League Fall Ball**

Ojai Valley Little League will be hosting Fall Ball on Sundays starting Sept. 16. Divisions are 8U, 10U, and 12U (2008 League Age). Note: 13-year-olds may play in 12U division but may not pitch. Individuals and teams are welcome.

Fees are \$50 per player or \$500 per team. For more information contact Theresa Beavers at 647-6200 or [theresarb@sbcglobal.net](mailto:theresarb@sbcglobal.net).

**SPORTS SHORTS**

# Classifieds

Classifieds@ojaivalleynews.com

Ojai Valley News • Wednesday, Aug. 29, 2007 B2

## Deadlines for placing your ad

For Wednesday's paper, Monday before 4 pm.

For Friday's paper, Wednesday before 4 pm.

We accept cash, personal checks, Visa, Mastercard, Discover, American Express & Debit.

WE RESERVE THE RIGHT to require that any ad be paid in advance of publishing. REFUNDS will be mailed within 30 days of cancellation. READERS are cautioned to make no investments before thoroughly investigating any advertisements in the Classified columns, which require investments in stocks,

samples, equipment or cash bond in order to obtain a position. READERS are cautioned to thoroughly investigate services and products advertised in this publication. Consumers are urged to use prudence in their patronage. Advertising in this publication in no way represents an endorsement by the publisher.

**DISCRIMINATION:** Any advertisement with respect to the sale or rental of a dwelling, or with respect to an employment opportunity that indicates **ANY PREFERENCE**, limitation or discrimination based on race, color, religion, creed, sex, national origin or ancestry, marital status, number of tenants, status with respect to public assistance, disability, age and affectional or sexual preference is unacceptable. Advertisements For Roommates/Rooms for Rent: Advertisements for roommates/rooms for rent may specify gender, but only in two cases: IF the accommodation involves shared living space, or IF the housing is a dormitory in an educational institution. Keep in mind: Advertisements for apartments or housing not involving shared living space may not specify gender. Where living space is shared, only the gender of a roommate may be specified, and the ad may not specify race, religion, or any other protected class. **THE PUBLISHER** assumes **NO FINANCIAL** responsibility for errors nor for omission of copy. Liability for errors shall not exceed the cost of that portion of space occupied by such error.

### HELP WANTED

**"The Oaks at Ojai Spa"** Busy Spa Resort is adding staff: **Front Desk/Guest Service Reps./Auditor.** FT & PT, mature, personable, shifts incl. weekends & evenings. Apply in person, 122 E. Ojai Ave.

**"The Oaks at Ojai"** Spa Resort is offering career opportunity. **Manicurist:** FT & PT., shifts incl. 1 weekend day. Cosmetologists preferred, applicants call for an appointment, 646-5573, ext. 132.

WE need to add to our staff an experienced clothing & boutique sales person. Apply to **Kindred Spirit @ 302 E. Ojai Ave.**

### MOTOR VEHICLES FOR SALE

**1986 Ford Ranger XLT.** 1st \$450 takes it! Lic. & smogged, runs, needs work. 701-4309.

**1998 Honda Civic LX 4-door.** 5-speed manual shift. 1 owner, xint maintenance, good condition, \$4,000. 452-2519.



**2001 Mercedes Benz E320 wagon.** xint condition, new tires, all extras. \$15,750. 643-7230.



**2002 Dodge Ram 1/2 ton pickup.** 4-door cab, sports package, loaded, original owner, low mileage, \$11,500. Call Ruben, 646-4645.



**2002 ML320, \$16,900.** Original owner, local resident. Power everything, third row seats, black with black leather interior. 60K, all records at Mercedes. Call (310) 454-4122.

**2003 Jeep Liberty.** 2-wheel drive. Sun roof, leather interior, CD player. Dealer serviced, 39k miles, \$ 12,000. 701-4214.

**'91 Rally Sport Camaro,** runs great, needs body work. \$2,000 OBO. 640-6950.

### MOTOR VEHICLES FOR SALE

**"COLLECTOR'S CAR"** VW GTI Fahrenheit model, only 1,200 made! Mine is # 885. Call for info, 646-3589.

**UNIQUE...MK V Lincoln 1996.** Racing green, tan cloth lid, 10 player CD, aluminum rims, 100K by elderly male. Drive by 110 Rincon to see \$5,800 cash, 646-1180.

### MOTORCYCLES FOR SALE

**1997 CR 80,** brand-new engine, tires and fork seals, \$1,500. 646-0836.

**2006 Honda ATV,** olive green, \$2,600 OBO. 35 hours, 250 cc, great condition, 310-466-6391.

**All deadlines for the Wednesday, Sept. 5, issue of the Ojai Valley News will be moved up to Friday, Aug. 31 at noon, due to the Labor Day holiday on Monday, Sept. 3.**

### ANNOUNCEMENTS

**BUYING** coins & jewelry, gold & silver, 646-4904. 1211 Maricopa Hwy., Ojai.

### DAY CARE

**NEED** quality childcare??? Experienced, caring & responsible. Will take & pick up kids from school. 640-5187.

### FOUND

**CAMERA** at Matilija Canyon, call to ID. (707) 815-8654.

**ERICA** Clark, I found your USB, call to ID, 646-2126.

**FIND SOMETHING?** We run "found" ads 2 times at no charge. Call 646-1476, Ext. 210.

### FREE

**FREE** palm tree & bamboo removal, 640-8065.

### HELP WANTED

**BOOK** editor seeks typist, 640-6784.

**BOYS & Girls Club** in Oak View, has openings for staff to work with youth, grades 1 & 2 and grades 1-6. P/T, M-F, \$8.50-\$11.00/hr. Please call 207-3531 for more info.

**CSR** for busy insurance office. must be Spanish speaking and computer skills required. 646-8676.

**LOS** Caporales is hiring bussers & servers. Exp. pref., apply in person or call 646-5452.

**OJAI** manicurist. Love success, people & money? Call us! 844-6446.

**OJAI VALLEY NEWS** Small route available for early morning delivery, 2 days a week for Upper Ojai. Must provide CDL, proof of insurance and vehicle registration. Also must speak & read English. Pick up application @408 Bryant Circle, Suite A.

### HELP WANTED

**OJAI VALLEY NEWS** Circulation/Classified Assistant, bilingual helpful, but not required. Part-time, 15+ hrs. per week. Duties are, but not limited to, missed deliveries, carrier contact, customer service, occasional ad taking, dealer billing, etc. Some lifting will be involved. A good driving record is required. Computer experience a must. E-mail resumé to: kristi@ojaivalleynews.com, fax 646-4281 or pick up application @ 408 Bryant Circle, Suite A.

**PERSONAL** care aide needed. Please call Joann, 646-1908.

**PREP/DISHWASHER,** part-time for private school. Good benefits, good pay, weekends & nights. Please call J.J., 223-6887.

**TEACHING** asst. needed, Thurs. & Fri. 8:30-12:30. Call 646-9917.

### LOST

**BLACK/WHITE** Chihuahua mix, male, July 31. And Aug. 19, lost cocker spaniel mix, tan color. If found please contact Elba, 890-3343. Reward for safe return!

**CAT,** M.M. area. "Earl" is Siamese colored w/blue eyes. 646-8825.

### MISCELLANEOUS FOR SALE

**SENIOR** mobility scooter, like new, great deal! \$1,300 firm. 223-1535.

### MOBILE HOMES FOR SALE

**SPARTAN** mobile home, rare, mint condition. Original paneling & appliances. Tub, shower, etc. 8 x 31 ft. Vintage 1953, REDUCED! \$16,000 firm. 649-6898.

## SUDOKU

1	2	5	8	9				4
		6				9	2	8
				2				
7	3				2	1		9
2					8			7
				6				
	7	2	9		5	3		1
					7			4
9			1	3			7	5

Level: Beginner

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Place your ad online!  
www.ojaivalleynews.com

Advertise online in the Business Directory. Results for your business just one click away for pennies a day! Place your ad online at www.ojaivalleynews.com Or call Kristi @ 646-1476, Ext. 210

**Move N' Lube**  
Your Quicklube on Wheels!  
805.798.4171

## Advertise in the Ojai Valley News



For Display Ads Call:

**Matt**  
646-1476,  
Ext. 228  
**Rosario**  
646-1476,  
Ext. 222

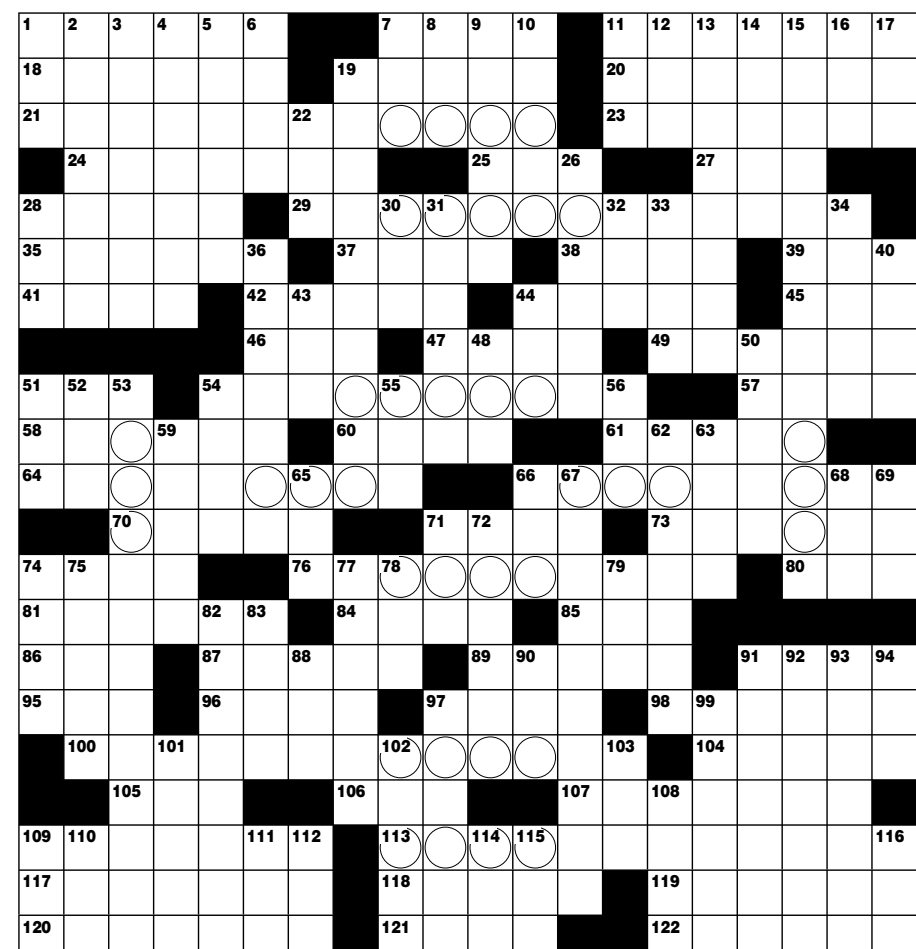
For Online Business & Service Advertising, call Kristi, 646-1476, Ext. 210

## NEW YORK TIMES PUZZLE

No. 0826

GETTING AHEAD By Andrew M. Greene and Craig Kasper / EDITED BY WILL SHORTZ

- |  |   |   |   |
|--|---|---|---|
| Across   | 46 Place for a mud bath                                       | 100 Astronomical events that occur twice or more a year | 15 Empathetic one, derisively                 |
| 1 See 7-Across   | 47 Thanksgiving fare  | 104 Mark down, say, as a sale item                      | 16 ___ Lingus                                 |
| 7 Product whose 1-Across is a 61-Across                          | 49 Rough  | 105 Univ. aides   | 17 Dash units: Abbr.                          |
| 11 Posh part of Boston   | 51 Safari, e.g.   | 106 Best  | 19 Worth trying?                              |
| 18 Heavy-duty hand soap  | 57 Worrywart's cry  | 107 Filmed over   | 22 Org. with the motto "Per Ardua ad Astra"   |
| 19 Like some upset stomachs                                      | 58 Idiot  | 109 Minnesota's state tree                              | 26 In short supply                            |
| 20 Showed relief, in a way                                       | 60 Lacking a partner  | 113 Nested set of containers                            | 28 1904-'05 foe of Japan: Abbr.               |
| 21 Toddler's mealtime accessory                                  | 61 Snack item   | 117 License   | 30 Didn't move                                |
| 23 Ceramists, at times   | 64 Persuaded with flattery                                    | 118 Yearned (for)                                       | 31 Tool for many a homemade Mother's Day card |
| 24 Battle report?  | 70 1940s-'50s Dodger who was a 10-time All-Star               | 119 Tell  | 32 Bightheadedness                            |
| 25 Slam  | 71 Particle created by a cosmic ray                           | 120 Stupidest   | 33 Trunk location                             |
| 27 Hatchery supply   | 73 A stone's throw away                                       | 121 Relative of Rover                                   | 34 Dutch painter Jan                          |
| 28 Danger in a uranium mine                                      | 74 Comedy show that once featured John Candy and Martin Short | 122 Begins  | 36 Dead Sea Scrolls sect                      |
| 29 Quarters for a business, e.g.                                 | 76 Time in which light travels one foot, approximately        | Down  | 40 Kerfuffle                                  |
| 35 Lorre's "Casablanca" role                                     | 80 Sandal's lack  | 1 Point of decline                                      | 43 Certain emergency call, briefly            |
| 37 Crew members  | 81 Creatio ex ___ (Christian tenet)                           | 2 Dock payment  | 44 10 Downing St. residents                   |
| 38 "It's been ___"   | 82 A few ___ fix  | 3 Dungeons & Dragons weapon                             | 48 Knock over                                 |
| 39 Defense contractor whose stock symbol is the same as its name | 85 ___ Prayer opener  | 4 Steve Martin romantic comedy                          | 50 First name in Israeli history              |
| 41 Alluring  | 87 Put into effect  | 5 Like seven of Sophocles' 123 plays                    | 51 Outlawed pollutant, for short              |
| 42 Grinch disguise   | 89 Nurse  | 6 Champagne name  | 52 http://www.myspace.com, e.g.               |
| 44 Annual Pebble Beach tournament                                | 91 Misstep  | 7 First person in Austria                               | 53 Be weighed down                            |
| 45 ___-noir (modern film genre)                                  | 95 Entrance to the Medit.                                     | 8 Italian possessive                                    | 54 Bouquet source                             |
|  | 96 Knight time?   | 9 Puma rival  | 55 Reactor part                               |
|  | 97 "Quit your crying!"  | 10 Saint for whom the Russian alphabet is named         | 56 Bit of sunshine                            |
|  | 98 Teahouse floor covering                                    | 11 Panhandle  | 59 ___ Fountain                               |
|  |   | 12 ___ Rose   | 62 Sports bar wall decoration                 |
|  |   | 13 Political asset                                      | 63 Subj. follower                             |
|  |   | 14 Skiffle instrument                                   | 65 Coin with kanji writing                    |



- |  |                           |   |   |
|--|---------------------------|---|---|
| 66 Long-handled implement                      | 78 Part of N.A.           | 94 Truffle finder                                 | 110 Poetic preposition                            |
| 67 Secret musician                             | 79 "Yes, I'm a Witch"     | 97 Music of Kanye West                            | 111 They were worth \$5 each on "What's My Line?" |
| 68 "There's No Place Like ___" (old TV slogan) | 82 Save for later         | 99 Suitable for farming                           | 102 Fishing spots in Fife                         |
| 69 Oven cleaner ingredient                     | 83 ___-Eaters             | 101 Kittens' "handles"                            | 103 French possessive                             |
| 71 Pop's partner                               | 88 Blast furnace material | 102 Fishing spots in Fife                         | 108 Shadows                                       |
| 72 Goes through                                | 90 Magazine no.           | 103 French possessive                             | 109 "Mayberry after "Whew!"                       |
| 74 It might produce a run                      | 91 Leave                  | 108 Shadows                                       | 110 Poetic preposition                            |
| 75 Polite                                      | 92 Rubbery compounds      | 109 "Mayberry after "Whew!"                       | 111 They were worth \$5 each on "What's My Line?" |
| 77 Mien  | 93 Cry of triumph         | 110 Poetic preposition                            | 112 911 responder                                 |
|  |                           | 111 They were worth \$5 each on "What's My Line?" | 114 W.S.J. news item                              |
|  |                           | 112 911 responder                                 | 115 Shrimper's aid                                |
|  |                           | 114 W.S.J. news item                              | 116 ___-Caps (candy)                              |

**MUSICAL INSTRUMENTS**

**WURLITZER** spinet piano in prime condition. Great sound! Fruitwood finish, bench incl., \$800. 646-6689.

**RENTALS, APARTMENTS**

**2 + 2**, 1,000 sq. ft., fireplace, central air, A/C. 215 Summer St., \$1,300, 646-0909.

**RENTALS, CONDOS**

**2 + 1.5** 2-story townhouse, sm. yard. Incl. gardener & wtr., \$1,900. 646-6448.

**RENTALS, HOUSES**

**OJAI 3 + 1.5**, laundry room, Large fenced yard, garage, gardener, \$2,000. (559) 645-4237.

**RENTALS, STORES & OFFICES**

**BRYANT** St., 5 offices avail., from 133 to 1,200 sq. ft. From \$250 to \$1,400 mo. 646-2263.

**RENTALS, COTTAGE**

**DOWNTOWN** Ojai, quiet neighborhood, large property, studio apartments with storage, \$850 + deposit. 653-6794. **The Becker Group**

**RENTALS, MOBILE HOMES**

**1 + 1 + bonus** room, \$895-\$995. Lake Casitas Mobile Home Park. 649-3338.

**RENTALS, ROOMS**

**1** bdrm., share bath with one. Must be female, kitch. privileges, n/p/n/s. 646-2721.

**RENTALS, STUDIOS**

**FURNISHED** cottage, n/s/p, \$750 + dep. util. incl. 649-1350.

**RENTALS, HOUSES**

**3** bdrm. 2 bath, pool, large yard, El Camino Corto, \$1,600. 646-0909.

**RENTALS, DUPLEX**

**STEPS** to town 3 + 2.5, spacious, A/C, 2-car garage, \$2,195. 646-2131.

**RENTALS, HOUSES**

**UPPER** Ojai duplex, 2 + 1. L/R, kitchen, Indry. rm. Big yard, front & back, n/d/s/p, \$1,300 + dep. Call 933-1979 or 798-0732.

**RENTALS, HOUSES**

**LOVELY** 3 + 2, park-like grounds, good nrhd. \$2,150/mo. 646-0068.

**RENTALS, HOUSES**

**LOVINGLY** maintained Golden West, 2 bed/2 bath home, \$1,850. Herrick Property Mgt. M-F (only) 9:30-4:00, 646-8169.

**RENTALS, HOUSES**

**O.V.**, charming 3 + 1.75, stove, refrig., w/d, microwave, gardener, n/s/n/p. Avail. Sept. 15, \$2,000 + dep. Vicki, 649-3421.

**RENTALS, HOUSES**

**SM.** pvt. studio, full bath, kitchenette, + bonus rm. & storage. M.O. wtr/gas incl. n/s, n/p. \$850. 646-0381.

**RENTALS, STORAGE**

**STORAGE/WORKSHOP/OFFICE**, 300 sq. ft., utils. \$300/mo. 1st & last, in M.O. 798-1382.

**RENTALS, HOUSES**

**ARCADIA** Plaza office space, upper level, approx. 1,780 sq. ft., \$1.00 per sq.-ft. Herrick Property Mgt. M-F (only) 646-8169.

**RENTALS, BUSINESS/ INDUSTRIAL**

**BRYANT** St. Comm/Whs. 1,200 sq. ft. office w/roll-up door, \$1,200 mo. (805) 646-2263.

**RENTALS, BUSINESS/ INDUSTRIAL**

**DOWNTOWN** Ojai, newly remodeled bldg. Rooms for rent & sep. bldg., lots of parking. Call 646-1444, Nora or Adita.

**RENTALS, BUSINESS/ INDUSTRIAL**

**MEDICAL** space for lease, adjacent to hospital, 2,000 sq. ft. \$1.35 per sq. ft. (805) 407-9735.

**RENTALS, BUSINESS/ INDUSTRIAL**

**Your world in four clicks or less.** ojaivalleynews.com

**RENTALS, CONDOS**

**1 + 1**, f/p pool, patio, \$1,295 + \$1,295 sec. deposit, 279-2758.

**RENTALS, APARTMENTS**

**1 + 1 + detached** bonus room, downtown Ojai, new paint, vinyl & carpet. Avail. Sept. 1. \$1,075. Stan, 415-6153.

# Show and Sell

Picture your car, truck, van, motorcycle, boat or RV in the classifieds with our **PHOTO AD PROMOTION\***. **30 issues for \$40**

Get fast results when thousands of readers see your vehicle and read its description.

**It's simple and inexpensive!**

## 646-1476, Ext. 210

# PUBLIC NOTICES

OVN08-11-07  
Published Ojai Valley News August 8, 15, 22 & 29, 2007  
**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number 20070731-10013607  
Ventura County Clerk and Recorder  
Philip J. Schmit  
File Date: 07/31/2007  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: 1) RoRo Publishing, 2) RoRo Artworks, 308 Tico Rd., Ojai, CA 93023  
Full Name of Registrant/ Corporation/Limited Liability Company: Theresa Romero  
308 Tico Rd., Ojai, CA 93023  
Full Name of Registrant/ Corporation/Limited Liability Company: Robi Klein  
308 Tico Rd., Ojai, CA 93023  
This Business is conducted by

co-partners.  
The registrant commenced to transact business under the fictitious business name or names listed on 06/20/07.  
I declare that all information in this statement is true and correct.  
(A registrant who declares as true information which he or she knows to be false is guilty of a crime.)  
/s/ THERESA ROMERO  
Theresa Romero  
/s/ ROBI KLEIN  
Robi Klein  
This statement was filed with the County Clerk of VENTURA County on date indicated by file stamp above.  
**NOTICE - THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAMES STATEMENT MUST BE**

**FILED PRIOR TO THAT DATE.** The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (See Section 14411 et seq., Business and Professions Code).  
OVN08-16-07  
Published Ojai Valley News August 15, 22 & 29, 2007  
September 5, 2007  
**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number 20070730-10013436-0  
Ventura County Clerk and Recorder  
Philip J. Schmit  
File Date: 07/30/2007  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: Ojai Creates, 606 E. Ojai Ave., Ojai, Calif. 93023  
Full Name of Registrant/ Corporation/Limited Liability Company: Kirk G. Lowry  
602 E. Ojai Ave. Ojai, Cal. 93023  
Full Name of Registrant/ Corporation/Limited Liability Company: Iris Williams  
602 E. Ojai Ave. Ojai, Cal. 93023  
This Business is conducted by husband and wife.  
The registrant commenced to transact business under the fictitious business name or names listed on 8-1-07.  
I declare that all information in this statement is true and correct.  
(A registrant who declares as true information which he or she knows to be false is guilty of a crime.)  
/s/ KIRK LOWRY  
Kirk Lowry  
/s/ IRIS WILLIAMS  
Iris Williams  
This statement was filed with the County Clerk of VENTURA

County on date indicated by file stamp above.  
**NOTICE - THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAMES STATEMENT MUST BE FILED PRIOR TO THAT DATE.** The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (See Section 14411 et seq., Business and Professions Code).  
OVN08-18-07  
Published Ojai Valley News August 15, 22 & 29, 2007  
September 5, 2007  
**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number 20070810-10014187-0  
Ventura County Clerk and Recorder  
Philip J. Schmit  
File Date: 08/10/2007  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: Geoscience Supply, 2300 Chippewa Lane, Ventura, CA 93001  
Full Name of Registrant/ Corporation/Limited Liability Company: Mark Davis  
2300 Chippewa Lane Ventura, CA 93001  
This Business is conducted by an individual.  
Registrant has not yet begun to transact business under the fictitious business name or names listed herein.  
I declare that all information in this statement is true and correct.  
(A registrant who declares as true information which he or she knows to be false is guilty of a crime.)  
/s/ MARK DAVIS

Mark Davis  
This statement was filed with the County Clerk of VENTURA County on date indicated by file stamp above.  
**NOTICE - THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAMES STATEMENT MUST BE FILED PRIOR TO THAT DATE.** The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (See Section 14411 et seq., Business and Professions Code).  
OVN08-23-07  
Published Ojai Valley News August 29, 2007  
September 5, 12 & 19, 2007  
**FICTITIOUS BUSINESS**

NAME STATEMENT  
File Number 20070827-10015167-0  
Ventura County Clerk and Recorder  
Philip J. Schmit  
File Date: 08/27/2007  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: PJ's Cleaning Service, 601 N. Fulton St., Ojai, Ca 93023  
Full Name of Registrant/ Corporation/Limited Liability Company: Jodi Delrae Maas  
601 N. Fulton St. Ojai, Ca 93023  
This Business is conducted by an individual.  
The registrant commenced to transact business under the fictitious business name or names listed on  
I declare that all information in this statement is true and correct.  
(A registrant who declares as true information which he or she knows to be false is guilty of a crime.)  
/s/ JODI D. MAAS  
Jodi D. Maas  
This statement was filed with the County Clerk of VENTURA County on date indicated by file stamp above.  
**NOTICE - THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAMES STATEMENT MUST BE FILED PRIOR TO THAT DATE.** The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (See Section 14411 et seq., Business and Professions Code).

Fax: 646-4281



The Ojai Valley News hopes everyone enjoys the rest of summer!

# Business & Service Directory

- 3 sizes to choose from.
- A 3-month contracted space.
- All ads must be paid for in advance.
- Call 646-1476, ext. 210.

**COMPUTER**

*WINDWARD* COMPUTER

Apple Macintosh Repair  
Maintenance • Troubleshooting

ON-SITE Service for Home and Small Business  
*Professional, Friendly & Affordable*

(805) **646-3802**

**CONCRETE**

**AHUMADA CONCRETE**  
Construction, Driveways, Patios, Walkways, Ceramic Tile, Pool Decks, Copings, Brick, Stone, Stucco, Blockwall, Retaining Wall, BBQ, All Types Of Concrete & Masonry  
**(805) 487-1613**  
CA Contractor State License #754081  
Free Estimates

**CONTRACTOR**

- Remodeling
- Room Additions
- Patio Covers
- Decks, Doors, Windows
- Framing & Finish Carpentry
- Dry Wall & Repair Work
- Small Jobs Welcome
- Plan to Finish

Lic. #507456  
(805) 404-2503  
Cosmo DiCiaccio

**FLORIST**

*Loma Vista Florist*

*Weddings, Funerals, Graduations, Parties*

3140 Loma Vista Road  
Ventura, CA 93003  
**(805) 653-1024**  
**(877) 226-9548**

We deliver to the Ojai Valley!

www.lomavistafiorist.com

**INSURANCE**

**KENTON**  
AUTO INSURANCE  
AUTOS • BOATS • HOMES • COMMERCIAL

FREE \$1000  
AS LOW AS **99¢** A DAY

MULTIPLE TICKETS  
LIC# 0075453  
**OJAI 640-1943**

**QUILTS**

**Memory Quilts**  
by Debi

Baby or childhood theme, Sports theme T-shirts, Any theme of those favorite T-shirts or blankets welcomed!

38 years sewing, quilting, & crafting experience

**805-646-6608**  
Leave message on machine if not home!



## Maynard named year's best

Ojai Education Foundation recognizes teacher as Education Hero of the Year

**Kimi Romming**  
OVN contributor

Among an impressive array of outstanding educators in our public schools in Ojai, the Ojai Education Foundation selected Cathy Maynard as its 2007 Education Hero of the Year. Maynard, an outstanding educator with a 26-year-long history of teaching, 17 of those years here in Ojai, will receive the award at the Ojai Education Foundation's "Garden of Knowledge" on Sept. 8.

Maynard is being recognized for her enthusiasm, dedication, and her districtwide effect on improving the educational experience for students, teachers and staff.

OEF is not alone in recognizing the work of Maynard. She was selected as Teacher of the Year at Mira Monte in 1995, and recognized again this year by the staff at Topa Topa. "Cathy has this wonderful way of working with others," explains Topa Topa principal John LeSuer. "She's able to make effective changes with the respect of everyone in a real positive way. She asks how she can help others and she's right there, as part of the change process," he adds.

After learning about OEF's selection, OUSD superintendent Tim Baird wholeheartedly agreed, "Cathy is one of our best teachers in the district and she is very deserving of this award."

Maynard explains that the feeling is mutual. "We have exceptional teachers in the Ojai Unified School District and I am constantly learning from my colleagues. Ojai Unified School District is an outstanding place to work. The teachers are dedicated professionals, I have a supportive administration, the support staff is kind and helpful, and I have great



**Cathy Maynard, a 26-year teaching veteran and 1974 Nordhoff High School graduate, has taught at Montessori School and the Ventura and Ojai Unified School districts.**

students to teach!"

Maynard says, "I have always enjoyed learning and going to school." In first grade she had already decided she wanted to be a teacher. As she grew older she "realized that teaching was a profession where I can share my enthusiasm for learning with others, continue to be a lifelong learner, and work with children."

A 1974 graduate of Nordhoff High School, some of her early mentors included a Nordhoff teacher. "Mr. Vail, the leader of the Future Teachers of America Club, provided support and encouragement to us regarding how to become a teacher," she explains. She also found a mentor in her friend, Dee Konczal, who

taught visually impaired children in Ventura. "She served as a mentor for me by providing an opportunity for me to get classroom experience in many different types of classrooms, and she gave me a lot of encouragement and support along the way as I was just becoming a teacher."

Maynard received her associate's degree in early childhood education from Ventura College in 1977. She completed her

**"Cathy is one of our best teachers in the district and she is very deserving of this award."**

— Superintendent  
Tim Baird

bachelor's degree in liberal arts from California State University-Northridge in the following year and received her multiple subjects teaching credential from the University of California at Santa Barbara in 1979. In 2001 she received her master's of education, focusing on reading and language, from the University of LaVerne.

Maynard began her career teaching kindergarten and first grade students for the Ventura Unified School District. Taking a few years off while her sons were young, Maynard continued her teaching at the Montessori School in Ojai. In 1991 she began substitute teaching in OUSD and was hired to teach at Mira Monte in the following year. Starting in 2006 she transferred to Topa Topa Elementary School and began what she refers to as her "dream job" teaching kindergarten part time with Alexandra Mejia and serving part time as an intervention coach for the district to develop intervention programs for an entire school or a specific grade level or a student together with teachers.

The Ojai Education Foundation is a nonprofit, community-based organization that raises money to improve the educational experience of Ojai's public school students in kindergarten through 12th grade.

**The OVN  
winner of three 2007 CNPA awards  
Your Valley, Your News  
ojaivalleynews.com**

## NEW ARRIVALS

• Julian Alexander Soriano was born June 9, 2007, to Alejandro and Teresita Soriano, of Ojai.

• Oliver Thacher Ayala was born June 13, 2007, to Tony and Emily Ayala, of Ojai

### Obituary Search

Obituaries published in the Ojai Valley News since January 2000 are searchable online at the OVN Web site.

On the home page, click "Archives," then use the Newsbank search by entering the

deceased person's name in the search box. This will produce the date the obituary was published and the first few lines of the obituary.

The complete obituary may then be purchased.

# Ojai.Net

Ojai's Local Internet Service Provider

649-5862

56K Dialup  
ISDN

High Speed Broadband  
Web Hosting

Providing Local Online Service Since 1992

**Big Problem:**  
Many packing materials never degrade.

**Simple Solution:**  
Recycle them at the  
**ATTITUDE ADJUSTMENT SHOPPE!**

**Bubble Wrap & Packing Peanuts**  
Help us do our part to save the planet!

(805) 646-1109 • 1129 Maricopa Highway, Ojai, At the "Y" • www.attitudeadjustmentshoppe.com



**For service you expect,  
for service you deserve**



**The Snyder Group**  
**794-0579**



**YOUR FRIEND IN REAL ESTATE**



**Ross Falvo**  
REALTOR®

**207-5094**

rfalvo@troop.com  
rfalvosellshomes.com



# Partners in Your Community

**Mid-State Bank & Trust is now part of Rabobank, N.A. Together, we are better than ever and steadfastly devoted to you – our customers, friends, and neighbors.**

You'll receive the same friendly, hometown service and local decision-making. And you'll now have more resources, more convenience, more great products, and rock-solid stability. And you'll still see us volunteering in the community and supporting the many organizations that make this a great place to work and live.



**Cari Guerrero** VP / Financial Services Manager



**MID-STATE BANK & TRUST**  
A DIVISION OF RABOBANK, N.A.



Member FDIC

*Your wedding is more than an Album...*

DVD ready multimedia slideshows to share, by a photographer who looks deeper



**RASH NEON PHOTOGRAPHY**

**ROB CLEMENT 805.798.0998 RASHNEON@EARTHLINK.NET**